



Alcohol Tax Fund
A Collaborative City/County Partnership
Managed by the Drug & Alcoholism Council of Johnson County,
a program of United Community Services of Johnson County

Revised 2018 Year-End Report*

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), a program of United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to allocate Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statute.

The Alcohol Tax Fund (ATF) is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, **and must be used for programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.”**

KSA §79-41a04 (as amended)

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and nine cities (Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is comprised of individuals with professional and/or personal interest in alcohol and other drug issues and may include representatives from education, law enforcement, health, city and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction. 2018 DAC members are listed on page 14. UCS provides staff support to the DAC and facilitates quarterly meetings with the ATF funded agencies focusing on collaboration, emerging issues and treatment, and best practices.

In 2018, 25 programs received allocations of \$1,962,072 to support programs and services for local residents. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees’ year-end reports, 57,680 Johnson County residents participated in programs or received services supported, in part, by ATF allocations.* The following summary describes how these funds were used. 2018 ATF funding priorities are listed on page 15.

The UCS board of directors, the DAC, funded programs and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For additional information, contact Marya Schott, UCS Director of Resource Allocation, 913.438.4764, maryas@ucsjoco.org.

2018 Funding	
Johnson County Government	\$131,872
9 Cities	1,929,200
Total Dollars	\$2,061,072
UCS Administration	<u>-\$99,000</u>
Grant Awards	<u>\$1,962,072</u>

*Revised April 22, 2019 to correct total number of Johnson County residents who participated in programs.



2018 Alcohol Tax Fund Year-End Report

Education, Prevention and Intervention Community-Based Programs

Artists Helping the Homeless (AHH)

Number of Johnson County residents served: 206

Award: \$25,000

Description: Artists Helping the Homeless' *Be The Change* program served 2,556 individuals from within and outside of Johnson County. *Be The Change* helps homeless adults, most of whom have substance abuse issues, access services to meet their needs and address the underlying conditions of their homelessness. AHH provides transportation and housing, and a continuum of support including coordination of care. AHH's services include arranging detox or treatment, as well as facilitating the recovery/reintegration of previously homeless people upon their release from detoxification programs, hospitals, jails and mental health facilities. AHH works with the client and case workers, if assigned, and focuses on addressing alcohol/substance use, co-existing conditions and reintegration into the community. This may include arranging a transitional living placement, or providing temporary housing when admission to the next facility is delayed, and assistance with rent, medication, obtaining personal identification, and medical issues. Two AHH residential programs, Finnegan Place (apartments) and Bodhi House (respite), provide housing and wrap-around services. Residents attend AA/NA meetings and counseling sessions.

Outcomes achieved: AHH's assisted 206 individuals who were homeless and identified as Johnson County residents or were homeless in Johnson County, with progressing through substance use recovery and reintegration. AHH provided 5,315 nights of housing which 1) prevents the need for people to return to the streets when gaps in service develop, 2) supports and facilitates recovery by providing a clean and sober environment with peer support and access to services, and 3) reduces recidivism and negative interaction with law enforcement and the judicial system. Of clients who lived at Bodhi House or Finnegan Place and left the program, over 90 percent moved to other recovery programs, independent living or returned to families.

Boys and Girls Club of Greater Kansas City

Number of Johnson County Residents Served: 330 youth

Award: \$15,000

Description: In its Olathe Club, Boys and Girls Club implemented SMART Moves (Skill Mastery and Resistance Training) during after-school and summer programming for youth ages 5-18 (services for teens began in June). SMART Moves helps to prevent use of alcohol and drug use, as well as other risky behavior, through education and building of skills and techniques to recognize and resist media and peer pressure.

Outcomes achieved: As indicated by pre- and post-tests, 92 percent of program participants demonstrated an increase in knowledge of the dangers of alcohol and drug use. Ninety-two percent also increased their knowledge of the use of tools and strategies to resist peer pressure and media influence, 91 percent demonstrated an increase in knowledge about how to resolve conflict non-violently.

Cornerstones of Care

Number of Johnson County Residents Served: 70 (33 youth and 37 adults)

Award: \$60,000

Description: Cornerstones of Care provided *Functional Family Therapy* (FFT) to youth identified with a substance abuse issue, and their family members. FFT is an evidence-based 12-14 week in-home family intervention. Referrals for FFT were made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents. As of January 1, 2017, Gillis, Marillac, Ozanam, Spofford and associated agencies merged under the umbrella of Cornerstones of Care. Prior to the merger, Gillis received ATF support to provide FFT.

