

United Community Services of Johnson County

Alcohol Tax Fund

A Collaborative City/County Partnership
Managed by the Drug & Alcoholism Council of Johnson County
A program of United Community Services of Johnson County

2017 Year-End Report

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), a program of United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to allocate Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statute.

The Alcohol Tax Fund (ATF) is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, and must be used for programs "whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers."

KSA §79-41a04 (as amended)

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and nine cities (Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is comprised of individuals with professional and/or personal interest in alcohol and other drug issues and may include representatives from education, law enforcement, health, city and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction. 2017 DAC members are listed on page 13. UCS provides staff support to the DAC, and facilitates quarterly meetings with the ATF funded agencies focusing on collaboration, emerging issues and treatment, and best practices.

In 2017, 23 programs received allocations of \$1,731,313 to support programs and services for local residents. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees' year-end reports, 48,286 Johnson County residents participated in programs or received services supported, in part, by ATF allocations. The following summary describes how these funds were used. 2017 ATF funding priorities are listed on page 14.

The UCS board of directors, the DAC, funded programs and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For additional information, contact Marya Schott, UCS Director of Resource Allocation, 913.438.4764, maryas@ucsjoco.org.

2017 Funding	
Johnson County Government	\$121,113
9 Cities	1,709,200
Total Dollars	\$1,830,313
UCS Administration	<u>-\$99,000</u>
Grant Awards	\$1,731,313



2017 Alcohol Tax Fund Year-End Report

Education, Prevention and Intervention Community-Based Programs

Artists Helping the Homeless (AHH)

Number of Johnson County residents served: 282

Award: \$10,000

Description: Artists Helping the Homeless' Be The Change program served 2,074 individuals from within and outside of Johnson County. Be The Change helps people who are homeless access services to meet their needs and address the underlying conditions of their homelessness. A continuum of support services is provided, from transportation to coordination of care and housing. For those who have a substance use disorder, AHH's services include arranging detox or treatment, as well as facilitating the recovery/reintegration of previously homeless people upon their release from social detoxification programs, hospitals, jails and RSI, a crisis center. AHH works with the client and case workers, if assigned, and focuses on addressing alcohol/substance use, co-existing conditions and reintegration into the community. This may include arranging a transitional living placement, or providing temporary housing when admission to the next facility is delayed, and assistance with rent, medication, obtaining personal identification, and medical issues. Two AHH residential programs – Finnegan Place (apartments) and Bodhi House (respite) provide housing and wraparound services. Residents attend AA/NA meetings, weekly counseling sessions and coping skills classes.

Outcomes achieved: AHH's primary objective is to reduce the reliance of homeless individuals dealing with substance use on community resources by assisting them in sobriety and reintegration. For the 282 Johnson County residents served, treatment or detox was arranged 47 times, and housing was arranged for 138 individuals. Further, through transportation, advocacy and other assistance, barriers were reduced for 52 individuals who were admitted to mental health facilities and hospitals.

Boys and Girls Club of Greater Kansas City

Number of Johnson County Residents Served: 235 youth

Award: \$10,000

Description: In its Olathe Club, Boys and Girls Club implemented SMART Moves (Skill Mastery and Resistance Training) during after-school and summer programming for youth ages 5-18 (services for teens began in June). SMART Moves helps to prevent use of alcohol and drug use, as well as other risky behavior, through education and building of skills and techniques to recognize and resist media and peer pressure.

Outcomes achieved: As indicated by pre- and post-tests, 94 percent of program participants demonstrated an increase in knowledge of the dangers of alcohol and drug use. Eighty-five percent increased their knowledge of the use of tools and strategies to resist peer pressure and media influence, 94 percent demonstrated an increase in knowledge of how to resolve conflict non-violently.

