



Alcohol Tax Fund
A Collaborative City/County Partnership
Managed by the Drug & Alcoholism Council of Johnson County,
a program of United Community Services of Johnson County, Inc.

2020 Year-End Report

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), a program of United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to allocate Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statute.

The Alcohol Tax Fund (ATF) is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, **and must be used for programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.”** KSA §79-41a04 (as amended)

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and nine cities (Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is comprised of individuals with professional and/or personal interest in alcohol and other drug issues and may include representatives from education, law enforcement, health, city, and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction. 2020 DAC members are listed on page 15. UCS provides staff support to the DAC and facilitates quarterly meetings with the ATF funded agencies focusing on collaboration, emerging issues and treatment, and best practices.

In 2020, 24 programs received allocations of \$2,082,724 to support programs and services for local residents. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees’ year-end reports, well over 49,000 Johnson County residents participated in programs or received services supported, in part, by ATF allocations. The following summary describes how these funds were used. 2020 ATF funding priorities are listed on page 16.

The UCS board of directors, the DAC, funded programs, and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For additional information, contact Julie Brewer, UCS Executive Director, 913.438.4764, julieb@ucsjoco.org.

2020 Funding	
Johnson County Government	\$153,671
9 Cities	2,033,553
Total Dollars	\$2,187,224
UCS Administration	<u>-\$104,500</u>
Grant Awards	\$2,082,724

Alcohol Tax Fund 2020 Year-End Report

Education, Prevention and Intervention Community-Based Programs

Artists Helping the Homeless (AHH)

Johnson County residents served: **159 adults through 7,551 support services and nights of housing**

Award: \$35,000

Description: AHH assists homeless adults address alcohol and substance use issues by providing supportive services tailored to the needs of the individual. Two levels of support are available: intervention and reintegration. AHH staff meet with individuals referred by hospitals, detox, law enforcement and other agencies to develop a discharge or recovery plan for those who otherwise may return to the street. AHH is unique in filling gaps with transportation, interim housing and help with admission requirements to other agencies. When housing gaps develop, AHH often fills that gap. Bodhi House, AHH's respite residence, is often the first step in AHH's reintegration program. Monitored 24/7, Bodhi residents have access to AHH's full array of services including AA/NA meetings, counseling, legal assistance, job training and educational programs, as well as community service, social reintegration, and physical fitness activities. As residents gain independence, they may continue to build resources and peer support at AHH's apartment building, Finnegan Place. The goal of this residential program is for residents to recover, reintegrate, and thrive in the community. In 2020 to address pandemic protocols that reduced safety net capacity and delayed admissions, AHH opened additional housing to allow clients without COVID a place to shelter and recover while working with AHH staff to secure longer term placements. In addition, education and job training were expanded in 2020 to include Skilled KC programs. **AHH served 1,583 individuals in and outside of Johnson County in 2020 with 24,731 support services and nights of housing.**

Outcomes achieved: AHH's provided housing and other intervention and recovery services to 159 individuals who were dealing with alcohol and substance use, and who were homeless and identified as Johnson County residents or were homeless in Johnson County. AHH clients had an 85.4% retention/successful discharge rate for clients who participated in the reintegration program. Fewer individuals were served in 2020 than AHH had anticipated, however units of service per individual increased. AHH attributes this to challenges related to COVID-19. Referral sources such as detox/treatment facilities, jails, courts, and other agencies temporarily closed due to COVID-19, and upon reopening, restricted capacity; as a result, AHH expanded its housing offerings. Local governments experienced savings as none of AHH Johnson County clients required interaction with law enforcement or hospital visits.

Boys and Girls Club of Greater Kansas City

80 program sessions provided to **310 Johnson County youth**

Description: In its Olathe Club, Boys and Girls Club implemented SMART Moves (Skill Mastery and Resistance Training) during after-school and summer programming for youth 5-18 years-old. SMART Moves helps to prevent use of alcohol and drug use, as well as other risky behavior, through education and building of skills and techniques to recognize and resist media and peer pressure. Program sessions last sixty to ninety minutes.

Outcomes achieved: As indicated by pre and post-tests, 94.5% of program participants demonstrated an increase in knowledge of the dangers of alcohol and drug use. 93% of

Award: \$15,000

participants also increased their knowledge of the use of tools and strategies to resist peer pressure and media influence and 93.8% demonstrated an increase in knowledge about how to resolve conflict non-violently.

Cornerstones of Care

98 (45 youth and 53 adults) Johnson County residents engaged in 378 client encounters

Award: \$75,000

Description: Cornerstones of Care provided *Functional Family Therapy* (FFT) to youth 11 to 17 years-old who identified with a substance abuse issue, and their family members. FFT is an evidence-based 12-14-week in-home family intervention. Referrals for FFT were made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents.

Outcomes achieved: To reduce COVID-19 exposure risks for associates, stakeholders, and clients, minimize the spread of COVID-19, and comply with the Centers for Disease Control’s social distancing guidelines, Cornerstones of Care opted to utilize Zoom, a HIPAA compliant tool, to facilitate telehealth and provide ongoing supports and services. However, working via telehealth made it more difficult to obtain closing assessments for those participating in FFT. All youth and parents completing a closing assessment reported improved family relationships as evidenced by reduced levels of conflict and improved communication. In addition, approximately 66% of youth who completed Functional Family Therapy during 2020 had no subsequent charges related to drugs and/or alcohol.

