



Alcohol Tax Fund
A Collaborative City/County Partnership
Managed by the Drug & Alcoholism Council of Johnson County,
a program of United Community Services of Johnson County

2019 Year-End Report

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), a program of United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to allocate Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statute.

The Alcohol Tax Fund (ATF) is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, **and must be used for programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.”**

KSA §79-41a04 (as amended)

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and nine cities (Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is comprised of individuals with professional and/or personal interest in alcohol and other drug issues and may include representatives from education, law enforcement, health, city and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction. 2019 DAC members are listed on page 14. UCS provides staff support to the DAC and facilitates quarterly meetings with the ATF funded agencies focusing on collaboration, emerging issues and treatment, and best practices.

In 2019, 25 programs received allocations of \$2,023,712 to support programs and services for local residents. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees’ year-end reports, nearly 49,000 Johnson County residents participated in programs or received services supported, in part, by ATF allocations. The following summary describes how these funds were used. 2019 ATF funding priorities are listed on page 15.

The UCS board of directors, the DAC, funded programs and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For additional information, contact Julie Brewer, UCS Executive Director, 913.438.4764, julieb@ucsjoco.org.

2019 Funding	
Johnson County Government	\$138,852
9 Cities	1,983,860
Total Dollars	\$2,122,712
UCS Administration	<u>-\$99,000</u>
Grant Awards	\$2,023,712



Alcohol Tax Fund 2019 Year-End Report

Education, Prevention and Intervention Community-Based Programs

Artists Helping the Homeless (AHH)

Number of Johnson County residents served: 195

Award: \$25,000

Description: Artists Helping the Homeless (AHH) assists homeless adults address alcohol and substance use issues by providing supportive services tailored to the needs of the individual. Two levels of support are available, intervention and reintegration. AHH staff meet with individuals referred by hospitals, detox, law enforcement and other agencies to assess needs as the initial step in developing a discharge or recovery plan for those who otherwise may return to the street. If treatment is needed, staff identify programs, help arrange admission, and transport clients with a warm hand-off to assure may services begin. Staff follow-up when appropriate to further assist clients as they progress from agency to agency, fostering communication, coordination and client engagement. AHH's respite residence (Bodhi House) is often the first step in AHH's reintegration program. Monitored 24/7, Bodhi residents have access to AHH's full array of services including AA/NA meetings, counseling, legal assistance, job training and educational programs, as well as community service, social reintegration and physical fitness activities. As residents gain independence, they may continue to build resources and peer support at AHH's apartment building, Finnegan Place. The goal of this residential program is for residents to recover, reintegrate and thrive in the community. During 2019 AHH added more staff in order to replicate the program in Douglas County and served 1,993 individuals from within and outside of Johnson County.

Outcomes achieved: AHH's provided housing and other intervention and recovery services to 195 individuals who were dealing with alcohol and substance use, and who were homeless and identified as Johnson County residents or were homeless in Johnson County. Fewer individuals were served in 2019 than AHH had anticipated, however units of service per individual increased. AHH attributes this to clients who face more complex challenges, leading AHH to provide a wider array of services over a longer period. Clients reported substantial reduction in use of substances, interaction with law enforcement (none for residents) and hospital admissions. AHH exceeded its goal of an 85% retention/successful discharge rate for clients who participated in the reintegration program.

Boys and Girls Club of Greater Kansas City

Number of Johnson County Residents Served: 348 youth

Award: \$15,000

Description: In its Olathe Club, Boys and Girls Club implemented SMART Moves (Skill Mastery and Resistance Training) during after-school and summer programming for youth 5-18 years-old. SMART Moves helps to prevent use of alcohol and drug use, as well as other risky behavior, through education and building of skills and techniques to recognize and resist media and peer pressure.

Outcomes achieved: As indicated by pre and post-tests, 91% of program participants demonstrated an increase in knowledge of the dangers of alcohol and drug use. Ninety percent also increased their knowledge of the use of tools and strategies to

resist peer pressure and media influence, 89% demonstrated an increase in knowledge about how to resolve conflict non-violently.

Cornerstones of Care

Number of Johnson County Residents Served: 97 (52 youth and 45 adults)

Award: \$60,000

Description: Cornerstones of Care provided *Functional Family Therapy* (FFT) to youth 11 to 17 years-old who identified with a substance abuse issue, and their family members. FFT is an evidence-based 12-14-week in-home family intervention. Referrals for FFT were made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents.

Outcomes achieved: Following the family's completion of *Functional Family Therapy*, all youth and their parents who completed the Client Outcome Measure reported improved family relationships (reduced levels of conflict and improved communication). Nearly 90% of youth who completed *Functional Family Therapy* during 2018 had no subsequent charges related to drugs and/or alcohol; this outcome measurement considers charges that occurred one year after completion and source of information is 10th Judicial District Courts public records.

