



Alcohol Tax Fund  
A Collaborative City/County Partnership  
Managed by the Drug & Alcoholism Council of Johnson County  
A program of United Community Services of Johnson County

2016 Year-End Report

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), a program of United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to allocate Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statute.

The Alcohol Tax Fund (ATF) is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, **and must be used for programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.”** KSA §79-41a04 (as amended).

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and nine cities (Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is composed of individuals with professional and/or personal interest in alcohol and other drug issues and may include representatives from education, law enforcement, health, city and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction. 2016 DAC members are listed on page 13. UCS provides staff support to the DAC, and also facilitates quarterly meetings with the ATF funded agencies focusing on collaboration, emerging issues and treatment, and best practices.

In 2016, 24 programs received allocations of \$1,682,135 to support programs and services for local residents. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees’ year-end reports, 70,825 Johnson County residents participated in programs or received services supported, in part, by ATF allocations. The following summary describes how these funds were used. 2016 ATF funding priorities are listed on page 14.

The UCS board of directors, the DAC, funded programs and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For additional information, contact Marya Schott, UCS Community Initiatives Director, 913.438.4764, [maryas@ucsjoco.org](mailto:maryas@ucsjoco.org).

<b>2016 Funding</b>	
Johnson County Government	\$110,760
9 Cities	\$1,669,375
Total Dollars	\$1,780,135
UCS Administration	-\$98,000
<b>Grant Awards</b>	<b>\$1,682,135</b>



## 2016 Alcohol Tax Fund Year-End Report

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### Education, Prevention and Intervention Community-Based Programs

#### Artists Helping the Homeless

**Award: \$10,000**

- **ATF Priority and Statute Alignment:** Artists Helping the Homeless (AHA) intervenes in lives of people who are abusing alcohol and drugs, and in lives of people who are in danger of becoming alcoholics or drug abusers. It addresses barrier to services (an overall priority), as well as two priorities within the Treatment/Intervention focus.
- **Description:** Artists Helping the Homeless' Be The Change program served 1,605 adults from within and outside of Johnson County. Be The Change helps people who are homeless access services to meet their needs and address the underlying conditions of their homelessness. Through this program, Artists Helping the Homeless (AHA) provides a continuum of support services, including coordination of care and transportation. AHA facilitated the recovery/reintegration of previously homeless people who have substance use disorders, generally upon their release from social detoxification programs, hospitals, jails and Rainbow Services, Inc., a crisis center. This included working with client and case workers, if assigned, to develop and implement discharge or home plans, arranging for treatment and/or transitional living placement, arranging or providing temporary housing when admission at next facility is delayed, and assistance with rent, medication, obtaining personal identification, and medical issues.
- **Number of Johnson County Residents Served:** 133
- **Outcomes achieved:** AHA's primary objective is to reduce the reliance of homeless individuals dealing with substance use on community resources by assisting them in sobriety and reintegration. For the 133 Johnson County residents, treatment plans were arranged 32 times, and housing was arranged on 46 occasions. The program worked extensively with 27 of the Johnson County residents. Of those, 70 percent maintained employment and housing, one was in treatment, one was in school, one relapsed (homeless), and status of five was unknown (includes two who moved out of area, and two who lived with family).

#### Boys and Girls Club of Greater Kansas City

**Award: \$10,000**

- **ATF Priority and Statute Alignment:** SMART Moves is an education/prevention program that addresses all prevention priorities.
- **Description:** In its Olathe Club, Boys and Girls Club implemented SMART Moves (Skill Mastery and Resistance Training) during after-school and summer programming for youth ages 5-18 (services for teens began in June). SMART Moves helps to prevent use of alcohol and drug use, as well as other risky behavior, through education and building of skills and techniques to recognize and resist media and peer pressure.
- **Number of Johnson County Residents Served:** 222 youth
- **Outcomes achieved:** As indicated by pre- and post-tests, 91 percent of program participants demonstrated an increase in knowledge of the dangers of alcohol and drug use. 89 percent increased their knowledge of use of tools and strategies to resist peer pressure and media influence, 86 percent demonstrated an increase in knowledge of how to resolve conflict non-violently. Parents also increased their knowledge of substance prevention, however, this was through monthly parent meetings, and not measured through pre and posts tests.