First Call Alcohol/Drug Prevention and Recovery

361 (247 adults and 114 youth) Johnson County residents received 1,677 hours of support

Award: \$68,000

Description: First Call delivers Family Prevention Services in 12 Johnson County sites, and to Johnson County residents at First Call. Services include the How to Cope program at First Call; Caring for Kids program at First Call and Rushton Elementary; a sobriety group at Olathe South High School; Life Skills Training at two Olathe High Schools, Olathe Schools Project Hope, and three Shawnee Mission District elementary schools and one middle school; Say It Straight (SIS) at Olathe Schools Project Choices, and Olathe Youth Court. The How to Cope program helps adult family members who are living with someone who has a substance use disorder. Children and adolescents in the Caring for Kids program attend psycho-educational groups which teach them about the effects of substance abuse disorder in the family and help them to regain a healthy lifestyle. In 2020, First Call moved all service delivery into a remote model, continuing as many services as possible in a virtual format. Services for adults transitioned into a virtual model more effectively than those for children; due to school closures, groups within schools and other child-based organizations discontinued.

Outcomes achieved: The overall goal is that participants lead safe, healthy lives and avoid substance use, misuse, and addiction. How to Cope moved to virtual service delivery in March 2020 and continues virtually for the foreseeable future. Throughout the entire year, 98% of How to Cope participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. During this same period, 94% of Caring for Kids participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. There were 7 sites for LifeSkills Training Program in Johnson County in 2020. Of those seven groups, three of them completed the LifeSkills Training Program, others did

not due to Covid-19. Of the students that completed groups in 2020, the average increase was 18% over their baseline score, in knowledge and positive attitude related to protective life skills and the harmful effects of drugs, alcohol, tobacco and other drugs.

Heartland Regional Alcohol and Drug Assessment Center

Johnson County Residents Served:
127 adults

Award: \$159,734

Description: Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provides intensive case management services (ICM) to Johnson County adults who were homeless and had a substance use disorder and a co-occurring mental and/or physical health issue. Services focus on risk-reduction and stabilization, while also addressing individual goals around substance abuse and recovery, mental health services and housing.

Outcomes achieved: During 2020, 85% of ICM clients obtained transitional or permanent housing while receiving services with: 15% obtaining transitional, and 70% obtaining permanent housing. 93% of ICM clients actively worked on recovery issues. 66% accessed substance abuse treatment, 73% attended 12 step and other recovery groups, and 68% engaged in Recovery-Oriented Systems of Care (ROSC) activities with a Recovery Coach. Additionally, 15 individuals are accessing Medication Assisted Treatment (MAT). HRADAC clients also increased engagement with recommended mental health services with an additional 30% engaged in mental health services, for a total of 80% of clients accessing mental health services, since they began ICM.

Johnson County Court Services/District Attorney: Juvenile Drug Court, Minor In Possession of Alcohol, and Drug and Alcohol Diversion

Johnson County Residents Served:
641 youth

Award: \$160,000

Description: The Juvenile Drug Court serves first-time drug offenders seeking diversion who present with serious drug and alcohol issues. Youth are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Drug and Alcohol Diversion includes other juvenile cases with drug/alcohol contracts that do not reach the higher level of drug court, or the lower level of MIP. These cases are an Immediate Intervention which require participants to participate in drug and alcohol education classes, intervention (counseling), and/or completing random drug screens in addition to the requirements of the standard contract. ATF funds provide for the Drug Court/Drug Diversion Officer, and MIP/Drug Diversion Officer. The Officers monitor each participant's outpatient drug and alcohol counseling, participation in Drug and Alcohol classes, completion of random drug screens, completion of community service, and adherence to all Diversion guidelines. **The program served 724 individuals in 2020 within and outside of Johnson County.**

Outcomes achieved: Increase in motivation to remain drug free was measured by improvement in school grades, involvement in pro-social activities, drug screens and parental feedback. The average semester GPA of a Drug Court client at the start of Drug Court was 2.8, and at the completion of Drug Court, the average semester GPA

was 3.2. Surveys completed by parents indicated youths' increase in motivation in treatment and following court orders, and improved family relationships from an average of 3.6 on a 5-point scale at commencement of the program to a 4.6 upon program completion. 83% of youths' drug screens were negative for all substances.

**Johnson County
Department of
Corrections:**
Voucher Assistance

Johnson County
Residents Served:
**35 adults through
66 vouchers for
assessment or
treatment.**

Award: \$15,725*

Description: Through vouchers, 38 adult offenders who faced financial barriers obtained substance abuse services (evaluation and/or treatment). Voucher assistance was provided to individuals in the Adult Residential Center and those who were under Intensive Supervision. In 2019 the court-approved provider list was disbanded across the County and offenders could seek services from any licensed provider. In 2020, referrals were reduced due to court closures in response to COVID.

*\$8,450 of 2020 program funds will be utilized for this program in 2021.