First Call Alcohol/Drug Prevention and Recovery

Number of Johnson County residents served: 1,469 (880 adults and 589 youth)

Award: \$65,000

Description: First Call's "Family Prevention Services in Johnson County" span from prevention to recovery support. *How to Cope* is a program for adults impacted by a loved one's substance use (provided at First Call's office). *Caring for Kids* is a program for youth that helps them understand the effects of substance use disorder in the family, and to develop healthy lifestyles (provided at Rushton Elementary School). Within Olathe School District, First Call provided sobriety groups and *Say It Straight*, an evidence-based curriculum that teaches youth conflict resolution and problem solving, including how to identify patterns that lead to risky or destructive behaviors. *Life Skills Training* was also held at nine elementary, middle and high schools within Olathe and Shawnee Mission School Districts. *Life Skills Training* uses an evidence-based program and focuses on alcohol/drug use prevention/education, family systems, anger management and communication. First Call delivered presentations and/or participated in resource fairs with Shawnee Mission and Blue Valley schools, Church of the Resurrection, the SpeakUp Walk, and Johnson County Mental Health Center. Johnson County residents were also served through First Call's clinical services which include crisis calls, recovery advocacy, assessments and treatment referrals.

Outcomes achieved: The overall goal is that participants lead safe, healthy lives and avoid substance use, misuse and addiction. Nearly 96% of surveyed participants in *How to Cope* increased their knowledge of the harmful impact of alcohol, tobacco, and other drugs. Nearly 91% of participants in *Caring for Kids* who completed the course also reported an increase. Students' increase in knowledge gained through participation in *Life Skills Training* is measured through pre and post-test comparison. Those students demonstrated a 12% increase in knowledge and positive attitude related to protective life skills and the harmful effects of drugs, alcohol, tobacco and other drugs.

Heartland Regional Alcohol and Drug Assessment Center

Number of Johnson County Residents Served: 134 adults

Award: \$159,734

Description: Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provides intensive case management services (ICM) to Johnson County adults who were homeless and had a substance use disorder and a co-occurring mental and/or physical health issue. Services focus on risk-reduction and stabilization, while also addressing individual goals around substance abuse and recovery, mental health services and housing.

Outcomes achieved: Seventy-eight percent of clients obtained permanent or transitional housing. Ninety-six percent of ICM clients engaged in recovery activities after initiating intensive case management services. Those recovery activities included accessing substance abuse treatment (72%), accessing 12-Step or other recovery support groups (75%), and engagement in *Recovery Oriented Systems of Care* with a recovery coach (77%). Additionally, 26 individuals accessed Medication Assisted Treatment. Of the ICM clients who had a mental health diagnosis, 58% were accessing mental health services when they began services, and 80% accessed mental health services after they began ICM.

Johnson County Court Services:

Juvenile Drug Court, Minor In Possession of Alcohol, and Drug and Alcohol Diversion

Number of Johnson County Residents Served: 533 youth

Award: \$141,377

Description: The Juvenile Drug Court serves first-time drug offenders seeking diversion who present with serious drug and alcohol issues. Youth are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Drug and Alcohol Diversion includes other juvenile cases with drug/alcohol contracts that do not reach the higher level of drug court, or the lower level of MIP. These cases are an Immediate Intervention which require participants to participate in drug and alcohol education classes, intervention (counseling), and/or completing random drug screens in addition to the requirements of the standard contract. In 2019 an administrative order directed Courts to no longer maintain a list of approved substance abuse providers; clients were able to seek treatment from any licensed provider. During the first six months of 2019, ATF funds were used to purchase gift cards as incentives for youth to successfully complete drug programs. This was discontinued due to lack of funds.

Outcomes achieved: Increase in motivation to remain drug free was measured by improvement in school grades, involvement in pro-social activities, drug screens and parental feedback. The average semester GPA of a Drug Court client at the start of Drug Court was 2.8, and at the completion of Drug Court, the average semester GPA was 3.1. Surveys completed by parents indicated youths' increase in motivation in treatment and following court orders, and improved family relationships. Eighty-three percent of youths' drug screens were negative for all substances. During first six months 42 youth received an incentive (\$10 gift card) for achieving a milestone such as 90 days of clean drug screens and improved grades.

**Johnson County
Department of
Corrections:**
Voucher Assistance

Number of Johnson
County Residents
Served: 33 adults

Award: \$12,300

Description: Through vouchers, 58 adult offenders who faced financial barriers obtained substance abuse services (evaluation and/or treatment). Voucher assistance was provided to individuals in the Adult Residential Center and those who were under Intensive Supervision. In 2019 the court-approved provider list was disbanded across the County and offenders could seek services from any licensed provider.