### First Call Alcohol/Drug Prevention and Recovery

**Award: \$25,000**

- **ATF Priority and Statute Alignment:** First Call provides alcoholism and drug abuse education, prevention and intervention, and fits within ATF priorities.
- **Description:** First Call's program "Family Prevention Services in Johnson County" served 1,880 adults from within and outside of Johnson County. *Caring for Kids* and *How to Cope* was provided to Johnson County residents as part of First Call's clinical services for families. *How to Cope* is a curriculum for parents of adolescents in substance abuse recovery. *Caring for Kids* is a program for youth that helps them regain healthy productive lifestyles. Within Olathe School District, First Call provided sobriety groups, *Life Skills training* (uses an evidence-based program and focuses on alcohol/drug use prevention/education, family systems, anger management and communication; also provided at Boys and Girls Club in Olathe), and *Say It Straight*, an evidence-based curriculum that teaches youth conflict resolution and problem solving, including how to identify patterns that lead to risky or destructive behaviors. Once a month First Call facilitated "family night" at the Evening Reporting Center, most often providing a speaker from their Recovery Panel. Speakers Bureau events/presentations were also provided at JoCo Community College, and in Olathe and Shawnee Mission School Districts. Johnson County residents were also served through First Call's crisis call hotline, and assessment and treatment referrals.
- **Number of Johnson County residents served:** 1,824 (626 adults and 1,198 youth)
- **Outcomes achieved:** All of the surveyed participants in *How to Cope* increased their knowledge of the harmful effects of alcohol, tobacco, and other drugs. 82 percent of surveyed participants in *Caring for Kids* increased their knowledge of those harmful effects. All participants in those programs completed a plan of action to promote healthy relationships and resistance to abusing substances. All of the students who were engaged in Sobriety Group long enough to complete two assessments showed increased readiness to change.

### Gillis Center

**Award: \$60,000**

- **ATF Priority and Statute Alignment:** Functional Family Therapy intervenes in lives of youth who are abusing alcohol and drugs, and in lives of people who are in danger of becoming alcoholics or drug abusers. It addresses all overall priorities, and priorities for intervention/treatment programs.
- **Description:** Gillis provided Functional Family Therapy (FFT) to youth and their family members whose problems were related to substance abuse. FFT is an evidence-based 12-14 week in-home family intervention. Referrals for FFT are made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents. ATF resources were specifically used for youth with identified substance abuse issues.
- **Number of Johnson County Residents Served:** 65 Johnson County youth and their families
- **Outcomes achieved:** Following the family's completion of *Functional Family Therapy*, 92% of families completing the Client Outcome Measure reported improved family relationships (reduced levels of conflict and improved communication). Of 22 youth who completed *Functional Family Therapy* during 2016, 91 percent had no subsequent charges from the Johnson County Office of District Attorney.

### Heartland Regional Alcohol and Drug Assessment Center

**Award: \$117,000**

- **ATF Priority and Statute Alignment:** HRADAC Therapy intervenes in lives of adults who are abusing alcohol and drugs. It addresses several overall priorities and priorities for treatment/intervention programs.
- **Description:** Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provided intensive case management (ICM) and related services to Johnson County adults who were homeless and had a substance use disorder and a co-occurring mental and/or physical health issue. Services focused on risk-reduction and stabilization, while also addressing individual goals around substance abuse services, mental health services and housing.
- **Number of Johnson County Residents Served:** 99 adults
- **Outcomes achieved:** 81 percent of the clients who were homeless when they began services obtained permanent or transitional housing. 98 percent of ICM clients engaged in recovery activities after initiating intensive case management services. Those recovery activities included accessing substance abuse treatment (72 percent), accessing 12 Step or other support recovery groups (84 percent), and engagement in *Recovery Oriented Systems of Care* with a Recovery Coach (71 percent). Of the ICM clients who had a mental health diagnosis, 83 percent engaged in mental health services and 71 percent accessed mental health medications.

### Johnson County Court Services, Juvenile Drug Court & Minor in Possession of Alcohol

**Award: \$102,245**

- **ATF Priority and Statute Alignment:** Court Services intervenes in lives of youth who are abusing alcohol and drugs. Programs incorporate trauma awareness and there is collaboration between the court and local treatment providers.
- **Description:** The Juvenile Drug Court targets first-time drug offenders seeking diversion who present with serious drug and alcohol issues. During the nine-month program, youth must obey the law and are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Together the programs served 335 youth from within and outside of Johnson County.
- **Number of Johnson County Residents Served:** 296 youth
- **Outcomes achieved:** Increase in motivation to remain drug free is measured by increase in school grades, involvement in pro-social activities, and parental feedback. The average semester GPA of a Drug Court client at the start of Drug Court was 2.56, and at the completion of Drug Court, the average semester GPA was 2.9. Surveys completed by parents indicated youths' increase in motivation in treatment and following court orders, and improved family relationships. Youth and their parents increased their understanding of the impact of drugs and alcohol, as measured by pre and post tests for both programs.