Outcomes achieved: Following the family's completion of *Functional Family Therapy*, all the youth and their parents who completing the Client Outcome Measure reported improved family relationships (reduced levels of conflict and improved communication). Of 30 youth who completed *Functional Family Therapy* during 2017, 83 percent had no subsequent charges related to drugs and/or alcohol from the Johnson County Office of District Attorney in 2018 (this outcome measurement considers charges that occurred one year after completion).

First Call Alcohol/Drug Prevention and Recovery

Number of Johnson County residents served: 2,432 (1,412 adults and 1,020 youth)

Award: \$30,000

Description: First Call's "Family Prevention Services in Johnson County" span from prevention to recovery support. *How to Cope* is a program for adults (parents/family members) which teaches them to identify enabling and co-dependency behaviors and assists families in abstinence and the recovery of their children (provided at Church of Resurrection and First Call's office). *Caring for Kids* is a program for youth that helps them understand the effects of substance use disorder in the family, and to develop healthy lifestyles (provided at Rushton Elementary School and First Call's office). Within Olathe School District, First Call provided sobriety groups and *Say It Straight*, an evidence-based curriculum that teaches youth conflict resolution and problem solving, including how to identify patterns that lead to risky or destructive behaviors. *Life Skills Training* was also held within Olathe School District and a Shawnee Mission District elementary school. *Life Skills Training* uses an evidence-based program and focuses on alcohol/drug use prevention/education, family systems, anger management and communication. First Call delivered presentations and/or participated in resource fairs with Shawnee Mission schools, Prairie Village Police Department, Village Presbyterian Church, Church of the Resurrection, the Speak Up Walk, and at Capital Federal Bank. Johnson County residents were also served through First Call's crisis call hotline, and assessment and treatment referrals.

Outcomes achieved: All the surveyed participants in *How to Cope* increased their knowledge of the harmful impact of alcohol, tobacco, and other drugs. Ninety-five percent of participants in *Caring for Kids* who completed the course reported an increase also. One-hundred thirty-one students across three schools participated in *Life Skills Training*. Overall, students' post-tests reflected nine percent growth in knowledge of harmful effects of drugs, alcohol, tobacco and other drugs.

Heartland Regional Alcohol and Drug Assessment Center

Number of Johnson County Residents Served: 98 adults

Award: \$152,128

Description: Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provided intensive case management services (ICM) to Johnson County adults who were homeless and had a substance use disorder and a co-occurring mental and/or physical health issue. Services focused on risk-reduction and stabilization, while also addressing individual goals around substance abuse and recovery, mental health services and housing.

Outcomes achieved: Eighty-two percent of clients obtained permanent or transitional housing. All ICM clients engaged in recovery activities after initiating intensive case management services. Those recovery activities included accessing substance abuse treatment (81 percent), accessing 12-Step or other recovery support groups (82 percent), engagement in *Recovery Oriented Systems of Care* with a recovery coach (94 percent), and Medication Assisted Treatment (32 percent). Of the ICM clients who had a mental health diagnosis, 83 percent engaged in mental health services and 95 percent accessed mental health medication.

Johnson County Court Services:
Juvenile Drug Court, Minor In Possession of Alcohol, and Drug Diversion

Number of Johnson County Residents Served: 566 youth

Award: \$141,377

Description: The Juvenile Drug Court targets first-time drug offenders seeking diversion who present with serious drug and alcohol issues. During the nine-month program, youth must obey the law and are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Drug Diversion includes other juvenile cases with drug/alcohol contracts that do not reach the higher level of drug court, nor the lower level of MIP. These cases are an Immediate Intervention which require participants to participate in drug and alcohol education classes, intervention (counseling), and/or completing random drug screens in addition to the requirements of the standard contract. Together the programs served 620 youth from within and outside of Johnson County. ATF support also enabled the Drug Court Supervisor to attend the National Association of Drug Court Professionals conference, and beginning in April funds were used to purchase gift cards as incentives for youth to successfully complete drug programs.

Outcomes achieved: Increase in motivation to remain drug free was measured by increase in school grades, involvement in pro-social activities, drug screens and parental feedback. The average semester GPA of a Drug Court client at the start of Drug Court was 2.7, and at the completion of Drug Court, the average semester GPA was 3.1. Surveys completed by parents indicated youths' increase in motivation in treatment and following court orders, and improved family relationships. Eighty-three percent of youths' drug screens were negative for all substances and 61 youth received incentives (\$10 gift card) for 90 days of clean drug screens and improved grades.