Outcomes achieved: Seventy-eight vouchers were approved (some individuals received assistance more than one time); 42% (33) were for evaluation and 58% (45) were for treatment. Ninety-four percent of offenders referred for an evaluation, received it within 30 days of approval (average was approximately 12 days). Of referrals for evaluation, 17 resulted in recommendations that could be facilitated immediately; 11 of 17 individuals received a treatment intake appointment within 60 days of receiving an evaluation. During 2019, 43 individuals became actively engaged in treatment; 13 were pending completion at the end of 2019; 25 had successfully completed treatment, and 5 were unsuccessfully released from treatment.

**Johnson County
Department of
Corrections:
Changing Lives
Through Literature**

Number of Johnson
County Residents
Served: 29 adults

Award: \$7,250

Description: The Department of Corrections served 38 individuals from within and outside of Johnson County, with the *Changing Lives Through Literature* program (CLTL). The program was held at local libraries and the Therapeutic Community within the Adult Residential Center. This alternative intervention program uses literature to impact the lives of moderate-risk criminal defendants who frequently have histories of drug and/or alcohol use and are under court-ordered supervision (probation) or contracts of diversion. CLTL defendant participants, judges and probation officers read literature and participate in facilitated discussion which helps to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Prevention of substance abuse is a component of the program as discontinued use of alcohol and drugs often creates idle time and boredom. In addition to gaining insight into their own lives and behavior, which promotes change, the program provides a support structure and a pro-social activity with respected individuals.

Outcomes achieved: Ninety-seven percent of participants had no new known arrests. Thirty-two participants completed the program. Of those, 81% tested negative for alcohol or drug use.

**Johnson County
Mental Health
Center: Prevention
Services**

Number of Johnson
County Residents
Served: 4,868

Description: Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations (served total of 4,936 individuals from within and outside of Johnson County). Services included planning and hosting the *Youth Leadership Summit* (one-day summit which promotes good health and positive choices, including avoidance of alcohol and drugs), *Teen Task Force* (dedicated to prevention of underage drinking, tobacco use, and other drug use), *Strengthening Families Program* (a prevention program for parents and children in high-risk families) facilitation of School Prevention Roundtable (webinars and in-person meetings), prevention consultation with

(1,561 adults and 3,307 youth)

Award: \$120,000

schools, and 237 presentations to adults and youth, including schools, first-responders, coalitions and other community organizations. The *End the Trend* campaign, which uses social media for public service announcements about vaping, secured five more years of hosting and continued to implement media campaigns on popular platforms with youth.

Outcomes achieved: Nearly 98% of middle-school students and 87% of high-school students who attended the *August Youth Leadership Summit* indicated an increased level of knowledge and confidence in their abilities. Participants included over 147 youth leaders and 48 advisors, representing 28 schools from throughout Johnson County. As result of Summit, approximately 56 project activities are anticipated throughout the 2019-2020 school year. During 2019 there were 13 meetings and trainings held under auspices of the School Prevention Roundtable in order to enhance schools' best practices in prevention. All participants who completed a survey agreed they had utilized knowledge gained from the Roundtable within the school setting and that being a member of the Roundtable was beneficial to their work within the school. Through the Roundtable and Greenbush (the Southeast Kansas Education Service Center), technical assistance was provided to districts that helped increase the participation rate of students taking the Kansas Communities That Care Student Survey from 36.8% in 2018 to 48.2% in 2019. Eighty-seven percent of participants in the *Strengthening Families* cohorts indicated an increase in knowledge and confidence as a result of being in the program. The *End the Trend* campaign received nearly 120,000 impressions across social media platforms (Facebook, Instagram and Snapchat).

Safehome, Inc.

Number of Johnson County Residents Served: 65

Award: \$24,301

Description: Safehome's *Substance Abuse Assessment and Referral Program* served 162 adults from within and outside of Johnson County. Safehome screened all new clients at admission for substance abuse issues. Those who were identified through the screening or because of substance use recognized during their shelter stay, were assessed with the Substance Abuse Subtle Screening Inventory (Adult SASSI-4) and referred to substance abuse programs. The Safehome therapist helped clients examine ways in which abstinence improves clarity of decision making, and to develop healthy coping mechanisms. ATF dollars also supported staff training, assistance to clients (such as transportation vouchers for travel to treatment), drug testing, and bio waste disposal.

Outcomes achieved: All clients who were identified as abusing substances received two referrals to substance abuse services. Of the clients whom Safehome was able to follow-up, 96% reported they had followed through with the referral and of those who connected with a resource, 89% reported the resource was helpful and realistic to use. Ninety-five percent of clients who responded to a questionnaire indicated they felt supported by Safehome therapist and 84% indicated the therapist helped them identify at least three healthy coping strategies they could use in place of unhealthy coping strategies.