Outcomes achieved: Fifty-one vouchers were approved (some individuals received assistance more than one time); 41% were for evaluation and 59% were for treatment. 86% of offenders referred for an evaluation completed their evaluation within 30 days of the voucher request being approved. Of referrals for evaluation, 10 individuals were recommended for substance abuse treatment. 70% of those individuals commenced treatment within 60 days of the completion substance abuse evaluation.

**Johnson County
Department of
Corrections:**
**Changing Lives
Through Literature**

7 Johnson County
residents engaged in
98 hours of class
time

Award: \$7,250*

Description: The Department of Corrections served 13 individuals from within and outside of Johnson County, with the *Changing Lives Through Literature* program (CLTL) in 2020. This alternative intervention program uses literature to impact the lives of moderate-risk criminal defendants who frequently have histories of drug and/or alcohol use and are under court-ordered supervision (probation) or contracts of diversion. CLTL defendant participants, judges and probation officers read literature and participate in facilitated discussion which helps to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Prevention of substance abuse is a component of the program as discontinued use of alcohol and drugs often creates idle time and boredom. In addition to gaining insight into their own lives and behavior, which promotes change, the program provides a support structure and a pro-social activity with respected individuals.

*This program requested to utilize \$5,753.86 in 2020 funding to support the same program in 2021; sessions will be conducted in-person and virtually during 2021.

Outcomes achieved: Typically, this program is held at local libraries and the Therapeutic Community within the Adult Residential Center; however, with the closure of libraries and health risks of program leaders, this program only graduated one class of participants through a combination of in-person and email engagement. 100% of participants had no new known arrests. 85% of participants completed the program and 77% tested negative for alcohol and drug use in 2020.

**Johnson County
Mental Health**

Description: Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations to a total of

Center: Prevention Services

Johnson County Residents Served: **8,447 (1,296 adults and 7,151 youth)**

>285 presentations

>369,000 social media impressions

Award: \$170,000

8,657 individuals from within and outside of Johnson County. Services were provided primarily through virtual platforms in 2020 due to the pandemic and included webinars for the School Prevention Roundtable, planning and facilitation of 285 presentations to youth and adults related to substance use, supporting *Teen Task Force* (dedicated to prevention of underage drinking, tobacco use, and other drug use) members in implementing projects such as the RESIST Take Down Tobacco Day, National Drug and Alcohol Facts Week, SAMHSA National Prevention Week, and Stress Less Fests (vaping prevention), and the 2020 Kansas Youth Community Change Conference. *End the Trend* campaign, which uses social media for public service announcements about vaping, continued through presentations with middle and high school students as well as school district nurses. To support clients during the pandemic, Prevention Services provided their *Strengthening Families* program and *Youth Leadership Summit* on online platforms with downloadable toolkits.

In 2020, funding for EverFi's AlcoholEdu, an online prevention program used in all school districts, was consolidated within the grant for Prevention Services, resulting in a substantial savings to school districts and expanded access to EverFi's Mental Health Basics program, including AlcoholEdu, Vaping prevention, and Prescription Drug safety. Each district reports its own outcomes and service numbers related to AlcoholEdu, while Prevention Services reports on the district-wide knowledge gains related to AlcoholEdu.

Outcomes achieved: Students participating in *AlcoholEdu* across all Johnson County schools demonstrated an average increase of 14.6% across all learning modules. Participants in the virtual *Youth Leadership Summit* utilized mini-grants to implement substance use prevention projects: Blue Valley, Chisholm Trail, Harmony, Olathe Northwest, and Westridge Middle designed postcards focused on self-care and substance abuse prevention and sent them to all students; Olathe Teen Council organized a community-wide virtual 5k to raise awareness of substance abuse and its connection to mental health; Olathe East's "Be the Voice" student organization is designed and is painting a mural. The *End the Trend* campaign received 369,805 impressions across social media platforms (Facebook, Instagram, and Snapchat); more than triple the influence of 2019.

Safehome, Inc.

Johnson County Residents Served: **48 adults** through **213 hours** of services

Award: \$24,424*

Description: Safehome's Substance Abuse Assessment and Referral Program served 128 adults from within and outside of Johnson County. This program for shelter residents includes on-site substance abuse assessment (informal and SASSI-4, if applicable), education, in-depth assessment as needed (provided by Heartland RADAC), clinical therapy sessions that address substance abuse issues, and referrals as needed to intervention or treatment programs, with help making connection to services. To preserve client safety during the pandemic, Safehome eliminated room-sharing between non-household members; this resulted in a drop in shelter bed capacity from 60 to 28.

*Safehome had \$3,142 in funds unspent in 2020, which will be utilized in 2021 for approved programs.

Outcomes achieved: All clients who had a current concern or active substance abuse issue were provided with at least two community resources by the Shelter Therapist. 80% clients who completed the SASSI-4 were referred to a community resource by the Shelter Therapist. 87% of clients agreed or strongly agreed that the Shelter Therapist helped them identify at least 3 healthy coping strategies that they could use instead of unhealthy coping strategies. Additionally, 90% of clients reviewed healthy coping strategies while working with the Shelter Therapist. 100% of shelter clients who met with the Shelter Therapist indicated that they felt supported. Additionally, 90% of clients indicated the service was helpful while working with the Shelter Therapist.