**Johnson County
Department of
Corrections:**
Voucher Assistance

Number of Johnson
County Residents
Served: 37 adults

Award: \$12,300

Description: Through vouchers, 78 adult offenders who faced financial barriers obtained substance abuse services (evaluation and/or treatment). Voucher assistance was provided to individuals in the Adult Residential Center (56 vouchers), under Intensive Supervision (27 vouchers), and on House Arrest or Bond Supervision (two vouchers). Evaluation and treatment services were provided by Court approved providers and providers who were working under contract at the Adult Residential Center.

Outcomes achieved: Of 85 vouchers approved, 55 percent (47) were for evaluation and 45 percent (38) were for treatment. Of 38 referrals for treatment, 31 were unduplicated. Of those 31, 17 successfully completed treatment, four were engaged in treatment at the time of their discharge from probation, and five were still engaged at year-end. Four of the 31 individuals were re-assessed with the LSI-R (Level of Service Inventory-Revised, an assessment given every 12 months). Two decreased their alcohol/drug domain score and one maintained the same score. The timeliness of connecting offenders to services is important. Ninety-eight percent of offenders referred for an evaluation, received it within 45 days of approval. Eighteen of 44 evaluations (three were approved and not paid out) recommended treatment. Eighty-three percent of treatment intake appointments were scheduled within 60 days of receiving the evaluation.

**Johnson County
District Attorney's
Office**

Number of Johnson
County Residents
Served: 28 adults

Award: \$7,250

Description: The District Attorney's Office served 49 individuals from within and outside of Johnson County, with the *Changing Lives Through Literature* program (CLTL). This alternative intervention program uses literature to impact the lives of criminal defendants who are under community supervision. The probation department specifically targets moderate-risk defendants with drug and alcohol histories for participation in CLTL. CLTL defendant participants, judges and probation officers read literature and participated in facilitated discussion which helped to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Components of Moral Reconciliation Therapy were incorporated into the program to help address criminal thinking. Prevention of substance abuse is a component of the program as discontinued use of alcohol and drugs often creates idle time and boredom. In addition to promoting behavior change and providing a support structure, the program provided clients with a pro-social activity and highly pro-social influences.

Outcomes achieved: Ninety-eight percent of participants had no new known arrests. Forty-four participants completed the program. Of those, 90 percent showed no use of drugs or alcohol during the year.

**Johnson County
Mental Health
Center: Prevention
Services**

Description: Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations (served total of 5,040 individuals from within and outside of Johnson County). Services included planning and hosting the *Youth Leadership Summit* (one-day summit which promotes good health and positive choices, including avoidance of alcohol and drugs), *Teen Task Force*

Number of Johnson County Residents Served: 4,880 (2,957 adults and 1,923 youth)

(dedicated to prevention of underage drinking, tobacco use, and other drug use), *Strengthening Families Program (SFP)*, facilitation of School Prevention Roundtable and webinars in months when Roundtable does not meet, prevention consultation with schools, and 79 presentations to schools, coalitions and other community organizations.

Award: \$100,000

Outcomes achieved: Nearly 100 percent of *Youth Leadership Summit* student participants indicated an increased level of knowledge and confidence in their abilities (participants included over 160 youth leaders and 40 advisors, presenting 26 schools from throughout Johnson County). As result of Summit, approximately 70 project activities will take place throughout the 2018-19 school year. During 2018 there were three webinars and three face-to-face meetings of the School Prevention Roundtable. All participants who completed an evaluation of the meetings, reported an increase in knowledge and awareness, and stated they would recommend the Roundtable to other school professionals. Participants in two of the *Strengthening Families* cohorts which graduated families, indicated an increase in knowledge and confidence as a result of being in the program (88 percent in Overland Park cohort and 100 percent in Gardner cohort). In addition to those cohorts, Prevention Services supported cohorts in Olathe and Lenexa.

Safehome, Inc.

Number of Johnson County Residents Served: 85

Award: \$25,570

Description: Safehome's *Substance Abuse Assessment and Referral Program* served 183 adults from within and outside of Johnson County. Safehome screened all new clients at admission for substance abuse issues. Those who were identified through the screening or because of substance use recognized during their shelter stay, were assessed with the Substance Abuse Subtle Screening Inventory (Adult SASSI-4) and referred to substance abuse programs. The Safehome therapist helped clients examine ways in which abstinence improves clarity of decision making, and to develop healthy coping mechanisms. ATF dollars also supported staff training, assistance to clients (such as transportation vouchers for travel to treatment), drug testing, bio waste disposal.