Cornerstones of Care

Number of Johnson County Residents Served: 70 (42 youth and 28 adults)

Award: \$55,000

Description: Cornerstones of Care provided *Functional Family Therapy* (FFT) to youth identified with a substance abuse issue, and their family members. FFT is an evidence-based 12-14 week in-home family intervention. Referrals for FFT were made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents. As of January 1, 2017, Gillis, Marillac, Ozanam, Spofford and associated agencies merged under the umbrella of Cornerstones of Care. Prior to the merger, Gillis received ATF support to provide FFT.

Outcomes achieved: Following the family's completion of *Functional Family Therapy*, all of families completing the Client Outcome Measure reported improved family relationships (reduced levels of conflict and improved communication). Of 15 youth who completed *Functional Family Therapy* during first six months of 2017, 87 percent had no subsequent charges from the Johnson County Office of District Attorney.

First Call Alcohol/Drug Prevention and Recovery

Number of Johnson County residents served: 899 (327 adults and 572 youth)

Award: \$26,500

Description: First Call's "Family Prevention Services in Johnson County" served 1,099 adults from within and outside of Johnson County. Caring for Kids and How to Cope was provided to Johnson County residents as part of First Call's clinical services for families. How to Cope is a curriculum for parents of adolescents in substance abuse recovery (provided at Church of Resurrection and First Call's office). Caring for Kids is a program for youth that helps them regain healthy productive lifestyles (provided at Rushton Elementary School). Within Olathe School District, First Call provided sobriety groups, Say It Straight, an evidence-based curriculum that teaches youth conflict resolution and problem solving, including how to identify patterns that lead to risky or destructive behaviors, and Life Skills Training. Life Skills Training uses an evidence-based program and focuses on alcohol/drug use prevention/education, family systems, anger management and communication. It is also provided at Boys and Girls Club in Olathe. Once a month First Call facilitated "family night" at the Evening Reporting Center, most often providing a speaker from their Recovery Panel and working with families on healthy communication and the impact of addiction on family relationships. Speakers Bureau and Recovery Panel presentations were also provided at Johnson County Community College, Hyman Brand Hebrew Academy and the Prairie Village police department. Johnson County residents were also served through First Call's crisis call hotline, and assessment and treatment referrals.

Outcomes achieved: All the surveyed participants in *How to Cope* increased their knowledge of the harmful effects of alcohol, tobacco, and other drugs. Seventy-one percent of surveyed participants in *Life Skills Training* increased their knowledge of those harmful effects. All participants in the *Caring for Kids* programs completed a plan of action to promote healthy relationships and resistance to abusing substances.

Heartland Regional Alcohol and Drug Assessment Center

Number of Johnson County Residents Served: 81 adults

Award: \$152,128

Description: Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provided intensive case management (ICM) and related services to Johnson County adults who were homeless and had a substance use disorder and a co-occurring mental and/or physical health issue. Services focused on risk-reduction and stabilization, while also addressing individual goals around substance abuse services, mental health services and housing.

Outcomes achieved: Ninety-nine percent of the clients who were homeless when they began services obtained permanent or transitional housing. Ninety-nine percent of ICM clients engaged in recovery activities after initiating intensive case management services. Those recovery activities included accessing substance abuse treatment (84 percent), accessing 12-Step or other support recovery groups (90 percent), and engagement in *Recovery Oriented Systems of Care* with a recovery coach (86 percent). Of the ICM clients who had a mental health diagnosis, 90 percent engaged in mental health services and 85 percent accessed mental health medications.

Johnson County Court Services:

Juvenile Drug Court and Minor In Possession of Alcohol

Number of Johnson County Residents Served: 341 youth

Award: \$90,536

Description: The Juvenile Drug Court targets first-time drug offenders seeking diversion who present with serious drug and alcohol issues. During the ninemonth program, youth must obey the law and are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Together the programs served 360 youth from within and outside of Johnson County.

Outcomes achieved: Increase in motivation to remain drug free was measured by increase in school grades, involvement in pro-social activities, and parental feedback. The average semester GPA of a Drug Court client at the start of Drug Court was 2.7, and at the completion of Drug Court, the average semester GPA was 2.9. Surveys completed by parents indicated youths' increase in motivation in treatment and following court orders, and improved family relationships. Youth and their parents increased their understanding of the impact of drugs and alcohol, as measured by pre- and post-tests for both programs.