**The Family
Conservancy**

Johnson County
Residents Served:
**478 (221 adults and
257 youth) through
12,223 hours of
services**

Award: \$40,000

Description: Within its Prevention/Screening and Referral program, The Family Conservancy served 761 adults and youth from within and outside of Johnson County for a total of 15,573 hours of service. The program includes two components: 1) substance abuse education and screening for all Johnson County clients served within the agency's counseling programs, and referral to treatment when applicable, and 2) *Conscious Discipline*, an evidence-based self-regulation program which integrates social-emotional learning and discipline, fostering healthy development to prevent future risk of substance abuse. In 2020, The Family Conservancy piloted the use of the Global Appraisal of Individual Needs (GAIN) Short Screener Substance Dependence subscreen (SDScr 3) as a substance use outcome measure in 2020 to determine its effectiveness. This five-question assessment was utilized as a pre-test before any education or intervention took place in therapy, and it was administered at the conclusion of services as a post-test to determine if symptom endorsement decreased. Due to the COVID-19 pandemic, in mid-March 2020, Outpatient Mental Health services were transitioned to telehealth via phone and Zoom sessions.

Outcomes achieved: Of clients who reported they had a family member with substance misuse problems, 99% increased knowledge or experienced an attitude change that supported the family's health. Of clients who had a substance misuse concern, 95% increased their knowledge of the harmful effects of alcohol, tobacco, and other drugs. 90% of closed cases successfully completed their full counseling treatment plan. 82% of individuals participating in Conscious Discipline programming showed improvement in at least four of the seven Powers/Beliefs (perception, attention, unity, free will, acceptance, love, and intention), and 95% indicated that they successfully applied five or more of the 10 positive impacts or successful applications of strategies learned through Conscious Discipline.

**Education, Prevention and Intervention
Johnson County Public School Districts**

School Districts report outcomes and the number of individuals served by school year, instead of calendar year. This enables schools to better use their outcome data (compare school year to school year) and respond with program changes when needed. In order to be in sync with the ATF disbursement process, Districts' financial reports continue to be on a calendar year basis. Most of the following school district information is for School Year (SY) 2020 (ended in June 2020); although some of the described activities took place during

the last six months of 2020 (first semester of SY 2021). **Due to the ongoing nature of school programming, schools do not track units of service.**

In 2020, funding for EverFi's AlcoholEdu, an online prevention program used in all school districts, was consolidated within the grant for Prevention Services, resulting in a substantial savings to school districts and expanded access to EverFi's Mental Health Basics program, including AlcoholEdu, Vaping prevention, and Prescription Drug safety. Prevention Services reports on district-wide knowledge gains related to AlcoholEdu, while each school district reports on number of students utilizing EverFi's programs and report students' knowledge gained as a result of taking AlcoholEdu. AlcoholEdu's pre/post assessment of knowledge gain includes the following topics: "knowing the basics, knowing your influences, brain and body, smart decisions, and future ready."

Blue Valley School District

Johnson County
Residents Served:
12,759 (521 adults and 12,238 youth)

Award: \$32,146*

Description: ATF supported funding for 15 drug/alcohol prevention coordinators at nine middle schools and six high schools, and two district coordinators, as well as substitute teachers for coordinators to meet at least quarterly. Services provided by the coordinators impact students in all middle school and high school buildings. Coordinators worked hard to support students in virtual learning including supporting use of *AlcoholEdu* in five high schools and Prescription Drug Safety in three high schools. ATF also supported Sobriety Support Groups which were provided by Crossroads virtually in the spring and then services provided through FirstCall in the fall of 2020; FirstCall is supported separately by ATF for this purpose, resulting in savings for the school district. Blue Valley also utilizes the Gale Cengage Health and Wellbeing Database, and substance use screening/evaluation for students suspended for drug related offenses. The Gale Cengage database is available on school library websites for middle and high school students, teachers, and families. It includes reference articles and videos on drugs, alcohol, and substance use. During 2020, coordinators completed a short documentary with an individual who began drug use in middle school, continued into high school, entered rehab, and wanted to share his story to encourage students to avoid substance abuse and seek help; this documentary will be utilized in 2021 with 8th graders.
*Due to school closures, Blue Valley was not able to complete all programming and will utilize \$12,000 of designated funds for approved programs in 2021.

Outcomes achieved: In SY 2020 students who participated in *AlcoholEdu* took a pre-and post-assessment which indicated student knowledge increased by an average of 20%. After completing *AlcoholEdu* training, 87% of students reported being prepared to avoid driving in a car with someone who had been drinking and 84% were prepared to make a plan in advance to make responsible decisions about drinking. To respond to the need to address vaping, Blue Valley will add vaping programming in SY 2020-21. Due to school closures, sobriety groups shifted to a virtual model in the spring; 54 students received services through these groups and 9 students received referrals for substance abuse evaluations.