Outcomes achieved: All clients who were identified as abusing substances received an appropriate referral to substance abuse services and followed-up on the referral. All clients who responded to a questionnaire indicated the Safehome therapist helped them to understand their need for a referral, and they felt supported and respected.

The Family Conservancy

Number of Johnson County Residents Served: 747 (219 adults and 528 youth)

Description: Within its Prevention/Screening and Referral program, The Family Conservancy served 1,041 adults and youth from within and outside of Johnson County. The program includes two components: 1) *Conscious Discipline*, an evidence-based self-regulation program which integrates social-emotional learning and discipline, fostering healthy development to prevent future risk of substance abuse, and 2) substance abuse education and screening for all Johnson County clients served within the agency's counseling programs, and referral to treatment when applicable. For its initial screening process, Family Conservancy uses the *Screening, Brief*

Award: \$37,000

*Intervention and Referral to Treatment (SBIRT) model. Four child care centers participated in *Conscious Discipline* parenting classes. In addition, staff trainings and one-on-one staff coaching were held at two sites.*

Outcomes achieved: Among centers implementing *Conscious Discipline*, 98 percent of children showed an improvement by either increasing at least one protective factor or a decrease in problem behaviors. Eighty-one percent of parents who completed pre and post tests indicated an increase in positive parenting practices, and of teachers who received training, 85 percent increased use of positive guidance and prevention practices. Of clients who reported they had a family member with substance misuse problems, 82 percent increased knowledge or experienced an attitude change that supported the family's health. Of clients who had a substance misuse concern, 84 percent increased their knowledge of the harmful effects alcohol, tobacco and other drugs.

Education, Prevention and Intervention **Johnson County Public School Districts**

School Districts report outcomes and the number of individuals served by school year, instead of calendar year. This enables schools to better use their outcome data (compare school year to school year) and respond with program changes when needed. In order to be in synch with the ATF disbursement process, Districts' financial reports continue to be on a calendar year basis. Most of the following school district information is for School Year (SY) 2018 (ended in June 2018); although some of the described activities took place during the last six months of 2018.

Four of five school districts report on students' knowledge gained as a result of taking AlcoholEdu, an on-line program provided within high schools. AlcoholEdu's pre/post assessment of knowledge gain includes the following topics: "knowing the basics, knowing your influences, brain and body, smart decisions, and future ready."

Blue Valley School District

Number of Johnson County Residents Served SY 2018: 13,760 (949 adults and 12,811 youth)

Award: \$55,175

Description: ATF supported funding for 15 drug/alcohol prevention coordinators at nine middle schools and six high schools, and two district coordinators. Coordinators facilitated a community event, "Drug Trends in Adolescents in Johnson County," researched additional resources and tools to enhance school programming around vaping, updated resources aligned with *Project Alert*, and analyzed the district's results from Kansas Communities That Care (CTC) Survey. ATF also supported Sobriety Support Groups which are provided by Crossroads at five high schools and the Academy (46 students participated); *AlcoholEdu* (implemented in 10th grade at all high schools); *Reconnecting Youth* (RY); and, substance use screening/evaluation for students suspended for drug related offenses.

Outcomes achieved: In SY 2018 students who participated in *AlcoholEdu* took a pre- and post-assessment which indicated student knowledge increased by an average of 17 percent. Anecdotal comments from students who participated in the Sobriety Support groups and their parents were very positive. Results from the CTC Survey indicated an improvement in areas identified as important by the district (binge drinking, prescription drug use, students talking with parents about dangers of drug use). At least 21

students were recommended for substance use evaluations and six students received the evaluations through ATF support.

De Soto School District

Number of Johnson County Residents Served SY 2018: 18,201 (10,921 adults and 7,280 youth)

Award: \$21,584

Description: ATF supported De Soto School District’s coordinator for substance abuse programming, and implementation of two evidence-based programs - *Too Good for Drugs* (elementary and middle school students), and *AlcoholEdu* (high school); as well as high school prevention clubs. District students participated in age appropriate drug/alcohol prevention activities such as Red Ribbon/National Drug Awareness Week activities. All schools communicated with parents on a regular basis about substance use prevention and resources. Methods of communication included emails, flyers, newsletters, information table at parent-teacher conferences, access to *AlcoholEdu*, and *Too Good for Drugs* materials.

Outcomes achieved: The district achieved its goal that 100 percent of students would be exposed to prevention messages and parents would have an opportunity to learn more about prevention messages and resources. In SY 2018 freshman students who participated in *AlcoholEdu* took a pre- and post-assessment which indicated student knowledge increased by an average of 22 percent. The district reported that following exposure to substance abuse programs, students stated strategies for making good decisions, resisting peer pressure, and activities to help reduce stress (alternatives to substance use).