The Family Conservancy

Number of Johnson County Residents Served: 478 (221 adults and 257 youth)

Award: \$40,000

Description: Within its Prevention/Screening and Referral program, The Family Conservancy served 759 adults and youth from within and outside of Johnson County. The program includes two components: 1) *Conscious Discipline*, an evidence-based self-regulation program which integrates social-emotional learning and discipline, fostering healthy development to prevent future risk of substance abuse, and 2) substance abuse education and screening for all Johnson County clients served within the agency’s counseling programs, and referral to treatment when applicable. For its initial screening process, Family Conservancy uses the *Screening, Brief Intervention and Referral to Treatment (SBIRT)* model. Four childcare centers participated in *Conscious Discipline* parenting classes, including a site within the Shawnee Mission (SM) District that invited participants from three programs (SM Parents As Teachers, SM Early Education Center, and Little Horizons). In addition, staff trainings and one-on-one staff coaching were provided.

Outcomes achieved: Ninety-four percent of parents and teachers who participated in Conscious Discipline programming showed an increase in positive child guidance mindset. Eighty-two percent showed improvement in at least four of the seven Powers/Beliefs (perception, attention, unity, free will, acceptance, love and intention), and 85% indicated utilization of five or more of the 10 positive impacts or successful applications of strategies learned. Of clients who reported they had a family member with substance misuse problems, 99% increased knowledge or experienced an attitude change that supported the family’s health. Of clients who had a substance misuse concern, 98% increased their knowledge of the harmful effects of alcohol, tobacco and other drugs. Of all closed cases, 88% indicated successful completion of their counseling treatment plan.

Education, Prevention and Intervention
Johnson County Public School Districts

School Districts report outcomes and the number of individuals served by school year, instead of calendar year. This enables schools to better use their outcome data (compare school year to school year) and respond with program changes when needed. In order to be in synch with the ATF disbursement process, Districts’ financial reports continue to be on a calendar year basis. Most of the following school district information is for School Year (SY) 2019 (ended in June 2019); although some of the described activities took place during the last six months of 2019 (first semester of SY 2020).

School districts report students’ knowledge gained as a result of taking AlcoholEdu, an on-line program provided within high schools. AlcoholEdu’s pre/post assessment of knowledge gain includes the following topics: “knowing the basics, knowing your influences, brain and body, smart decisions, and future ready.”

Blue Valley School District

Number of Johnson County Residents Served SY 2019: 13,429 (492 adults and 12,937 youth)

Description: ATF supported funding for 15 drug/alcohol prevention coordinators at nine middle schools and six high schools, and two district coordinators, as well as substitute teachers for coordinators to meet quarterly. Services provided by the coordinators impact students in all middle school and high school buildings. Coordinators facilitated two community events on vaping (“Vaping in the Valley”), one in the 2019 school year and another in first semester of 2020 school year (Dec. 2019). Coordinators also updated resources to enhance school programming around vaping (including Project Alert, district website, and communication tools for

Award: \$49,100

families), analyzed the district's results from Kansas Communities That Care (CTC) Survey and provided oversight of Reconnecting Youth and Coping and Support Training (CAST). The middle school team revamped drug and alcohol lessons to create Fact, the new name of the middle school drug alcohol program which continues to include Project Alert and added programming from the Stanford Toolbox and mental health resources from Johnson County Mental Health Prevention Services. ATF also supported Sobriety Support Groups which were provided by Crossroads at five high schools and the Academy (49 students participated January-June, and 31 during August-December); *AlcoholEdu* (implemented in 10th grade at all high schools); the Gale Cengage Health and Wellbeing Database, and substance use screening/evaluation for students suspended for drug related offenses. The Gale Cengage database is available on school library websites for middle and high school students, teachers and families. It includes reference articles and videos on drugs, alcohol and substance use.

Outcomes achieved: In SY 2019, 1,631 students who participated in *AlcoholEdu* took a pre- and post-assessment which indicated student knowledge increased by an average of 20%. Students who participated in the Sobriety Support groups maintained abstinence or made significant efforts to reduce use. Results from the CTC Survey indicated an increase in vaping (e-cigarettes) and some risk factors, however norms favorable to drug use decreased. Twelve students received drug and alcohol evaluations through ATF support. Over 250 people attended SY 2019 Vaping in the Valley Part I and over 100 families attended Vaping Part II; 100% agreed information presented was relevant and increased their understanding of prevalence and harmful effects of vaping. Over 90% agreed information could be put into practical use with their child.