### Johnson County Department of Corrections: Treatment Voucher Assistance and Adult Residential Treatment Readiness

**Award: \$12,410**

- **ATF Priority and Statute Alignment:** Services address barriers to treatment, and utilize evidence-based programs. Programs intervene in lives of people who are abusing alcohol and drugs, and in lives of people who are in danger of becoming alcoholics or drug abusers.
- **Description:** Through vouchers, youth and adult offenders who faced financial barriers to obtaining substance abuse services (evaluation and/or treatment), were assisted with paying

for those services. The Adult Residential Treatment Readiness program is a cognitive skills/interactive journaling program provided at the Adult Residential Center (ARC). This program utilizes the *Courage to Change* curriculum which includes interactive journaling, and focuses on readiness to change, and risk related to criminal personality. 418 individuals were served from within and outside of Johnson County.

- **Number of Johnson County Residents Served:** 268 (263 adults and 5 youth)
- **Outcomes achieved:** 67 percent of youth clients and 73 percent of adult clients who received substance abuse treatment services using the vouchers did not show signs of relapse (evidence of drug use during year). 66 percent of the ARC clients who successfully completed the cognitive skills/interactive journaling program also successfully completed the full ARC program.

#### **Johnson County District Attorney's Office**

**Award: \$8,250**

- **ATF Priority and Statute Alignment:** This program intervenes in lives of people who are abusing alcohol and drugs, and in lives of people who are in danger of becoming alcoholics or drug abusers. The program meets a demonstrated need and Moral Reconciliation Therapy is an evidence-based practice.
- **Description:** The District Attorney's Office served 41 individuals from within and outside of Johnson County, with the Changing Lives Through Literature program (CLTL). This alternative intervention program uses literature to impact lives of criminal defendants who are under community supervision. The probation department specifically targets defendants with drug and alcohol histories for participation in CLTL. CLTL defendant participants, judges and probation officers read literature and participated in facilitated discussion which helped to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Components of Moral Reconciliation Therapy were incorporated into the program to help address criminal thinking. Prevention of substance abuse is a component of the program as discontinuation of using of alcohol and drugs often creates idle time and boredom, and in addition to promoting behavior change and providing a support structure, the program provided clients with a pro-social activity and highly pro-social influences.
- **Number of Johnson County Residents Served:** 22 adults
- **Outcomes achieved:** 93 percent of participants had no new charges filed. 95 percent of participants showed no evidence of relapse as indicated by new drug offenses or positive drug screens. 100 percent of program participants completed the program.

#### **Johnson County Mental Health Center: Prevention Services**

**Award: \$100,000**

- **ATF Priority and Statute Alignment:** Prevention Services provides alcoholism and drug abuse prevention and education. It is in alignment with education/prevention priorities.
- **Description:** Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations (served total of 4,668 individuals from within and outside of Johnson County). Services included planning and hosting the Youth Leadership Summit (one-day summit which promotes good health and positive choices, including avoidance of alcohol and drugs), Teen Task Force (dedicated to spreading awareness for positive and healthy decision making), Strengthening Families Program, facilitation of School Prevention Roundtable, prevention consultation with schools, and presentations to schools and other community partners.
- **Number of Johnson County Residents Served:** 4,604 (1,563 adults and 3,077 youth)

- **Outcomes achieved:** Nearly 99% of Youth Leadership Summit participants indicated an increased level of knowledge and confidence in their abilities (participants included over 183 youth leaders and 57 advisors, presenting 27 schools from throughout Johnson County). As result of Summit, approximately 75 project activities will take place throughout the 2016-17 school year. In Gardner, Prevention Services supported a new cohort which implemented Strengthening Families Program (resulting in total of 3 cohorts in Gardner). In addition to that cohort, Prevention Services supported cohorts in Overland Park and Olathe.