De Soto School District

Johnson County
Residents Served:
18,242 (11,378

Description: ATF supported De Soto School District's coordinator for substance abuse programming, partial funding for district social worker who worked with students on issues of substance abuse, parent information events about substance abuse prevention including vaping, and implementation of two evidence-based programs - *Too Good for Drugs* (elementary and middle school students), and *AlcoholEdu* (high school); as well as high school prevention clubs which continued to focus on coping skills and alternative activities. District students participated in age-appropriate

adults and 7,584 youth)

Award: \$16,079

drug/alcohol prevention activities such as Red Ribbon/National Drug Awareness Week activities. All students and parents were provided information about substance use prevention and intervention. Methods of communication included emails, flyers, newsletters, information table at parent-teacher conferences, and parent information nights.

Outcomes achieved: The district achieved its goal of exposing all students to prevention messages and that parents would have an opportunity to learn more about prevention and resources. Elementary and middle school students engaged in Too Good For Drugs. 534 ninth graders participated in *AlcoholEdu*. Pre- and post-assessments indicate student knowledge increased by an average of 18% in the category of “Know Your Influence” which covers myths about alcohol and advertising’s influence on attitudes and behavior. At the high school level, 30% of social worker caseloads are related to substance abuse; the 66 students engaging with social workers report understanding the need to develop coping mechanisms and understand family dynamics related to addiction and that information supported choices to avoid substance abuse.

Olathe School District

Johnson County Residents Served: 1,556 (5 adults and 1,551 youth)

Award: \$9,440*

Description: Within Olathe School District, ATF supported sobriety support groups (high school), student substance abuse assessments, parent education through *Guiding Good Choices*, which is made available in both English and Spanish and offered to parents of students ages 9-13, *Life Skills* (delivered in alternative education program for grades 8-12), and *AlcoholEdu* (1,486 freshman).

*Due to school closures, Olathe was not able to complete all programming and will utilize designated funds for approved programs in 2021.

Outcomes achieved: In SY 2020, 1,486 students participated in *AlcoholEdu* and reflected a knowledge increases across all metrics: “Know Your Influence,” “Brain and Body”, and “Smart Decisions”. After completion, 83% of students indicated that *AlcoholEdu* prepared them to stop a friend from driving drunk. In the Kansas Communities that Care survey, Olathe students continue to show a downward trend in alcohol usage in the past 30 days (from 18.53% in 2017 to 12.62% in 2019). Olathe’s 2021 goal is to break the 12% barrier through continued implementation of *AlcoholEdu*. During SY 2020, 16 alcohol/drug assessments were provided to students; this number is substantially down from SY 2019 due to the virtual learning setting implemented in spring of 2020.

Shawnee Mission School District

Johnson County Residents Served: 1,802 (15 adults and 1,787 youth)

Award: \$0*

Description: ATF supported the Shawnee Mission School District’s implementation of *AlcoholEdu*. The program is implemented in high school health class (all five high schools and Horizons alternative school).

Outcomes achieved: In SY 2020, 1,192 students participated in *AlcoholEdu*. Pre- and post-assessments indicated that over 80% of students reported *AlcoholEdu* prepared them to avoid riding in a vehicle by someone who had been drinking; stop a friend from driving drunk; resist social pressure to drink; and establish a plan to make responsible decisions about drinking. Students also demonstrated knowledge gains across all metrics of the *AlcoholEdu* program.

*Shawnee Mission did not request funds beyond those allocated for EverFi's *AlcoholEdu* programming through Johnson County Mental Health Prevention Program.

Spring Hill School District

Johnson County Residents Served: **2,751 (202 adults and 2,549 youth)**

Award: \$16,060

Description: ATF funding supported three evidence-based programs - Project *Alert* (middle school), *Al's Pals: Kids Making Health Choices* (all kindergarten classes), and *Peer Assistance and Leadership* (PAL- high school), a peer-helping program with structured curriculum. ATF helped support the Mental Health Social Worker and *Students Against Destructive Decisions* (SADD – high school). The district also provided *AlcoholEdu*, which is provided through Johnson County Mental Health Center's Prevention Program and supported by ATF funding.

Outcomes achieved: In SY 2020, 205 students engaged in *AlcoholEdu*; pre- and post-assessments indicated knowledge gains across all metrics. PALS students received training about how to handle tough situations, including peer pressure to use drugs and alcohol, and when it is appropriate to involve adults in dealing with an issue. Despite only being in in-person classes in January and February of 2020, PALS students worked with over 800 students, including 110 who reported being impacted by substance abuse. The district also positively impacted students' lives through services provided by the Mental Health Social Worker who provided evaluation, referral, and counseling. During SY 2020, the social worker met with 56 students in middle and high school; 38% of middle school students and 65% of high school students reported being impacted by substance abuse (themselves, family members or both). When appropriate, students were referred to outside therapy to further reduce their risk of future substance abuse or to counseling or treatment for substance abuse

Gardner Edgerton School District did not apply for a 2020 ATF grant.