Olathe School District

Number of Johnson County Residents Served SY 2018: 9,704 (36 adults and 9,668 youth)

Award: \$59,078

Description: Within Olathe School District ATF funding supported implementation of *Second Step* in grades 6-8, sobriety support groups (high school), student substance abuse assessments, parent education through *Guiding Good Choices* (parents of students ages 9-13 who are identified by school), *Life Skills* (delivered in Project HOPE program), and *AlcoholEdu* (freshman).

Outcomes achieved: Results of *AlcoholEdu* pre- and post-assessments showed student knowledge about alcohol increased by an average of 25 percent. Students in *Life Skills* at Project HOPE increased knowledge and attitudes pertaining to substance use by 13 percent. Attendance at sobriety sessions increased especially at one high school. During SY 2018 approximately 100 alcohol/drug assessments were provided to students, and 19 were provided between July-December 31, 2018. Assessments led to counseling sessions and other interventions. The district reported the number of alcohol/tobacco and other drug incidents significantly declined during last six months of 2018 due in part to students making better decisions about vaping.

Shawnee Mission School District

Number of Johnson County Residents Served SY 2018:

Description: ATF supported the Shawnee Mission School District’s implementation of *AlcoholEdu*. The program is implemented in high school health class (all five high schools and Horizons).

Outcomes achieved: In SY 2018 students who participated in *AlcoholEdu* took a pre- and post-assessment which indicated student knowledge increased by an average of 17 percent. The district used the number of

1,888 (13 adults and 1,875 youth)
Award: \$27,000

discipline incidents which involved tobacco, alcohol and drugs as an indicator of the effectiveness of *AlcoholEdu* and other district prevention efforts. Total incidents involving alcohol increased slightly (from 34 in SY 2017 to 36 in SY 2018) and the number of incidents involving tobacco increased over 200 percent (from 51 in SY 2016 to 163 in SY 2018). In its ATF report, the district acknowledged it has “work to accomplish moving forward regarding the abuse of alcohol, drug and tobacco possession/use.” To help reduce vaping among students, in November 2018 the district implemented ASPIRE, a free vaping and tobacco awareness program developed by M.D. Anderson Cancer Center.

Spring Hill School District

Number of Johnson County Residents Served SY 2018: 2,591 (168 adults and 2,423 youth)

Award: \$22,560

Description: ATF funding supported four evidence-based programs *Project Alert* (middle school), *Al’s Pals: Kids Making Health Choices* (all kindergarten classes), *AlcoholEdu* (high school), and *Peer Assistance Leadership* (PAL), a peer-helping program with structured curriculum. Additionally, ATF helped support *Students Against Destructive Decisions* (SADD – high school) and a Mental Health Social Worker.

Outcomes achieved: In SY 2018 all freshman completed *AlcoholEdu*, however, the survey which measures knowledge gain and other outcomes was not given due to a technical issue with EverFi, the company that provides the program. The district positively impacted students’ lives through services provided by the Mental Health Social Worker. The social worker provided evaluation, referral and counseling. During SY 2018, the Social Worker met with 39 middle school students and 41 high school students. Fourteen middle school students and 20 high school students were dealing with substance abuse issues (themselves or family members). Many students were referred to outside therapy to further reduce their risk of future substance abuse, or to counseling or treatment for substance abuse or dual diagnosis. Students involved in PAL report alcohol and drug use are a high concern.

Gardner Edgerton School District did not apply for a 2018 ATF grant.

Treatment and Recovery

Friends of Recovery Association

Number of Johnson County Residents Served: 399

Award: \$50,000

Description: Friends of Recovery Association’s (FORA) Oxford Houses are autonomous, democratically run, transitional homes for individuals maintaining sobriety. Friends of Recovery provided reintegration programming and case management for individuals living in Oxford Houses, and trained Oxford House alumni and residents as recovery coaches who worked with newly-recovering residents. FORA also served individuals recently released from incarceration by providing short term housing and help from recovery coaches as those individuals sought employment and applied for standard admission to Oxford House. FORA served 1,303 adults from within and outside of Johnson County.

Outcomes achieved: There are 37 Oxford Houses in Johnson County, one of which opened in 2018 (for seven men). Compared to 2016, in 2018 the rate of relapse decreased (from 53 percent to 35 percent) and rate of successful

reintegration increased (from 47 percent to 61 percent). FORA attributes the success to more personnel, continuing new member orientations that include trauma-informed care, and workshops given by alumni.