**SAFEHOME, Inc.**

**Award: \$20,706**

- **ATF Priority and Statute Alignment:** This program intervenes in lives of people who are abusing alcohol and drugs, and in lives of people who are in danger of becoming alcoholics or drug abusers. It meets a community need, addresses barriers, and documents impact of program.
- **Description:** SAFEHOME’s Substance Abuse Assessment and Referral Program served 170 adults from within and outside of Johnson County. All new shelter clients were screened for substance abuse issues when admitted. For those with evidence of substance abuse issues, or who were referred by shelter staff, a therapist conducted an in-depth substance abuse interview. Based upon the interview results, appropriate intervention or treatment was recommended, and help was provided to access the recommended programs. The therapist continued to meet individually with those clients to offer information, assistance and support. The therapist also facilitated group sessions in which participants received information about substance abuse and discussed co-dependency problems.
- **Number of Johnson County Residents Served: 72**
- **Outcomes achieved:** All residents who were identified as substance abusers received an appropriate referral to substance abuse services. 83 percent of clients who responded to a questionnaire indicated that SAFEHOME’s therapist helped them to understand their need for a referral for substance abuse intervention. 62 percent of shelter residents who received a referral to services after being identified in the initial assessment as needing services, subsequently engaged in the referral service. SAFEHOME explained this is likely attributed to the highly complex nature of issues and barriers that victims of domestic violence face when attempting to leave domestic abuse and access resources. During the last six months of the year, SAFEHOME’s therapist worked with clients to eliminate barriers and was more successful than during the first six months with connecting clients and following up with referrals.

**The Family Conservancy**

**Award: \$35,550**

- **ATF Priority and Statute Alignment:** Family Conservancy provides substance abuse prevention and education, and intervenes in lives of people who are abusing alcohol and drugs, and in lives of people who are in danger of becoming alcoholics or drug abusers. It aligns with several priorities (addresses barriers, meets community need, uses research-based models).
- **Description:** Within the Prevention/Screening and Referral program, Family Conservancy served 410 adults and youth from within and outside of Johnson County. The program includes two components: 1) implementation of *Incredible Years*, an evidence-based program which targets high-risk children ages 2-8 years-old and their parents, and 2) substance abuse education and screening for all Johnson County clients served within the agency’s counseling programs. During the first six months of year, four of the six classes in the Incredible Years (IY) parenting series were held. Due to IY facilitator being on medical leave, Olathe Head Start, the site of the classes during that period, made the decision to end parenting classes early, instead

of having another facilitator complete the series. Therefore, outcomes below for IY represent only the last 6 months of the year when Growing Futures and Hiersteiner Early Childhood Development Center were sites of the classes for parents (offered in English and Spanish), and training and coaching of teachers. Regarding substance abuse education and screening, all Clinical Initial Assessment sessions at Family Conservancy's Johnson County office included use of the *Screening, Brief Intervention and Referral to Treatment* (SBIRT) model to determine present or past misuse of alcohol or drugs. A positive screen on the SBIRT was followed-up by further assessment. For clients who scored positive on those and who were willing to work on change, brief education and intervention or referral to treatment occurred, with the clinician assisting with the referral process. When not willing to work on change, clients were monitored and supported by the clinician, and education was provided when appropriate (effects of substances on body and brain, and impact on relationships and children).

- **Number of Johnson County Residents Served:** 320 (182 adults and 138 youth)
- **Outcomes achieved:** Among parents completing the *Incredible Years* program, 82 percent reported an increase in at least one protective factor, or a decrease in problem behaviors, and 83 percent reported an increase in positive parenting practices. 80 percent of teachers in IY showed an increase in use of positive guidance and prevention practices. Of clients who completed individual and family counseling sessions, 82 percent successfully completed their counseling treatment plan, and 89 percent reported they were aware of the impact of substance use on their lives, and/or they were better able to cope with impact of a loved one's substance misuse problem.

### **Education, Prevention and Intervention**

#### ***Johnson County Public School Districts***

*(Gardner Edgerton School District did not apply for a 2016 ATF grant.)*

- **Statute Alignment:** All Public School Districts provide alcoholism and drug abuse prevention and education services.

#### **Blue Valley School District**

**Award: \$59,450**

- **ATF Priority:** Blue Valley aligns with overall priority of demonstrating the role of trauma in prevention of substance use. Evidence-based programs are implemented.
- **Description:** ATF supported funding for 15 drug/alcohol prevention coordinators at middle and high schools, and a district coordinator; Sobriety Support Groups and Trauma Informed Care Groups (called Skills for Life) – available to all high school students and the Academy; *AlcoholEdu* (an on-line program implemented in 10<sup>th</sup> grade all high schools); stipends for *Reconnecting Youth* (RY) instructors and RY materials (offered by two high schools and the Academy); and, support for teachers to complete professional development (education/training) in *Project Alert* (used in Middle School).
- **Number of Johnson County Residents Served:** 15,529 (1,031 adults and 14,498 youth)
- **Outcomes achieved:** Preliminary results of AlcoholEdu pre and post assessments showed student knowledge about alcohol increased by 21 percent. The District used the Ohio Mental Health Outcomes System Scale to determine if students developed positive skills and attitudes through participation in Skills for Life. Students that completed the group showed higher levels of hopefulness and satisfaction, and higher level of functioning. District-wide, two indicators reflected improvement based upon comprehensive education and prevention programs – from

2014 to 2016, there was a significant drop in binge drinking in 10<sup>th</sup>/12<sup>th</sup> grades and in illicit use of prescription medication.