Johnson County Department of Corrections:

Treatment Voucher Assistance; Adult Residential & Adult Intensive Probation Treatment Readiness **Description:** Through vouchers, youth and adult offenders who faced financial barriers to obtaining substance abuse services (evaluation and/or treatment), were assisted with paying for those services. The Adult Residential and Adult Intensive Probation Treatment Readiness program is a cognitive education/interactive journaling program provided at the Adult Residential Center (ARC) and in a class at the Adult Intensive Supervised Probation (AISP) office. This program utilizes the *Courage to Change* curriculum which includes interactive journaling, and focuses on readiness to

Number of Johnson County Residents Served: 410 (406 adults and 4 youth)

Award: \$12,410

change, and risks related to criminal personality. Six hundred fifty individuals were served from within and outside of Johnson County.

Outcomes achieved: Of the vouchers processed for payment, 67 percent (74) were for evaluation and 33 percent (37) were for treatment. Of the 37 individuals who received treatment vouchers, 17 were re-assessed and results showed 24 percent (4) decreased their Alcohol/Drug Domain score. Of the 650 clients who received services through the ATF grant, 138 were re-assessed. Of those 138 clients, 60 decreased their Alcohol/Drug Domain score. Of the 478 clients who completed the cognitive education class, 219 were subsequently released from AISP or the ARC - 76 revoked or terminated unsuccessfully, and 143 successfully released. Release was pending for 259.

Johnson County District Attorney's Office

Number of Johnson County Residents Served: 32 adults

Award: \$6,000

Description: The District Attorney's Office served 54 individuals from within and outside of Johnson County, with the *Changing Lives Through Literature* program (CLTL). This alternative intervention program uses literature to impact the lives of criminal defendants who are under community supervision. The probation department specifically targets defendants with drug and alcohol histories for participation in CLTL. CLTL defendant participants, judges and probation officers read literature and participated in facilitated discussion which helped to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Components of Moral Reconation Therapy were incorporated into the program to help address criminal thinking. Prevention of substance abuse is a component of the program as discontinued use of alcohol and drugs often creates idle time and boredom. In addition to promoting behavior change and providing a support structure, the program provided clients with a pro-social activity and highly pro-social influences.

Outcomes achieved: Ninety-six percent (49) of participants had no new charges filed. Eighty-six percent (47) of participants showed no evidence of relapse as indicated by a new drug offense or positive drug screen.

Johnson County Mental Health Center: Prevention Services

Number of Johnson County Residents Served: 2,617 (1,145 adults and 1,472 youth)

Award: \$100,000

Description: Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations (served total of 2,781 individuals from within and outside of Johnson County). Services included planning and hosting the *Youth Leadership Summit* (one-day summit which promotes good health and positive choices, including avoidance of alcohol and drugs), *Teen Task Force* (dedicated to prevention of underage drinking, tobacco use, and other drug use), *Strengthening Families Program (SFP)*, facilitation of *School Prevention Roundtable*, prevention consultation with schools, and presentations to schools, law enforcement, and other community partners.

Outcomes achieved: Nearly 100 percent of *Youth Leadership Summit* student participants indicated an increased level of knowledge and confidence in

their abilities (participants included over 150 youth leaders and 35 advisors, presenting 25 schools from throughout Johnson County). As result of Summit, approximately 100 project activities will take place throughout the 2017-18 school year. Eighty-eight percent of adult participants in *Strengthening Families* indicated an increase in knowledge and confidence as a result of being in the program. In December Prevention Services hosted a *Strengthening Families* training session in which eight new community members were trained to facilitate the program. In January a new cohort will start in Lenexa. Olathe starts its fourth round of SFP in January 2018. In addition to those cohorts, Prevention Services supported cohorts in Overland Park and Gardner.

SAFEHOME, Inc.