**Johnson County
Mental Health
Center: Adolescent
Center for
Treatment (ACT)**

Number of Johnson
County Residents
Served: 46 youth

Award: \$253,510

Description: The Adolescent Center for Treatment is a 30-bed adolescent residential substance use treatment program for youth ages 12-18. The average length of stay in 2018 was 21 days. ACT served 242 youth from within and outside of Johnson County. Approximately 50 percent of youth at ACT had legal involvement before entering the program (diversion, probation, community corrections and Kansas Department of Corrections custody). Youth received a bio-psychosocial assessment at the time of admission and participated weekly in over 40 hours of therapeutic activities (individual and/or group counseling, addiction education, nicotine cessation, recovery skills, relapse prevention, anger management, and more). Families were encouraged to participate in bi-weekly education or counseling groups and weekend parent education groups.

Outcomes achieved: Seventy-three percent of clients admitted to ACT remained in treatment for the recommended amount of time (21 days for first-time admissions and 14 days for re-admissions). Fifty-seven percent of all clients' families participated in at least two sessions of family counseling. On client satisfaction surveys at discharge, the program received an average rating of 4.3 on a 5-point scale (rates program quality and staff performance). In its ATF report, ACT stated it continues to experience consequences of changes in Kansas law as a negative impact on census and "fewer youth are taken into custody and those who are referred to treatment face few to no consequences for failing to complete treatment."

**Johnson County
Mental Health
Center: Adult
Detoxification Unit
(ADU)**

Number of Johnson
County Residents
Served: 411 adults

Award: \$268,581

Description: The Adult Detoxification Unit is a non-medical, social detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions come through hospitals, law enforcement and Rainbow Services, Inc. (RSI). RSI provides a sobering unit, which is a three to six-hour stay. The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment was completed on each client and clients were closely monitored throughout their stay (average of 3 days), including monitoring for potential medical complications. ADU served 1,122 adults from within and outside of Johnson County. In 2018 ADU implemented *Positive Behavior Supports* and observed positive changes in clients as a result. Staff worked with clients to develop a discharge/recovery plan and made arrangements for ongoing support and treatment.

Outcomes achieved. Ninety percent of clients successfully completed detoxification as evidenced by remaining in detox until staff recommended discharge. Of all clients, not just those who successfully completed detox, 74 percent had a written discharge plan that documented a referral for ongoing services. Reasons for not receiving a plan include leaving against staff advice, transfer to hospital, and refusal of further treatment. On satisfaction surveys of six areas of program quality and staff performance, the average rating was 4.7 on a 5-point scale.

**Johnson County
Mental Health
Center: Adult Dual
Diagnosis
Outpatient Program**

Number of Johnson
County Residents
Served: 270

Award: \$165,000

Description: The Adult Dual Diagnosis Outpatient Program (ADDOP) provided integrated treatment services to adults with co-occurring substance abuse and mental health disorders. The program included one to eight hours of weekly group or individual counseling over three to six months. Counseling sessions focused on alcohol/drug education, recovery and relapse-prevention skills, as well as helping clients understand and manage mental health issues that complicate recovery. The case manager conducted a strengths-based assessment with clients to help reduce barriers related to recovery, such as obtaining medication and education/employment. The *Medication Assisted Treatment (MAT) Program* within ADDOP is in its third year and served 46 clients. The average length of time on MAT is approximately four months. Two-hundred seventy-seven adults from within and outside of Johnson County were served.

Outcomes achieved. Eighty-seven percent of all clients with dual-diagnosis remained alcohol/drug free while participating in the program, and 87 percent of MAT participants remained abstinent free during the program. Sixty-three percent of all clients completed at least eight hours of treatment before discharge. Ninety-seven percent of clients did not incur new legal charges while participating in treatment.

KidsTLC

Number of Johnson
County Residents
Served: 35 youth

Award: \$46,315

Description: Substance abuse screening/assessment, evaluation, prevention/education and clinical treatment were provided to youth ages 12-18 in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). In 2018 KidsTLC introduced an additional assessment tool, the CRAFFT-N which allows staff to more efficiently screen for substance abuse. Clinical treatment was available to youth who were dually diagnosed with a substance use disorder and mental health issues. KidsTLC utilized *Seeking Safety*, an evidence-based treatment program, in individual and group therapy. *Positive Action Prevention and Education* curriculum was used with all youth. KidsTLC served 182 youth from within and outside of Johnson County.