#### **De Soto School District**

**Award: \$24,750**

- **ATF Priority and Statute Alignment:** De Soto implements evidence-based programs. Strategies include a focus on young adolescents and involvement of families.
- **Description:** ATF supported De Soto School District's coordinator for substance abuse programming, and implementation of two evidence-based programs - *Too Good for Drugs* (all elementary students), and *AlcoholEdu* (high school); as well as high school prevention clubs. District students participated in age appropriate drug/alcohol prevention activities such as Red Ribbon/National Drug Awareness Week activities. All schools made a concerted effort to communicate with parents on a regular basis about substance use prevention and resources. Methods of communication included emails, flyers, newsletters, access to Alcohol Edu, and Too Good for Drugs materials.
- **Number of Johnson County Residents Served:** 17,181 (10,809 adults and 6,372 youth)
- **Outcomes achieved:** The district achieved its goal that 100 percent of students would be exposed to prevention messages and parents would have an opportunity to learn more about prevention messages and resources. The district reports that following exposure to substance abuse programs, students stated strategies for making good decisions and resisting peer pressure.

#### **Olathe School District**

**Award: \$49,125**

- **ATF Priority and Statute Alignment:** Olathe aligns with overall priority of utilizing evidence-based programs. Strategies include a focus on young adolescents and involvement of families.
- **Description:** ATF funding supported implementation of *Project Alert* which is embedded into middle school health curriculum, sobriety support groups (high school), student substance abuse assessments, parent education through *Guiding Good Choices* (parents of students ages 9-13 who are identified by school), *AlcoholEdu* (high school) and new E-cigarette initiative (middle school).
- **Number of Johnson County Residents Served:** 9,342 (66 adults and 9,276 youth)
- **Outcomes achieved:** Results of AlcoholEdu pre and post assessments showed student knowledge about alcohol increased by 22 percent. The goal of the E-cigarette initiative was to decrease the percentage of students who report smoking (per question on Communities That Care Survey). Results from Communities That Care Survey are not available yet, however, anecdotal reports from middle schools indicate there were fewer E-cigarette violations.

#### **Shawnee Mission School District**

**Award: \$45,000**

- **ATF Priority and Statute Alignment:** Shawnee Mission aligns with overall priorities of demonstrating the role of trauma in prevention of substance use, and use of evidence-based programs. Strategies include a focus on young adolescents.
- **Description:** ATF supported the Shawnee Mission School District's implementation of two evidence-based programs - *AlcoholEdu* (all high schools) and *Second Step* (5th through 8<sup>th</sup> grades).
- **Number of Johnson County Residents Served:** 17,247 (233 adults and 17,014 youth)
- **Outcomes achieved:** Students who participated in *AlcoholEdu* took a pre and post assessment which indicated student knowledge increased by 14 percent. Alcohol Edu's pre/post assessment of knowledge gain include areas which include "know your influences, brain body,

smart decisions.” The district is using the number of discipline incidents which involved tobacco, alcohol and drugs as a calendar year indicator of the effectiveness of *AlcoholEdu* and *Second Step*. Incidents in 2016 declined when compared to 2015 (reduced by 8).

### Spring Hill School District

**Award: \$23,060**

- **ATF Priority and Statute Alignment:** Spring Hill utilizes evidence-based programs, and strategies include a focus on young adolescents.
- **Description:** ATF funding supported four evidence-based programs *Project Alert* (middle school), *Al’s Pals: Kids Making Health Choices* (all kindergarten classes), *AlcoholEdu* (high school), and *Peer Assistance Leadership* (PAL), a peer-helping program with structured curriculum. Additionally, ATF helped to support *Students Against Destructive Decisions* (SADD – high school) and a Mental Health Social Worker.
- **Number of Johnson County Residents Served:** 1,279 (70 adults and 1,209 youth)
- **Outcomes achieved:** The district achieved its goal of implementing *AlcoholEdu* as a component of the 9<sup>th</sup> grade health and physical education course; however, measure of knowledge gain (evidence of increased student awareness of dangers of alcohol) will not be available from *AlcoholEdu* until later in 2017. The district’s additional goal was to positively impact students’ lives through services provided by the Mental Health Social Worker. The Social Worker provided evaluation, referral and counseling, and met with 38 students on a weekly basis to help them understand their increased risk for addiction, and the relationship between emotional pain and substance abuse.