De Soto School District

Number of Johnson County Residents Served SY 2019: 18,242 (10,946 adults and 7,296 youth)

Award: \$32,229

Description: ATF supported De Soto School District's coordinator for substance abuse programming, partial funding for district social worker who worked with students on issues of substance abuse, parent information events about substance abuse prevention including vaping, and implementation of two evidence-based programs - *Too Good for Drugs* (elementary and middle school students), and *AlcoholEdu* (high school); as well as high school prevention clubs which continued to focus on coping skills and alternative activities. District students participated in age appropriate drug/alcohol prevention activities such as Red Ribbon/National Drug Awareness Week activities. All students and parents were provided information about substance use prevention and intervention. Methods of communication included emails, flyers, newsletters, information table at parent-teacher conferences, and parent information nights. Attendance at three parent information nights ranged from 80 to 120.

Outcomes achieved: The district achieved its goal of exposing all students to prevention messages and that parents would have an opportunity to learn more about prevention and resources. In SY 2019, 563 students who participated in *AlcoholEdu* took a pre and post-assessment which indicated student knowledge increased by an average of 26% and the most gain was in the area of "future ready" which indicates recognizing dangerous situations and resisting social pressure. Students who were helped by school social workers around substance use, reported an improved understanding of family dynamics and decrease in substance use.

Olathe School District

Number of Johnson County Residents Served SY 2019: 1,930 (17 adults and 1,913 youth)

Award: \$58,358

Description: Within Olathe School District, ATF supported sobriety support groups (high school), student substance abuse assessments, parent education through *Guiding Good Choices* (parents of students ages 9-13 who are identified by school), *Life Skills* (delivered in alternative education program for grades 8-12), and *AlcoholEdu* (1,740 freshman).

Outcomes achieved: In SY 2019, 1,740 students who participated in *AlcoholEdu* took a pre and post-assessment which indicated student knowledge increased by an average of 33%. During SY 2019, 39 alcohol/drug assessments were provided to students, and 15 were provided between July-December 31, 2019. Assessments led to counseling sessions and other interventions. During the first semester of SY 2020, the district provided fewer assessments for vaping (less need) and attributes this to several interventions including an evening session for parents, anti-vaping clubs, student vaping summit, and increasing negative consequences for vape use. The district's 2019 Kansas Communities That Care Survey showed progress in decreasing students' binge drinking and use of e-cigarettes (vaping).

Shawnee Mission School District

Number of Johnson County Residents Served SY 2019: 1,802 (15 adults and 1,787 youth)

Award: \$27,000

Description: ATF supported the Shawnee Mission School District's implementation of *AlcoholEdu*. The program is implemented in high school health class (all five high schools and Horizons).

Outcomes achieved: In SY 2019 students who participated in *AlcoholEdu* took a pre and post-assessment which indicated student knowledge increased by an average of 26%. The most gain was in the area of "future ready" which indicates recognizing dangerous situations and resisting social pressure. The district used the number of discipline incidents which involved tobacco, alcohol and drugs as an indicator of the effectiveness of *AlcoholEdu* and other district prevention efforts. Total incidents involving alcohol decreased (from 36 in SY 2018, to 19 in SY 2019), but the number of incidents involving tobacco/vaping increased (from 163 in SY 2018, to 367 in SY 2019).

Spring Hill School District

Number of Johnson County Residents Served SY 2019: 2,669 (183 adults and 2,486 youth)

Award: \$18,060

Description: ATF funding supported three evidence-based programs - Project *Alert* (middle school), *Al's Pals: Kids Making Health Choices* (all kindergarten classes), and *Peer Assistance and Leadership* (PAL- high school), a peer-helping program with structured curriculum. ATF helped support the Mental Health Social Worker and *Students Against Destructive Decisions* (SADD – high school). SADD students made a 3-hour presentation to 230 middle school students about the effects of tobacco, alcohol and other drugs affect their bodies and decision making. The district provided *AlcoholEdu*, but not with support from the ATF.

Outcomes achieved: In SY 2019, 232 students who participated in *AlcoholEdu* took a pre- and post-assessment which indicated student knowledge increased by an average of 31%. PALS students received training about how to handle tough situations, including peer pressure to use drugs and alcohol, and when it is appropriate to involve adults in dealing with an issue. The students worked with over 525 students during school year 2019 and reported alcohol and drug use are a high concern. The district also positively impacted students' lives through services provided by the Mental Health Social Worker who provided evaluation, referral and counseling. During SY 2019, the Social Worker met with 10 middle school students

and 20 high school students who were dealing with substance abuse issues (themselves, family members or both). When appropriate students were referred to outside therapy to further reduce their risk of future substance abuse, or to counseling or treatment for substance abuse or dual diagnosis.