Treatment and Recovery

Friends of Recovery Association

Johnson County Residents Served: **882 (784 adults and 98 youth)** through **2,755 hours** of case management and services

Award: \$60,000

Description: Friends of Recovery Association's (FORA) Oxford Houses are autonomous, democratically run, transitional homes for individuals maintaining sobriety. FORA provides reintegration programming and case management for individuals living in Oxford Houses, and trains Oxford House alumni and residents as recovery coaches who work with new recovering residents. FORA also serves individuals recently released from incarceration by providing short term housing and help from recovery coaches as those individuals seek employment and apply for standard admission to Oxford House. **In 2020, FORA served 3,438 adults from within and outside of Johnson County.**

Outcomes achieved: There are 40 Oxford Houses in Johnson County, with two new houses opening in 2020. 248 Oxford House members left in good standing in 2020. The number of individuals that relapsed and were evicted from Oxford House is 148. 62.6% successfully transitioned out of Oxford House in 2020 and 37.3% relapsed. This is a 12% increase from the 50% success rate in 2019. The number of Kansas Oxford House with Narcan training and doses is increasing; 80% of the Johnson County Oxford houses have at least one dose of Narcan.

**Johnson County
Mental Health
Center: Adolescent
Center for
Treatment (ACT)**

Johnson County
Residents Served:
34 youth through
878 bed days with
supporting services

Award: \$321,373

Description: The Adolescent Center for Treatment is an adolescent residential substance use treatment program for youth 12-18 years old. The average length of stay in 2020 was 23 days. **ACT served 121 youth from within and outside of Johnson County for a total of 3,031 bed days** with support from ATF (for Johnson County youth); government fees, contracts, and grants; program service fees and third-party payments. Youth received a bio-psychosocial assessment at the time of admission and participated weekly in over 50 hours of therapeutic activities (individual and/or group counseling, addiction education, nicotine cessation, recovery skills, relapse prevention, anger management, and more). Families were encouraged to participate in bi-weekly education or counseling groups and weekend parent education groups. ACT continued to admit patients throughout the pandemic, but moved to single bedroom occupancy, which limited capacity. ACT moved to a location with fewer beds in August of 2020, which will reduce capacity in 2021. However, a new dual diagnosis outpatient treatment program for adolescents began at the end of 2020.

Outcomes achieved: In 2020, 86% of first time admits remained in treatment for at least 21 days. 96% of re-admits remained in treatment for at least 14 days. 88% of all clients at ACT remained in treatment for the prescribed length of time for 2020 with 90% of all clients receiving a successful discharge. The average client satisfactions score was 4.3 out of 5.

**Johnson County
Mental Health
Center: Adult
Detoxification Unit
(ADU)**

Johnson County
Residents Served:
222 adults through
729 bed days with
supporting services

Award: \$289,922

Description: The Adult Detoxification Unit is a non-medical, social detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions primarily come through hospitals, law enforcement and Rainbow Services, Inc. (RSI). RSI provides a sobering unit, which is a three to six-hour stay. Close collaboration and referral efforts continue with RSI and meetings were held between RSI and ADU to support successful client transition and review outcomes of shared clients. The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment is completed on each client and clients are closely monitored throughout their stay (average of three days), including monitoring for potential medical complications. **ADU served 542 adults from within and outside of Johnson County for a total of 1,739 bed days.** Staff worked with clients to develop a discharge/recovery plan and made arrangements for ongoing support and treatment. Due to impacts of COVID-19, available beds went from 14 to four.

Outcomes achieved. In 2020, 83% of clients remained in the facility until staff recommended discharge. 96% of clients leaving ADU left with a recovery plan upon discharge; those leaving without a recovery plan were given standard discharge instructions. 83% of discharged clients completed a satisfaction survey. On satisfaction surveys of six areas of program quality and staff performance, the average rating was 4.66 on a 5-point scale.

**Johnson County
Mental Health
Center: Dual**

Description: The Dual Diagnosis Outpatient Program (DDOP) provided integrated treatment services to **483 adults within and outside of Johnson County with co-occurring substance abuse and mental health disorders.** The program included one to eight hours of weekly group or individual counseling. Counseling sessions focused

**Diagnosis
Outpatient Program**

Johnson County
Residents Served:
**488 (464 adults, 24
youth)** through
4,890 clinical hours
of service

Award: \$165,000

on alcohol/drug education, recovery and relapse-prevention skills, as well as helping clients understand and manage mental health issues that complicate recovery. Counseling groups have been placed on hold due to COVID-19, services being provided since mid- March are individual only by Zoom or phone with in-person services being limited to clients in crisis as needed. The Adolescent Outpatient Addiction Services program began taking clients in September. **That team, consisting of a clinician and two case managers served 24 Johnson County youth in 2020.** The team offers group and individual sessions and provide 1-8 hours of services each week, depending on client need. The partnership with the Johnson County Juvenile Drug Court enables case managers to attend bi-weekly drug court meetings and accept new referrals.

Outcomes achieved. 82% of adults and 21% of youth* remained alcohol/drug free while participating in the program (*future data collection will indicate whether this increases over time; this new outpatient program only had data for the last quarter of 2020). 60% of all adult clients received at least 8 hours of treatment and 81% of youth received at least 6 hours of treatment. 97.2% of clients did not occur new legal charges in 2020.