## Treatment and Recovery

### Friends of Recovery Association

**Award: \$40,000**

- **ATF Priority and Statute Alignment:** Friends of Recovery Association (FORA) provides alcoholism and drug abuse education, prevention and intervention services. FORA fits within ATF overall priorities, and priorities for treatment and intervention programs.
- **Description:** Friends of Recovery Association’s Oxford Houses are autonomous, democratically run transitional homes for individuals maintaining sobriety. Friends of Recovery provided reintegration programming and case management for individuals living in Oxford Houses and trained Oxford House alumni and residents as recovery coaches who worked with newly-recovering residents. Friends of Recovery also provided short term housing to individuals recently released from incarceration, and help from Recovery Coaches as those individuals seek employment and apply for standard admission to Oxford House. FORA served 1,092 adults from within and outside of Johnson County.
- **Number of Johnson County Residents Served:** 336 Johnson County Oxford House residents were served through 1,633 hours of case management (crisis intervention, education, mediation and mentoring).
- **Outcomes achieved:** There are 33 Oxford Houses in Johnson County, four of which opened in 2016 (increased bed space for 16 men and 17 women). During 2016, 99 percent of non-disabled Oxford House residents were either employed or completing community service. Through training provided to all residents in Oxford House, there was an increase in the number of individuals who understand trauma and its relationship to recovery. As a result of the training, FORA hoped to decrease recidivism and suicides, however, there was one suicide and a relapse, possibly the result of a house member’s child being killed by car outside of the Oxford House. Despite that tragedy, the houses reported the sense of safety has improved.

**Johnson County Mental Health Center: Adolescent Center for Treatment (ACT)      Award: \$253,510**

- **ATF Priority and Statute Alignment:** ACT provides treatment of persons who are alcoholics or drug abusers, or are in danger of becoming alcoholics or drug abusers. It aligns with overall priorities and priorities for intervention and treatment.
- **Description:** The Adolescent Center for Treatment is an adolescent residential treatment program for youth ages 12-18. Outpatient substance abuse counseling is available to youth who graduate from the residential program. ACT served 237 youth from within and outside of Johnson County. The majority of residential patients are court-ordered and some are in the foster care system. Youth received a bio-psychosocial assessment at time of admission and participated weekly in over 60 hours of therapeutic activities (individual and/or group counseling, addiction education, recovery skills, relapse prevention, anger management, and more). In June ACT moved to the Youth and Family Services building. This move included new collaboration with Johnson County Juvenile Corrections to provide 24-hour monitoring of clients, and increased bed capacity from 21 to 30.
- **Number of Johnson County Residents Served:** 50 youth
- **Outcomes achieved:** 80 percent of clients admitted to ACT remained in treatment for the recommended amount of time. 70 percent of all clients' families participated in at least two sessions of family counseling or education/training. On client satisfaction surveys at discharge, ACT staff received an average rating of 4.3 on a scale of 1 to 5.

**Johnson County Mental Health Center: Adult Detoxification Unit (ADU)      Award: \$268,581**

- **ATF Priority and Statute Alignment:** ADU provides alcohol detoxification. It aligns with most overall priorities and the intervention priorities of affordable/accessible services, and collaboration.
- **Description:** The Adult Detoxification Unit is a non-medical, social detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions come through hospitals, law enforcement and Rainbow Services, Inc. (RSI provides a sobering unit, which is a three to six hour stay). The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment is completed on each client and clients are closely monitored throughout their stay (average of 3.5 days). ADU served 939 adults from within and outside of Johnson County. Staff worked with clients to develop a discharge/recovery plan and make arrangements for ongoing support and treatment.
- **Number of Johnson County Residents Served:** 414 adults
- **Outcomes achieved.** 97 percent of clients successfully completed detoxification as evidenced by remaining in detox until staff recommended discharge. Of clients who successfully completed detox, 96 percent had a written discharge plan that documented a referral for ongoing services. On satisfaction surveys of six areas of program quality and staff performance, staff were given an average rating of 4.7 on a 5 point scale.