Number of Johnson County Residents Served: 78

Award: \$22,386

Description: SAFEHOME's Substance Abuse Assessment and Referral Program served 192 adults from within and outside of Johnson County. All new shelter clients were screened for substance abuse issues when admitted. For those with evidence of substance abuse issues, or who were referred by shelter staff, a therapist conducted an in-depth substance abuse interview. Based upon the interview results, appropriate intervention or treatment was recommended, and help was provided to access the recommended programs. The therapist continued to meet individually with those clients to offer information, assistance and support. The therapist also facilitated group sessions in which participants received information about substance abuse and discussed co-dependency problems.

Outcomes achieved: All residents who were identified as substance abusers received an appropriate referral to substance abuse services. Ninety-five percent of clients who responded to a questionnaire indicated that SAFEHOME's therapist helped them to understand their need for a referral for substance abuse intervention. Ninety-five percent of shelter residents who received a referral to services after being identified in the initial assessment as needing services, subsequently engaged in the referral service.

The Family Conservancy

Number of Johnson County Residents Served: 624 (217 adults and 407 youth)

Award: \$37,000

Description: Within its Prevention/Screening and Referral program, Family Conservancy served 713 adults and youth from within and outside of Johnson County. The program includes two components: 1) at three child care centers, the implementation of *Conscious Discipline*, an evidence-based self-regulation program which integrates social-emotional learning and discipline, fostering healthy development to prevent future risk of substance abuse, and 2) substance abuse education and screening for all Johnson County clients served within the agency's counseling programs, and referral to treatment when applicable. For its initial screening process, Family Conservancy uses the *Screening, Brief Intervention and Referral to Treatment* (SBIRT) model.

Outcomes achieved: Among parents completing the *Conscious Discipline* program, 91 percent demonstrated an increase in positive parenting practices (measured by the Parent Practices Interview which was developed by University of Washington to assess parent-child interaction). Of teachers

who received training in *Conscious Discipline*, 98 percent showed an increase in the use of positive guidance and prevention practices. Of clients who completed individual and family counseling sessions, 82 percent successfully completed their counseling treatment plan; 87 percent reported increased knowledge of harmful effects of misuse of substance; and, 81 percent reported they were better able to cope with impact of a loved one's substance misuse.

Education, Prevention and Intervention Johnson County Public School Districts

In 2017 for ATF, School Districts began reporting outcomes and the number of individuals served by school year, instead of calendar year. This change enables schools to better use their outcome data (compare school year to school year) and respond with program changes when needed. In order to be in synch with the ATF disbursement process, Districts' financial reports continue to be on a calendar year basis. Most of the following school district information is for School Year (SY) 2017 (ended in June 2017); although some of the described activities took place during the last six months of 2017.

All districts report on students' knowledge gained as a result of taking AlcoholEdu, an on-line program provided within high schools. AlcoholEdu's pre/post assessment of knowledge gain includes the following topics: "knowing the basics, knowing your influences, brain and body, smart decisions, and future ready."

Blue Valley School District

Number of Johnson County Residents Served SY 2017: 13,697 (951 adults and 12,746 youth)

Award: \$57,770

Description: ATF supported funding for 15 drug/alcohol prevention coordinators at middle and high schools, and two district coordinators. Through the work of the coordinators, all five high schools hosted substance abuse assemblies during the day for students and staff (8th grade students also attended), and parents had three educational opportunities to listen to nationally known speakers and ask questions. ATF also supported Sobriety Support Groups and Trauma Informed Care Groups (called *Skills for Life*) — available to all high school and Academy students; *AlcoholEdu* (implemented in 10th grade at all high schools); stipends for *Reconnecting Youth* (RY) instructors and RY materials; and, support for teachers to complete professional development (education/training) in *Project Alert* (used in Middle School).