KidsTLC

Johnson County
Residents Served:
23 youth through
**642 clinical and
education hours**

Award: \$46,571

Description: Substance abuse screening/assessment, evaluation, prevention/ education and clinical treatment were provided to youth 12-18 years old in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). Clinical treatment was available to youth who were dually diagnosed with a substance use disorder and mental health issues. KidsTLC utilized *Seeking Safety*, an evidence-based treatment program, in individual and group therapy. KidsTLC also began utilizing eye movement desensitization and reprocessing (EMDR) therapy, Dialectical Behavior Therapy for clients who struggle with emotional dysregulation and Cognitive Behavior Therapy for clients who utilize marijuana only. *Positive Action Prevention and Education* curriculum was used with all youth. **KidsTLC served 100 youth from within and outside of Johnson County in 2020 for a total of 2,044 hours of clinical services with a substance abuse therapist and education hours with a therapeutic staff member.**

Outcomes achieved: Youth remained abstinent from drugs and alcohol; 91% of youth receiving *Seeking Safety* services remained abstinent as determined by clean urinalysis after returning from a pass outside with parent/guardian. At discharge, youth reported overall improvement due to services received in KidsTLC; specifically, 100% of youth were somewhat or very confident that things will improve in their life regarding substance abuse and 100% demonstrated an improved outlook at time of discharge (measured by self-assessment of change between admission and discharge). 67% of youth assessed at the Relapse Prevention and the Seek Safety substance abuse level, self-reported maintenance, or a decrease in problem severity between admission and discharge.

**KVC Behavioral
HealthCare**

Johnson County
Residents Served:

Description: KVC's Family Substance Abuse Recovery Services began as a pilot program in 2018, serving Johnson County families who had children removed from their home (e.g. children were in foster care) and assessed by KVC case managers, or referred by Kansas Department of Children and Families (DCF). During the family assessment, if there is indication of substance abuse, a referral is made for the KS

118 (86 adults and 32 youth) received 227 hours of treatment and service

Award: \$35,000

Client Placement Criteria (KCPC) to be administered. If need for treatment is determined as result of the KCPC, families willing to participate are provided outpatient in-home treatment which uses *Seeking Safety* as the treatment model. Other options included referring families to local support groups, and in-patient therapy. In 2019 program engagement increased and additional financial support through the state foster care grant allowed the program to grow and increase stability. State funds support both in-home and in-office based assessment and treatment in a wider catchment area. In 2020, KVC added the Alcohol Smoking Substance Screening Test assessment to help monitor treatment goals and quality of life improvements. KVC moved to primarily telehealth engagement and saw similar engagement levels of clients through telehealth along with an increase of referrals in the second half of the year.

Outcomes Achieved: All families coming into the program were contacted and 96% had completed an intake/assessment within 10 days of the referral. After their last appointment, clients engaged in KVC's substance use disorder treatment program were asked to respond to a survey/assessment that included the AWARE assessment. The AWARE is an evidence-based tool which asks respondents questions related to risk factors connected to relapse and measures probability of relapse. All KVC clients who took the assessment fell in the 11% average range. Having a low probability of relapse indicates family/support connections and overall higher levels of stability and quality of life. According to National Institute on Drug Abuse (2018), relapse rates for substance-use disorders is approximately 40-60%.

Lorraine's House

Johnson County
Residents Served:
57 adults through
7,752 nights of shelter

Award: \$25,000

Description: Founded in 2016, Lorraine's House is a structured transitional living program for women recovering from addiction. Lorraine's House provides two sober living homes in Johnson County (located in Overland Park and Olathe). Upon arrival, most residents are unemployed and homeless, transitioning from residential treatment, incarceration, unhealthy living environments or detox. Residents are expected to follow house rules, pay rent, be employed (or actively seeking employment or on disability), remain abstinent, and participate in recovery-oriented groups. During 2020, the average length of stay was 99 days.

Outcomes Achieved: Stable housing, employment, and participation in a recovery community are important factors in support of recovery. 84% percent of residents complied with Lorraine's House requirement to attend a minimum of three recovery-oriented meetings weekly; meetings were offered virtually due to the pandemic. 89% of residents were employed (11% disabled) within 6 weeks of entering sober living. 52% of residents successfully completed the program as reflected by their sobriety and maintaining employment and ability to support themselves upon leaving the house.

Mirror

Johnson County
Residents Served:
179 adults through

Description: Mirror provided residential substance abuse treatment services to **344 clients from within and outside of Johnson County who had co-occurring disorders (COD) of substance use and mental illness**. Located in Shawnee, ATF support of this program addresses the needs of Johnson County clients who fall below 200% of poverty and cannot access services in a timely manner due to limited state block grant funding. The dual focus of substance abuse counseling and integration of

4,604 days of service
Award: \$176,000

substance abuse issues and mental health needs was accomplished through individualized treatment plans and establishing and coordinating mental health services. Support was provided to address legal, housing, health, and employment issues that were a barrier to recovery. In 2020, referrals and demand for services increased and Mirror was able to continue residential treatment during the pandemic.

Outcomes achieved: 61% of clients who completed the program followed through with recommendations for continued mental health care, substance abuse aftercare, stable housing and use of support systems. 60% of COD clients were successfully discharged; this is a decrease from other years and is attributed to some clients leaving due to concerns about the pandemic. Clients reported improved confidence level in handling high risk situations that could lead to substance use from 56.75% at admission to 84.87% at discharge; a 67% increase in client confidence. The cumulative average of days that Johnson County clients entering the co-occurring disorder (COD) program spent on a waiting list was 12.8 days, compared to an average wait list time of 30 days for clients funded by the state block grant or other funding streams. Mirror’s experience is that the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening is available.