Gardner Edgerton School District did not apply for a 2019 ATF grant.

Treatment and Recovery

Friends of Recovery Association

Number of Johnson County Residents Served: 801

Award: \$58,000

Description: Friends of Recovery Association's (FORA) Oxford Houses are autonomous, democratically run, transitional homes for individuals maintaining sobriety. Friends of Recovery provided reintegration programming and case management for individuals living in Oxford Houses, and trained Oxford House alumni and residents as recovery coaches who worked with new recovering residents. FORA also served individuals recently released from incarceration by providing short term housing and help from recovery coaches as those individuals sought employment and applied for standard admission to Oxford House. FORA served 3,052 adults from within and outside of Johnson County.

Outcomes achieved: There are 38 Oxford Houses in Johnson County, two of which opened in 2019 (including one for men with children). More than 50% of houses in Johnson County accept individuals taking Suboxone and Vivitrol as part of their recovery (Medication Assisted Treatment). FORA developed a questionnaire which included questions about past use of opioids. Findings included that 50% of responding members had used opiates (50% of those had a prescription), and 60% listed meth as their drug of choice. Further, on scale of one to five (highest), 93% of respondents rated the quality of their life now in recovery as four or five. A third of houses purchased Narcan. FORA is working on getting Narcan into all Johnson County Oxford Houses. All Johnson County houses have been trained in using Narcan to prevent an overdose.

Johnson County Mental Health Center: Adolescent Center for Treatment (ACT)

Number of Johnson County Residents Served: 32 youth

Award: \$253,510

Description: The Adolescent Center for Treatment is a 30-bed adolescent residential substance use treatment program for youth 12-18 years-old. The average length of stay in 2019 was 24 days. ACT served 199 youth from within and outside of Johnson County with support from ATF (Johnson County youth); government fees, contracts and grants; program service fees and third-party payments. Youth received a bio-psycho-social assessment at the time of admission and participated weekly in over 50 hours of therapeutic activities (individual and/or group counseling, addiction education, nicotine cessation, recovery skills, relapse prevention, anger management, and more). Families were encouraged to participate in bi-weekly education or counseling groups and weekend parent education groups.

Outcomes achieved: Seventy-eight percent of clients admitted to ACT remained in treatment for the minimum therapeutic length of stay (21 days for first-time admissions and 14 days for re-admissions). On client satisfaction surveys at discharge, the program received an average rating of 4 on a 5-point scale point (rates program quality and staff performance). Seventy-nine percent of clients successfully completed treatment.

**Johnson County
Mental Health
Center: Adult
Detoxification Unit
(ADU)**

Number of Johnson
County Residents
Served: 425 adults

Award: \$289,922

Description: The Adult Detoxification Unit is a non-medical, social detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions primarily come through hospitals, law enforcement and Rainbow Services, Inc. (RSI). RSI provides a sobering unit, which is a three to six-hour stay. Close collaboration and referral efforts continue with RSI and meetings were held between RSI and ADU to support successful client transition and review outcomes of shared clients. The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment is completed on each client and clients are closely monitored throughout their stay (average of 3 days), including monitoring for potential medical complications. ADU served 1,051 adults from within and outside of Johnson County. Staff worked with clients to develop a discharge/recovery plan and made arrangements for ongoing support and treatment.

Outcomes achieved. Eighty percent of clients remained in detox until staff recommended discharge. Of all clients, not just those who successfully completed detox, 83% had a written discharge plan that documented a referral for ongoing services. For clients who left without personalized discharge instructions, ADU provided standard discharge instructions. On satisfaction surveys of six areas of program quality and staff performance, the average rating was 4.7 on a 5-point scale.

**Johnson County
Mental Health
Center: Adult Dual
Diagnosis
Outpatient Program**

Number of Johnson
County Residents
Served: 508

Award: \$165,000

Description: The Adult Dual Diagnosis Outpatient Program (ADDOP) provided integrated treatment services to adults with co-occurring substance abuse and mental health disorders. The program included one to eight hours of weekly group or individual counseling. Counseling sessions focused on alcohol/drug education, recovery and relapse-prevention skills, as well as helping clients understand and manage mental health issues that complicate recovery. The case manager conducted a strengths-based assessment with clients to help reduce barriers related to recovery, such as obtaining medication and education/employment. The *Medication Assisted Treatment (MAT) Program* within ADDOP is in its fourth year and served 71 clients. The ADDOP population expanded in 2019 to include those who may have a primary diagnosis for mental health as well as a substance use disorder (SUD), and are in need of dual diagnosis treatment. (Previously the program served only those who qualified for substance use disorder funding.) Five-hundred eighteen adults from within and outside of Johnson County were served.