Outcomes achieved: In SY 2017 students who participated in *AlcoholEdu* took a pre- and post-assessment which indicated student knowledge increased by an average of 18 percent. Total knowledge of 91 percent surpassed the 89 percent average from last year. The District used the Ohio Mental Health Consumer Outcomes System Scale to determine if students developed positive skills and attitudes through participation in *Skills for Life* and Sobriety Support groups. Students who completed the group showed higher levels of hopefulness and satisfaction, higher level of functioning and improvement of life challenges. Anecdotal comments from students who participated in the Sobriety Support groups, and their parents, were very positive. The District did not experience its expected improvement in student alcohol use as

measured by responses to the Kansas Communities That Care survey, but anticipates that parent/student discussion related to drug use will increase and impact students' alcohol and drug use.

De Soto School District

Number of Johnson County Residents Served SY 2017: 17,868 (10,901 adults and 6,967 youth)

Award: \$22,775

Description: ATF supported De Soto School District's coordinator for substance abuse programming, and implementation of two evidence-based programs - *Too Good for Drugs* (elementary and middle school students), and *AlcoholEdu* (high school); as well as high school prevention clubs. District students participated in age appropriate drug/alcohol prevention activities such as Red Ribbon/National Drug Awareness Week activities. All schools communicated with parents on a regular basis about substance use prevention and resources. Methods of communication included emails, flyers, newsletters, access to *AlcoholEdu*, and *Too Good for Drugs* materials.

Outcomes achieved: The district achieved its goal that 100 percent of students would be exposed to prevention messages and parents would have an opportunity to learn more about prevention messages and resources. In SY 2017 students who participated in *AlcoholEdu* took a pre- and post-assessment which indicated student knowledge increased by an average of 23 percent. The district reported that following exposure to substance abuse programs, students stated strategies for making good decisions and resisting peer pressure.

Olathe School District

Number of Johnson County Residents Served SY 2017: 4,718 (36 adults and 4,682 youth)

Award: \$43,000

Description: ATF funding supported implementation of *Project Alert* which is embedded into middle school health curriculum, sobriety support groups (high school), student substance abuse assessments, parent education through *Guiding Good Choices* (parents of students ages 9-13 who are identified by school), and *AlcoholEdu* (high school).

Outcomes achieved: Results of AlcoholEdu pre- and post-assessments showed student knowledge about alcohol increased by an average of 26 percent. Attendance at sobriety sessions increased. A parent survey was administered to those who participated in Guiding Good Choices. Parents reported that as a result of classes, lines of communication were opened within families and drug/alcohol education prompted responsible decision making. During the first semester of SY 2018 (July-Dec. 2017), the number of drug/alcohol suspension hearings decreased. The district attributes this decrease to a change in district policy. Drug/alcohol violations no longer result in a suspension hearing if it is the student's first offense, instead the student is suspended for three days without a hearing and required to acquire a drug assessment. As a result of this new policy, drug assessments have increased. Overall, results of the Kansas Communities That Care survey show Olathe students are using less alcohol/drugs than students state-wide.

Shawnee Mission School District

Description: ATF supported the Shawnee Mission School District's implementation of *AlcoholEdu*. The program is implemented in high school health class (all high schools and Horizons).

Number of Johnson County Residents Served SY 2017: 1,592

Award: \$27,000

Outcomes achieved: In SY 2017 students who participated in AlcoholEdu took a pre- and post-assessment which indicated student knowledge increased by an average of 20 percent. The district used the number of discipline incidents which involved tobacco, alcohol and drugs as an indicator of the effectiveness of AlcoholEdu and other district prevention efforts. The total incidents involving alcohol in SY 2016 was 31, while in SY 2017 the total was 34. The total number of incidents involving tobacco doubled, from 51 in SY 2016 to 102 in SY 2017. During the first semester of SY 2018 (July-Dec. 2017), incidents involving tobacco and incidents involving alcohol were higher than in the comparable time period in SY 2017. The district is analyzing comparison results and acknowledges need for "work to accomplish moving forward."