Outcomes achieved: At discharge, youth reported overall improvement due to services received. Indicators of this outcome were: 83 percent of youth were at least "somewhat confident that things will improve in their life regarding substance abuse;" 89 percent reported having a good or very good outlook at time of discharge, compared to 27 percent as admission; and, 72 percent of youth who had a planned discharge and a comparative score on the Ohio Scales (measures outcomes for youth who receive mental health services) at admission and discharge reported a decrease in problem severity. At discharge, 96 percent of youth with a planned discharge had at least one community support follow-up recommended (community supports help sustain recovery); two of three youth who left the program without a community follow-up left with an unplanned discharge. Of youth with comparative Ohio scales, 65 percent increased hopefulness and 77 percent increased functioning.

KVC Behavioral HealthCare

Number of Johnson County Residents Served: 30 (24 adults and 6 youth)

Award: \$70,000*

Description: KVC’s Family Substance Abuse Recovery Services was a new pilot program in 2018, serving Johnson County families who had children removed from their home (e.g. children were in foster care) and assessed by KVC case managers, or referred by Kansas Department of Children and Families (DCF). During the family assessment, if there was indication of substance abuse, there was a referral to KVC’s Licensed Addiction Counselor (LAC) for the KS Client Placement Criteria (KCPC) to be administered. If need for treatment was determined as result of the KCPC, families willing to participate were provided outpatient in-home treatment which used *Seeking Safety* as the treatment model. Other options included referring families to local support groups, and in-patient therapy. KVC encountered unexpected barriers which resulted in start-up delays and lag in participation. Individuals referred to the program during the first 30 days of being in the child welfare system, often refused services (emotions ran high, denial was common). Therefore, KVC turned its focus to individuals who were further along in the child welfare process and appeared to be ready to participate in assessment and treatment. As a result, program engagement increased.

Outcomes Achieved: All families coming into the program were contacted and offered an intake appointment within 10 days of the referral. All the outpatient services and therapy sessions were completed in the clients’ home. KVC anticipated that 80 percent of discharged families would report an increase in striving to improve family relations through lifestyle changes, however no clients were discharged from treatment during 2018. As the client base grows and successfully completes and discharges from the program, KVC will conduct follow-up sessions to determine if that outcome is achieved.

**Note: Start-up delays resulted in unexpended grant funds (approximately 50 percent of 2018 allocation). The DAC approved KVC’s request to carry-over unexpended funds into 2019. The carry-over funds plus KVC’s 2019 ATF allocation result in KVC receiving an amount equal to 70 percent of its 2019 ATF request.*

Lorraine’s House

Number of Johnson County Residents Served: 74

Award: \$16,644

Description: Founded in 2016, Lorraine’s House is a 23-bed structured transitional living program for women recovering from addiction. Lorraine’s House provides three sober living homes in Johnson County (located in Overland Park, Lenexa and Olathe). Upon arrival, most residents are unemployed and homeless; transitioning from residential treatment, incarceration, unhealthy living environments or detox. Residents are expected to follow house rules, pay rent, be employed (or actively seeking employment), remain abstinent, and participate in recovery-oriented groups.

Outcomes Achieved: Stable housing and employment are key factors in support of recovery. Seventy percent of residents maintained stable housing in Lorraine’s House or successfully transitioned to housing in the community. Approximately 30 percent of residents were employed at admission, and upon program completion, 85 percent were employed. At the end of 2018, all residents were engaged in community recovery groups and a large percentage of residents were either seeking or had obtained a sponsor.

Mirror

Number of Johnson
County Residents
Served: 120

Award: \$176,000

Description: Mirror provided residential substance abuse treatment services to 267 clients from within and outside of Johnson County who had co-occurring disorders of substance use and mental illness, and who met requirements for state block grant funding, but faced significant time on a waiting list for services under that funding stream. Located in Shawnee, this program addresses the needs of clients who fall below 200 percent of poverty and cannot access services in a timely manner due to limited state block grant funding. The dual focus of substance abuse counseling and integration of substance abuse issues and mental health needs was accomplished through an individualized treatment plan, and establishing and coordinating mental health services. Support was provided to address legal, housing, health, and employment issues that were a barrier to recovery.

Outcomes achieved: Of clients who were discharged, 77 percent were compliant with discharge recommendations. Those recommendations included continued mental health care, substance abuse aftercare, stable housing and use of support systems. Based upon a questionnaire, clients' confidence level in handling high risk situations that could lead to substance use increased from 55 percent at admission to 80 percent at discharge. The cumulative average that clients entering the co-occurring disorder (COD) program spent on a waiting list was 12 days, compared to an average wait list time of 37 days for clients funded by the state block grant. Mirror's experience is that the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening is available.