Preferred Family Healthcare, Inc.
395 (313 adults and 82 youth) Johnson County residents engaged in 9,291 hours of treatment services
Award: \$120,000

Description: Preferred Family Healthcare provided outpatient treatment services to 506 adults and youth from within and outside of Johnson County. Treatment services includes outpatient individual, group, and family counseling. Preferred Family Healthcare maintains a fee policy that ensures no one is turned away due to inability to pay fees. During 2020 all clients who were not funded through Senate Bill 6 (DUI offenses) or Medicaid, paid a reduced fee for services. Of those, 60% paid no fee for services; this is a 52% increase from 2019, attributed to the impacts of the global pandemic on income.

Outcomes achieved: Nearly 88% of clients who were randomly tested while in treatment, tested negative for substance use. 91% of clients who were not disabled or retired reported they were employed or involved in educational activities. 76% of clients successfully completed treatment.

2020 Drug and Alcoholism Council of Johnson County

Chief David Brown, Chair, Fairway Police Department, City of Lenexa Representative
Liana Riesinger, Vice-Chair, Francis Family Foundation, City of Mission Representative
Jill Grube, City of Lenexa, City of Shawnee Representative
Afam Akamelu, Community Volunteer
Jason Bohn, Renew Counseling Center
Honorable Jenifer Ashford, 10th Judicial District Court ♦
Michelle Decker, Olathe Prosecutor's Office, City of Olathe Representative
Allie Dickinson, Johnson County Government ♦
Captain Troy Duvanel, Merriam Police Department, City of Merriam Representative
Brad Hart, Health Forward Foundation
Jen Jordan-Spence, City of Gardner, City of Gardner Representative
Stefanie Kelley, Shawnee Mission School District, City of Leawood Representative ♦
Martha LaPietra, M.D., IPC- The Hospitalist Company
Piper Reimer, Prairie Village Councilperson, City of Prairie Village Representative
Sharon Morris, Olathe School District ♦
Jaime Murphy, Overland Park Municipal Court Services, City of Overland Park Representative
Major Daryl Reece, Johnson County Sheriff's Office
Kevin Schutte, Pastor, Pathway Community Church, Johnson County Board of County Commissioners Representative
Catherine Triplett, Boothe Walsh Law and Mediation
Charlene Whitney, Community Volunteer

♦ Denotes non-voting member

Staff Support: Christina Ashie Guidry, UCS Director of Resource Allocation

2020 Alcohol Tax Fund Funding Priorities

Numbering of priorities does not indicate one is more important than another.

By state statute, an identified portion of Alcohol Tax Fund (ATF) dollars must be used to fund programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.” KSA §79-41a04 (as amended).

For the purpose of this application, these programs are generally defined as follows:

- Education and Prevention programs are designed to promote awareness and self-efficacy, and provide information, activities, and skill building to prevent problems with, or addiction to, alcohol and/or drugs.
- Intervention programs are designed to interrupt alcohol and/or drug use, and may include activities applied during early stages of drug use which encompass preventing the transition from drug use to abuse.
- Substance Abuse Treatment programs are licensed by the State of Kansas to provide substance abuse treatment services and are designed to assist clients with stopping use of alcohol and drugs and avoiding relapse.

Overall priority is given to:

1. Programs that target populations who are at-risk for substance use or abuse such as individuals who have mental health issues, individuals who are homeless and/or have other co-occurring issues, and individuals involved in the child welfare or criminal justice system.
2. Programs that address barriers to service including hours of operation, transportation, lack of care for children of parents seeking services, and physical location.
3. If fees are charged for services, there are accommodations for those clients with no ability, or limited ability, to pay the fees (such as a sliding fee scale based upon income).
4. Programs that demonstrate competency in addressing language and cultural barriers, and provide bi-lingual services in high demand languages, such as Spanish.
5. Programs that provide services to meet a current community need (defined through indicator data or *Kansas Communities That Care* survey trends).
6. Programs that demonstrate an awareness of the role of trauma in prevention and treatment of substance use and utilize a trauma informed care approach in delivery of services.
7. Programs that are evidence-based or reflect a best or promising practice, and include measures to ensure fidelity.
8. Programs that utilize measurable outcome data to improve service delivery.
9. Strategies and services that involve families, parents, guardians, and/or other support systems.
10. Programs that demonstrate through service delivery, competency in addressing the interrelationship between substance use/abuse and other risk factors as defined above in priority number one.

Priorities for Education and Prevention Programs include:

1. Strategies that seek to delay onset of first use of substances.
2. Programs that target use of gateway drugs and address new trends in drug use across all age groups.
3. Programs that utilize *Risk and Protective Factors* strategies.

Priorities for Treatment and Intervention Programs include:

1. Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
2. Programs that serve targeted populations with early intervention strategies.
3. Programs that collaborate with other organizations and sectors, and provide linkage to community supports.
4. Programs that incorporate Recovery Oriented Systems of Care (ROSC) which sustain and support recovery, including but not limited to providing peer support, housing, case management, and/or to linkages to recovery communities and activities.