Outcomes achieved. Eighty-six percent of clients remained alcohol/drug free while participating in the program. Sixty percent of all clients completed at least eight hours of treatment before discharge. Ninety-nine percent of clients did not incur new legal charges while participating in treatment.

KidsTLC

Number of Johnson
County Residents
Served: 46 youth

Award: \$46,571

Description: Substance abuse screening/assessment, evaluation, prevention/education and clinical treatment were provided to youth 12-18 years-old in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). Clinical treatment was available to youth who were dually diagnosed with a substance use disorder and mental health issues. KidsTLC utilized *Seeking Safety*, an evidence-based treatment program, in individual and group therapy. *Positive Action Prevention and Education* curriculum was used with all youth. KidsTLC served 131 youth from within and outside of Johnson County.

Outcomes achieved: Youth remained abstinent from drugs and alcohol. The indicator of this outcome was that 96% of youth receiving *Seeking Safety* services remained abstinent as determined by clean urine analysis after returning from a pass outside with parent/guardian. At discharge, youth reported overall improvement due to services received. Indicators of this outcome were that 83% of youth were somewhat or very confident that things will improve in their life regarding substance abuse; 91% demonstrated an improved outlook at time of discharge (measured by self-assessment of change between admission and discharge); and, 79% of youth assessed at the Relapse Prevention and the Seek Safety substance abuse level, self-reported maintenance or a decrease in problem severity between admission and discharge. The third outcome, youth feel they have sufficient access to substance abuse services and supports, was achieved as indicated by all youth reporting on a survey that they are somewhat or very confident they have good access to the substance abuse program and their counselor is willing to help them access needed services.

KVC Behavioral HealthCare

Number of Johnson County Residents Served: 49 (38 adults and 11 youth)

Award: \$35,000*

Description: KVC's Family Substance Abuse Recovery Services began as a pilot program in 2018, serving Johnson County families who had children removed from their home (e.g. children were in foster care) and assessed by KVC case managers, or referred by Kansas Department of Children and Families (DCF). During the family assessment, if there is indication of substance abuse, a referral is made for the KS Client Placement Criteria (KCPC) to be administered. If need for treatment is determined as result of the KCPC, families willing to participate are provided outpatient in-home treatment which uses *Seeking Safety* as the treatment model. Other options included referring families to local support groups, and in-patient therapy. In 2019 program engagement increased and additional financial support through the state foster care grant allowed the program to grow and increase stability. State funds support both in-home and in-office based assessment and treatment in a wider catchment area.

Outcomes Achieved: All families coming into the program were contacted and offered an intake appointment within 10 days of the referral. All outpatient services and therapy sessions were completed within the client's home. After their last appointment, clients engaged in KVC's substance use disorder treatment program were asked to respond to a survey/assessment that included the AWARE assessment. The AWARE is an evidence-based tool which asks respondents questions related to risk factors connected to relapse and measures probability of relapse. All KVC clients who took the assessment fell in the 11% average range. Having a low probability of relapse indicates family/support connections and overall higher levels of stability and quality of life. According to National Institute on Drug Abuse (2018), relapse rates for substance-use disorders is approximately 40-60%.

**Note: 2018 start-up delays resulted in unexpended grant funds (approximately 50%) of KVC's 2018 ATF allocation. The DAC approved KVC's request to carry-over 2018 unexpended funds into 2019. The carry-over funds plus KVC's 2019 ATF allocation resulted in \$70,683 for service delivery in 2019.*

Lorraine's House

Number of Johnson
County Residents
Served: 82

Award: \$25,000

Description: Founded in 2016, Lorraine's House is a structured transitional living program for women recovering from addiction. Lorraine's House provides three sober living homes in Johnson County (located in Overland Park, Lenexa and Olathe). Upon arrival, most residents are unemployed and homeless; transitioning from residential treatment, incarceration, unhealthy living environments or detox. Residents are expected to follow house rules, pay rent, be employed (or actively seeking employment), remain abstinent, and participate in recovery-oriented groups. During 2019, the average length of stay was nearly 116 days.

Outcomes Achieved: Stable housing, employment, and participation in a recovery community are important factors in support of recovery. Eighty percent of residents were in compliance with Lorraine's House requirement to attend a minimum of three recovery-oriented meetings weekly, and 90% were employed (10% disabled or retired). Seventy-one percent of residents successfully completed the program as reflected by their sobriety and maintaining employment and ability to support themselves upon leaving the house.