Spring Hill School District

Number of Johnson County Residents Served SY 2017: 2,548 (128 adults and 2,320 youth)

Award: \$23,060

Description: ATF funding supported four evidence-based programs *Project Alert* (middle school), *Al's Pals: Kids Making Health Choices* (all kindergarten classes), *AlcoholEdu* (high school), and *Peer Assistance Leadership* (PAL), a peer-helping program with structured curriculum. Additionally, ATF helped to support *Students Against Destructive Decisions* (SADD – high school) and a Mental Health Social Worker.

Outcomes achieved: In SY 2017 students who participated in AlcoholEdu took a pre- and post-assessment which indicated student knowledge increased by an average of 18 percent. The district positively impacted students' lives through services provided by the Mental Health Social Worker. The social worker provided evaluation, referral and counseling. During SY 2017 the Social Worker met with 43 high school students and 36 middle school students. Of the high school students, 25 were dealing with substance abuse issues (themselves or family members). Of the middle school students, eight had family members with substance abuse issues and none were known to be using themselves. During the last six months of calendar year 2017, the social worker met with 23 middle school students and 30 high school students. This represented 56 percent of the secondary population the social worker served during that time period.

Gardner Edgerton School District did not apply for a 2017 ATF grant.

Treatment and Recovery

Friends of Recovery Association

Number of Johnson County Residents Served: 429

Award: \$50,000

Description: Friends of Recovery Association's (FORA) Oxford Houses are autonomous, democratically run, transitional homes for individuals maintaining sobriety. Friends of Recovery provided reintegration programming and case management for individuals living in Oxford Houses, and trained Oxford House alumni and residents as recovery coaches who worked with newly-recovering residents. FORA also served individuals recently released from incarceration by providing short term housing and help from recovery coaches as those individuals sought employment and

applied for standard admission to Oxford House. FORA served 1,315 adults from within and outside of Johnson County.

Outcomes achieved: There are 36 Oxford Houses in Johnson County, four of which opened in 2017 (three for men and one for women with children). Compared to 2016, in 2017 the rate of relapse decreased (from 53 percent to 39 percent) and rate of successful reintegration increased (from 47 percent to 61 percent). FORA attributes the success to more personnel, continued new member orientations that include trauma-informed care, and workshops given by alumni.

Johnson County
Mental Health
Center: Adolescent
Center for
Treatment (ACT)

Description: The Adolescent Center for Treatment is an adolescent residential treatment program for youth ages 12-18. Outpatient substance abuse counseling is available to youth who graduate from the residential program. ACT served 272 youth from within and outside of Johnson County. The majority of residential patients are court-ordered and some are in the foster care system. Youth received a bio-psychosocial assessment at the time of admission and participated weekly in over 60 hours of therapeutic activities (individual and/or group counseling, addiction education, nicotine cessation, recovery skills, relapse prevention, anger management, and more). Families were encouraged to participate in bi-weekly education or counseling groups and weekend parent education groups.

Number of Johnson County Residents Served: 64 youth

Award: \$253,510

Outcomes achieved: Eighty percent of clients admitted to ACT remained in treatment for the recommended amount of time (21 days for first-time admissions and 14 days for re-admissions). Sixty-five percent of all clients' families participated in at least two sessions of family counseling or education/training. On client satisfaction surveys at discharge, the program received an average rating of 4.2 on a 5-point scale point (rates program quality and staff performance).

Description: The Adult Detoxification Unit is a non-medical, social

Johnson County Mental Health Center: Adult Detoxification Unit (ADU)

detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions come through hospitals, law enforcement and Rainbow Services, Inc. (RSI). RSI provides a sobering unit, which is a three to six-hour stay. The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment was completed on each client and clients were closely monitored throughout their stay (average of 3 days). ADU served 939 adults from within and outside of Johnson County. Staff worked with clients to develop a discharge/recovery plan and make arrangements for ongoing support and treatment.

Number of Johnson County Residents Served: 427 adults

Award: \$268,581

Outcomes achieved. Ninety-one percent of clients successfully completed detoxification as evidenced by remaining in detox until staff recommended discharge. Of clients who successfully completed detox, 84 percent had a written discharge plan that documented a referral for ongoing services. Reasons for not receiving a plan include leaving against staff advice, transfer

to hospital, and refusal of further treatment. On satisfaction surveys of six areas of program quality and staff performance, the program was given an average rating of 4.6 on a 5-point scale.

