

## Our goal:

To provide stable housing and help young adults engage the community resources necessary to end the cycle of homelessness and help individuals work toward becoming self-sufficient contributors to their community.



### youthStart

Offices Located at 1707 E Cedar St  
Suite 103

Olathe, KS, 66062  
Contact Erika Helin

Phone: 816-929-9097

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ehelin@restartinc.org



We provide stable housing to young adults, ages 18-21, who are currently experiencing homelessness.





We connect young adults to services in their community, including but not limited to:

- Mental health
- Education
- Employment
- Employment readiness
- Medical care
- Dental care
- Assistance programs
- And a host of community members, mentors, and informal support networks



youthStart is a collaborative effort in Johnson County in response to a growing number of young adults who experience homelessness.

We provide stable housing through a local landlord who offers an affordable place for the young adults to live.

reStart of Greater Kansas City has secured federal grant funds to pay rent for the young adults rent. In addition they have provided a staff person to help connect these young adults to the community services necessary for self-sufficiency.

Our staff provides coaching in a variety of areas to also enhance life skills and professional skills for life long growth for the young adults we serve.

For more information please contact Erika Helin at Phone: (816) 929-9097 or email her at [ehelin@restartinc.org](mailto:ehelin@restartinc.org).

Along with professional staff, local business partners, faith communities and individuals can participate in supporting the youthStart young adults. These relationships can support young adults accessing:

- Permanent housing options
- Budgeting classes
- Cooking and healthy eating
- Health/wellness
- Professional skills
- Healthy relationships
- Transportation
- Stress management

Contact us if you would like to help in any of these areas!