**Preferred Family
Healthcare, Inc.**

Number of Johnson
County Residents
Served: 672 (576
adults and 96 youth)

Award: \$125,000

Description: Preferred Family Healthcare provided outpatient treatment services to 797 adults and youth from within and outside of Johnson County. Treatment services included outpatient individual, group and family counseling. One of only a few treatment providers approved in 2018 by District Court in Johnson County, Preferred Family Healthcare maintains a fee policy that ensures no one is turned away due to inability to pay fees. During 2018 all clients who were not receiving funding through Senate Bill 6 (DUI offenses) or Medicaid, paid a reduced fee for services and of those 33 percent paid no fee.

Outcomes achieved: Eighty-six percent of clients who were randomly tested while in treatment, tested negative for substance use. Eight-one percent of clients who were not disabled or retired reported they were employed or involved in educational activities. Seventy percent of clients successfully completed treatment.

2018 Drug and Alcoholism Council of Johnson County

Jennifer Granger, Chair, Science Applications International Corporation (SAIC) - US Department of Agriculture Risk Management Agency*

Chief David Brown, Vice-Chair, Fairway Police Department, City of Lenexa Representative*

Jen Jordan-Spence, Secretary, City of Gardner, City of Gardner Representative*

Honorable Jenifer Ashford, 10th Judicial District Court ♦

Captain Troy Duvanel, Merriam Police Department, City of Merriam Representative*

Nikki Green, Shawnee Mission Medical Center *

Jill Grube, City of Lenexa, City of Shawnee Representative

Brad Hart, Health Forward Foundation

Martha Lapietra, M.D., IPC- The Hospitalist Company

Cathy Lawless, Community Volunteer, City of Leawood Representative*

Emily Meissen-Sebelius, Children's Mercy Hospital, City of Prairie Village Representative*

Jaime Murphy, Overland Park Municipal Court Services, City of Overland Park Representative*

Christina O'Neil, O'Neil on Barkley

Christine Oliver, Shawnee Mission School District ♦

Major Daryl Reece, Johnson County Sheriff's Office

Liana Riesinger, Francis Family Foundation, City of Mission Representative*

Kevin Schutte, Pastor, Pathway Community Church, Johnson County Board of County Commissioners Representative*

Jill Vincente, City of Olathe Prosecutor's Office, City of Olathe Representative*

Charlene Whitney, Community Volunteer ♦

* Denotes 2018 ATF Grant Review Committee member

♦ Denotes non-voting member

2017 Drug and Alcoholism Council Members on 2018 ATF Grant Review Committees

Wendy Biggs, M.D., University of Kansas Medical Center

Ryan Erker, Erker Law

Jessica Hembree, Health Care Foundation of Greater Kansas City (now dba Health Forward Foundation)

Marcy Knight, Attorney, City of Shawnee Representative

Staff Support: Marya Schott, UCS Director of Resource Allocation

2018 Alcohol Tax Fund Funding Priorities*

By legislative mandate, ATF dollars must be used to fund programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.” KSA §79-41a04 (as amended).

Overall priority is given to:

1. Programs that offer affordable and accessible services to underserved individuals and/or populations at-risk (such as those with low incomes; those involved, or at-risk of involvement, in the child welfare or criminal justice systems).
2. Programs that provide services to meet a current community need (defined through indicator data or Communities That Care survey trends).
3. Programs that address barriers to services such as accessibility, language, culture, and homelessness.
4. Programs that demonstrate an awareness of the role of trauma in prevention and treatment of substance use.
5. Programs that utilize evidence-based programs or promising practices; include quality assurance practices to maintain fidelity; and, use measurable outcome information to improve service delivery.
6. Strategies and services that involve families, parents, guardians, and/or other support systems.

Priority for Education and Prevention Programs include:

1. Strategies that seek to delay onset of first use of substances.
2. Programs that target use of gateway drugs and address new trends in drug use across all age groups.
3. Programs that utilize *Risk and Protective Factors* strategies.

Priority for Treatment and Intervention Programs include:

1. Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
2. Programs that serve targeted populations with early intervention strategies.
3. Programs that collaborate with other organizations, the legal system, and/or community-based recovery services during and after treatment in order to sustain treatment and recovery, and provide linkage to community supports.

* *Numbering of priorities does not indicate one is more important than another.*