Johnson County
Mental Health
Center: Adult Dual
Diagnosis
Outpatient Program

Number of Johnson County Residents Served: 423

Award: \$140,000

Description: The Adult Dual Diagnosis Outpatient Program (ADDOP) provided integrated treatment services to adults with co-occurring substance abuse and mental health disorders. The program includes one to eight hours of weekly group counseling over a period of three to six months. Counseling sessions focused on alcohol/drug education, recovery and relapse-prevention skills, as well as helping clients understand and manage mental health issues that complicate recovery. The *Medication Assisted Treatment (MAT)* Program within ADDOP is in its second year and served 28 clients (Vivitrol was primary drug). The average length of time on MAT is approximately four months. Four hundred thirty-four adults from within and outside of Johnson County were served.

Outcomes achieved. Eighty-four percent of clients with dual-diagnosis remained alcohol/drug free while participating in the program. Fifty-one percent of clients completed at least eight hours of treatment before discharge. Ninety-eight percent of clients did not incur new legal charges while participating in treatment (indicator of engaging in criminal activity).

KidsTLC

Number of Johnson County Residents Served: 36 youth

Award: \$45,657

Description: Substance abuse screening/assessment, evaluation, prevention/education and clinical treatment were provided to youth ages 12-18 in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). Clinical treatment was available to youth who were dually diagnosed with a substance use disorder and mental health issues. KidsTLC utilized *Seeking Safety*, an evidence-based treatment program for clients with history of trauma and substance abuse, and *Eye-Movement Desensitization and Reprocessing* therapy which helped youth cope with substance use triggers, cravings for substances and trauma. *Positive Action Prevention and Education* curriculum was used with all youth. KidsTLC served 130 youth from within and outside of Johnson County.

Outcomes achieved: At discharge, youth reported overall improvement due to services received. Indicators of this outcome were: 96 percent of youth were at least "somewhat confident that things will improve in their life regarding substance abuse;" 100 percent reported having a good or very good outlook at time of discharge, compared to 15 percent at admission; and, 64 percent of youth who had a planned discharge and a comparative score on the Ohio Scales (measures outcomes for youth who receive mental health services) at admission and discharge reported a decrease in problem severity. At discharge, 94 percent of youth with a planned discharge had at least one community support follow-up recommended (community supports help sustain recovery); youth who left the program without a community follow-up left with an unplanned discharge. On a program satisfaction survey given at discharge, 100 percent of youth who completed the survey indicated

they felt that they had sufficient access to substance abuse services and supports.

Mirror

Number of Johnson County Residents Served: 115

Award: \$176,000

Description: Mirror provided residential substance abuse treatment services to 220 clients from within and outside of Johnson County who had cooccurring disorders of substance use and mental illness, and who met requirements for state block grant funding, but faced significant time on a waiting list for services under that funding stream. Located in Shawnee, this program addresses the needs of clients who fall below 200 percent of poverty and cannot access services in a timely manner due to limited state block grant funding. The dual focus of substance abuse counseling and integration of substance abuse issues and mental health needs was accomplished through an individualized treatment plan, and establishing and coordinating mental health services. Support was provided to address legal, housing, health, and employment issues that were a barrier to recovery.

Outcomes achieved: Of the 117 clients who were discharged, 73 percent were in compliance with all discharge recommendations 30 days following treatment. Those recommendations included continued mental health care, substance abuse aftercare, stable housing and use of support systems. Based upon a questionnaire, clients' confidence level in handling high risk situations that could lead to substance use increased by 62 percent from the time of admission to discharge. The cumulative average that clients entering the co-occurring disorder (COD) program spent on a waiting list was 12 days, compared to an average wait list time of 34 days for clients funded by the state block grant. Mirror's experience is that the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening is available. Of clients on the wait list, 232 under block grant funding did not access treatment when it became available, compared to 14 under ATF.