**Johnson County Mental Health Center: Adult Dual Diagnosis Outpatient Program      Award: \$108,885**

- **ATF Priority and Statute Alignment:** ADDOP provides treatment of persons who are alcoholics or drug abusers. It aligns with overall priorities and priorities for intervention and treatment.
- **Description:** The Adult Dual Diagnosis Outpatient Program (ADDOP) provided integrated treatment services to adults with co-occurring substance abuse and mental health disorders. Each person received one to eight hours of weekly group counseling. Counseling sessions focus on alcohol/drug education, recovery and relapse-prevention skills, as well as helping clients

understand and manage mental health issues that complicate recovery. ADDOP also provided Medication Assisted Treatment to 16 clients appropriate for this treatment. 380 adults from within and outside of Johnson County were served.

- **Number of Johnson County Residents Served:** 366
- **Outcomes achieved.** 79 percent of clients with dual-diagnosis stayed alcohol/drug free while participating in the program. Retaining clients for at least eight hours of integrated treatment is a goal of the program. 54 percent of clients completed at least eight hours of treatment before discharge. 97 percent of clients did not incur new legal charges while participating in treatment (indicator of engaging in criminal activity).

### KidsTLC

**Award: \$44,613**

- **ATF Priority and Statute Alignment:** This program provides substance abuse prevention and education, as well as intervention in alcohol and drug abuse, and treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers. It aligns with all overall priorities, as well as priorities for intervention and treatment.
- **Description:** Substance abuse screening/assessment, evaluation, prevention/education and clinical treatment were provided to youth ages 12-18 in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). Clinical treatment was available to youth who were dually diagnosed with substance use disorder and mental health issues. KidsTLC utilized *Seeking Safety*, an evidence-based treatment program for clients with history of trauma and substance abuse, and *Eye-Movement Desensitization and Reprocessing* therapy which helps youth cope with substance use triggers, cravings for substances and trauma. *Positive Action Prevention and Education* curriculum was used with all youth. KidsTLC served 149 youth from within and outside of Johnson County.
- **Number of Johnson County Residents Served:** 42 youth
- **Outcomes achieved:** At discharge, youth reported overall improvement due to services received. Indicators of this outcome were: 92 percent of youth were "somewhat confident that things will improve in their life regarding substance abuse;" 92 percent reported having a good outlook at time of discharge, compared to 0 percent at admission; and, 70 percent of youth who had a planned discharge reported a decrease in problem severity. At discharge, 91 percent of youth with a planned discharge had at least one community follow-up recommended (an indicator of youth linked to community supports which will help sustain recovery). On a program satisfaction survey given at discharge, 96 percent of youth indicated they felt that they had sufficient access to substance abuse services and supports.

### Marillac

**Award: \$30,000**

- **ATF Priority and Statute Alignment:** This program provides substance abuse prevention and education, as well as intervention in alcohol and drug abuse, and treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers. It aligns with all overall priorities, as well as priorities for intervention and treatment.
- **Description:** Substance abuse treatment and prevention services are part of the overall inpatient programming provided by Marillac which services youth ages 6-17 with emotional and behavioral disorders. Substance abuse assessments and individual or group treatment were provided to youth in Marillac's psychiatric hospital, outpatient clinic, and Psychiatric Residential Treatment Facility (PRTF). Marillac utilizes *Seeking Safety* in group sessions with PRTF clients. Clinical treatment was available to youth who are dually diagnosed with substance use disorder. In January 2017, Marillac and four other agencies merged with

Cornerstones of Care. In leading up to that merger, outpatient services on the Marillac Campus were moved to another office and combined with outpatient services traditionally offered by Gillis. Marillac did not request ATF funding in 2017. During 2016 Marillac experienced a large reduction in PRTF clients who needed substance abuse treatment. 56 youth from within and outside of Johnson County were served.

- **Number of Johnson County Residents Served:** 22 youth
- **Outcomes achieved:** Youth who participated in substance abuse prevention and intervention while in the PRTF reported decreased use of substances from time of admission, through time away during weekend passes, to discharge. Nearly all youth reported “not at all” when asked at discharge if they had used drugs or alcohol, compared to 50% who youth who at admission said they used substances. At discharge, 76% of youth reported improvement in interactions with peers.