Preferred Family Healthcare, Inc.

Number of Johnson County Residents Served: 800 (668 adults and 132 youth)

Award: \$102,000

Description: Preferred Family Healthcare provide outpatient treatment services to 961 adults and youth from within and outside of Johnson County. Treatment services included outpatient individual, group and family counseling. One of only a few treatment providers approved by District Court in Johnson County, Preferred Family Healthcare maintains a fee policy that ensures no one is turned away due to inability to pay fees. During the first six months of 2017, 79 percent of clients paid a reduced fee for services and of those 31 percent paid no fee. During the last six months 81 percent paid a reduced fee and of those 39 percent paid no fee.

Outcomes achieved: Ninety-eight percent of clients reported no new arrests while in treatment. Eighty-six percent of clients who were randomly tested while in treatment, tested negative for substance use. Seventy-four percent of clients who were not disabled or retired reported they were employed or involved in educational activities. Fifty-seven percent successfully completed treatment.

2017 Drug and Alcoholism Council of Johnson County

Ryan Erker, Chair, Erker Law*

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Department of Agriculture Risk Management Agency*

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Marcy Knight, Immediate Past Chair, Attorney, City of Shawnee Representative*

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Cathy Lawless, Community Volunteer, City of Leawood Representative*

Emily Meissen-Sebelius, Children's Mercy Hospital, City of Prairie Village Representative

Jaime Murphy, Overland Park Municipal Court Services, City of Overland Park Representative

Liana Riesinger, Francis Family Foundation, City of Mission Representative

Kevin Schutte, Pastor, Pathway Community Church, Johnson County Board of County Commissioners Representative*

Robert Sullivan, Johnson County Manager's Office ♦

Jill Vincente, City of Olathe Prosecutor's Office, City of Olathe Representative*

- * Denotes 2017 ATF Grant Review Committee member
- ♦ Denotes Non-Voting Ex-Officio member

2016 Drug and Alcoholism Council Members on 2017 ATF Grant Review Committees

Judge Cindi Cornwell, Overland Park Municipal Court, City of Overland Park Representative, 2017 ATF Grant Review Sub-Committee Co-Chair

Roxann Kerr Lindsey, CBIZ

Annette Maassen-Spates, Johnson County Community College, 2017 ATF Grant Review Sub-Committee Co-Chair

Captain Rick Newson, Johnson County Sheriff's Office

Marie Ramirez, Blue Cross Blue Shield of Kansas City, City of Prairie Village Representative *Marci Trotta*, Psychotherapist, Private Practice

Staff Support: Marya Schott, UCS Director of Resource Allocation

2017 Alcohol Tax Fund Funding Priorities

Numbering of priorities does not indicate one is more important than another

Overall priority is given to:

- 1. Programs that offer affordable and accessible services to underserved individuals and/or populations at-risk (such as those with low incomes; those involved, or at-risk of involvement, in the child welfare or criminal justice systems).
- 2. Programs that provide services to meet a current community need (defined through indicator data or Communities That Care survey trends).
- 3. Programs that address barriers to services such as accessibility, language, culture, and homelessness.
- 4. Programs that demonstrate an awareness of the role of trauma in prevention and treatment of substance use.
- 5. Programs that utilize evidence-based programs or promising practices; include quality assurance practices to maintain fidelity; and, use measurable outcome information to improve service delivery.
- 6. Strategies and services that involve families, parents, guardians, and/or other support systems.

Priority for Education and Prevention Programs include:

- 1. Strategies that seek to delay onset of first use of substances.
- 2. Programs that target use of gateway drugs and address new trends in drug use across all age groups.
- 3. Programs that utilize Risk and Protective Factors strategies.

Priority for Treatment and Intervention Programs include:

- 1. Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
- 2. Programs that serve targeted populations with early intervention strategies.
- 3. Programs that collaborate with other organizations, the legal system, and/or community-based recovery services during and after treatment in order to sustain recovery and provide linkage to community supports.