### Mirror

**Award: \$132,000**

- **ATF Priority and Statute Alignment:** This program provides substance abuse treatment of persons who are alcoholics or drug abusers. It aligns with all overall priorities, as well as priorities for intervention and treatment.
- **Description:** Mirror provided residential substance abuse treatment services to 81 clients from within and outside of Johnson County who had co-occurring disorders of substance use and mental illness. The dual focus of substance abuse counseling and integration of substance abuse issues and mental health needs was accomplished through an individualized treatment plan, including establishing and coordinating mental health services. Additional support was provided to address housing, legal, health, and employment issues that were a barrier to recovery. Located in Shawnee, this program addresses the needs of clients who fall below 200 percent of poverty and cannot access services in a timely manner due to limited state block grant funding.
- **Number of Johnson County Residents Served:** 35
- **Outcomes achieved:** Of clients who completed the program, 71 percent were in compliance with all discharge recommendations 30 days following treatment. Those recommendations included continued mental health care, substance abuse aftercare, stable housing and use of support systems. Based upon a questionnaire given at admission and discharge, 84 percent of clients reported an increase in confidence that they could handle high risk situations which can lead to substance use. The cumulative average that clients entering the co-occurring disorder (COD) program spent on a waiting list was 14.9 days, compared to an average wait list time of 22.1 days for clients funded by state block grant funding. Less time on a waiting list is important because the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening in the program is available.

### Preferred Family Healthcare, Inc.

**Award: \$102,000**

- **ATF Priority and Statute Alignment:** This program provides substance abuse treatment of persons who are alcoholics or drug abusers. It aligns with all overall priorities, as well as priorities for intervention and treatment.
- **Description:** Preferred Family Healthcare provide outpatient treatment services to 1,178 adults and youth from within and outside of Johnson County. Treatment services included outpatient individual, group and family counseling. One of only a few treatment providers approved by District Court in Johnson County, Preferred Family Healthcare maintains a fee policy that

ensures no one is turned away due to inability to pay fees. During 2016, 73 percent of clients paid a reduced fee for services and 32.5 percent paid no fee.

- **Number of Johnson County Residents Served:** 1,021 (861 adults and 160 youth)
- **Outcomes achieved:** 98 percent of clients reported no new arrests while in treatment. 79.5 percent of clients who were randomly tested while in treatment, tested negative for substance use. 75 percent of clients who were not disabled or retired reported they were employed or involved in educational activities. 57 percent successfully completed treatment, and 98.5 percent reported maintaining stable housing.

## 2016 DRUG & ALCOHOLISM COUNCIL of JOHNSON COUNTY

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*Ryan Erker, Vice-Chair, Erker Law, 2016 ATF Grant Review Sub-committee Chair \**

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*Lee Jost, Pastor, Christ the Servant Evangelical Covenant Church, Johnson County Board of County Commissioners Representative\*\**

\* Denotes 2016 ATF Grant Review Committee member

♦ Denotes Non-Voting Ex-Officio member

\*\*Denotes 2015 DAC members who served on 2016 ATF Grant Review Committee

Staff Support: Marya Schott, UCS Community Initiatives Director

## 2016 Alcohol Tax Fund Funding Priorities

*Numbering of priorities does not indicate one is more important than another*

### Overall priority is given to:

1. Programs that provide services to meet a defined community need (defined through indicator data, Communities That Care<sup>®</sup> survey results, and/or outcome measurements of implemented programming).
2. Programs that address barriers to services such as accessibility, language, culture, and homelessness.
3. Programs that demonstrate an awareness of the role of trauma in prevention and treatment of substance use.
4. Programs that utilize evidence-based programs or promising practices, such as Treatment Improvement Protocols (TIPS), and those that include quality assurance practices to maintain fidelity.
5. Programs that document the impact of their services through measurable outcomes, and that use outcome information to improve and/or enhance future service delivery.

### Priority for Education and Prevention Programs include:

1. Strategies that focus on young adolescents in order to delay onset of first use of substances.
2. Programs that focus on youth binge drinking.
3. Programs that target use of gateway drugs and address new trends in drug use across all age groups.
4. Strategies and services that involve community and families /parents/guardians/significant others.
5. Programs that utilize *Risk and Protective Factors* strategies.

### Priority for Treatment and Intervention Programs include:

1. Programs that offer affordable and accessible services to underserved individuals who are ineligible for, or have limited access to, Federal Block Grant subsidies, Medicaid, or private insurance to assist with substance abuse treatment costs.
2. Programs that include treatment strategies which have been proven effective in serving individuals with co-occurring substance use and mental health disorders.
3. Programs that involve families/parents/guardians/significant others in substance abuse treatment and aftercare.
4. Programs that collaborate with other organizations, the legal system, and/or community-based recovery services during and after treatment in order to sustain recovery and provide linkage to natural community supports.