Mirror

Number of Johnson
County Residents
Served: 128

Award: \$176,000

Description: Mirror provided residential substance abuse treatment services to 313 clients from within and outside of Johnson County who had co-occurring disorders (COD) of substance use and mental illness. Located in Shawnee, ATF support of this program addresses the needs of Johnson County clients who fall below 200% of poverty and cannot access services in a timely manner due to limited state block grant funding. (State block funding prioritizes pregnant clients and IV drug users.) The dual focus of substance abuse counseling and integration of substance abuse issues and mental health needs was accomplished through individualized treatment plans and establishing and coordinating mental health services. Support was provided to address legal, housing, health, and employment issues that were a barrier to recovery.

Outcomes achieved: COD clients had successful completion rate of 73%. Based upon a questionnaire, clients' confidence level in handling high risk situations that could lead to substance use increased from 53% at admission to 82% at discharge. The cumulative average of days that Johnson County clients entering the co-occurring disorder (COD) program spent on a waiting list was 12.5 days, compared to an average wait list time of 57 days for clients funded by the state block grant or other funding streams. Mirror's experience is that the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening is available.

Preferred Family Healthcare, Inc.

Number of Johnson
County Residents
Served: 518 (424
adults and 94 youth)

Award: \$120,000

Description: Preferred Family Healthcare provided outpatient treatment services to 604 adults and youth from within and outside of Johnson County. Treatment services includes outpatient individual, group and family counseling. Preferred Family Healthcare maintains a fee policy that ensures no one is turned away due to inability to pay fees. During 2019 all clients who were not funded through Senate Bill 6 (DUI offenses) or Medicaid, paid a reduced fee for services. Of those, during the first six months 18% paid no fee, and during the last six months 26% paid no fee.

Outcomes achieved: Nearly 83% of clients who were randomly tested while in treatment, tested negative for substance use. Ninety-one percent of clients who were not disabled or retired reported they were employed or involved in educational activities. Eighty-one percent of clients successfully completed treatment.

2019 Drug and Alcoholism Council of Johnson County

*Chief David Brown, Chair, Fairway Police Department, City of Lenexa Representative**
*Liana Riesinger, Vice-Chair, Francis Family Foundation, City of Mission Representative**
*Jen Jordan-Spence, Secretary, City of Gardner, City of Gardner Representative**
Afam Akamelu, Community Volunteer
*Honorable Jenifer Ashford, 10th Judicial District Court ♦**
Michelle Decker, City of Olathe Representative
*Captain Troy Duvanel, Merriam Police Department, City of Merriam Representative**
*Jill Grube, City of Lenexa, City of Shawnee Representative**
*Brad Hart, Health Forward Foundation**
Stefanie Kelley, City of Leawood Representative ♦
*Martha LaPietra, M.D., IPC- The Hospitalist Company**
*Emily Meissen-Sebelius, Children's Mercy Hospital, City of Prairie Village Representative**
*Jaime Murphy, Overland Park Municipal Court Services, City of Overland Park Representative**
*Christine Oliver, Shawnee Mission School District ♦**
*Major Daryl Reece, Johnson County Sheriff's Office**
*Kevin Schutte, Pastor, Pathway Community Church, Johnson County Board of County Commissioners Representative**
Catherine Triplett, Boothe Walsh Law and Mediation
*Charlene Whitney, Community Volunteer ♦**

* Denotes 2019 ATF Grant Review Committee member

♦ Denotes non-voting member

2018 Drug and Alcoholism Council Members on 2019 ATF Grant Review Committees

*Jennifer Granger, Science Applications International Corporation (SAIC)
US Department of Agriculture Risk Management Agency*
Nikki Green, Shawnee Mission Medical Center
Cathy Lawless, Community Volunteer, City of Leawood Representative
Christina O'Neil, O'Neil on Barkley
Jill Vincente, City of Olathe Prosecutor's Office, City of Olathe Representative

Staff Support: Marya Schott, UCS Director of Resource Allocation

2019 Alcohol Tax Fund Funding Priorities

Numbering of priorities does not indicate one is more important than another.

By state statute, an identified portion of Alcohol Tax Fund (ATF) dollars must be used to fund programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.” KSA §79-41a04 (as amended).

For the purpose of this application, these programs are generally defined as follows:

- Education and Prevention programs are designed to promote awareness and self-efficacy, and provide information, activities, and skill building to prevent problems with, or addiction to, alcohol and/or drugs.
- Intervention programs are designed to interrupt alcohol and/or drug use, and may include activities applied during early stages of drug use which encompass preventing the transition from drug use to abuse.
- Substance Abuse Treatment programs are licensed by the State of Kansas to provide substance abuse treatment services and are designed to assist clients with stopping use of alcohol and drugs and avoiding relapse.

Overall priority is given to:

1. Programs that target populations who are at-risk for substance use or abuse such as individuals who have mental health issues, individuals who are homeless and/or have other co-occurring issues, and individuals involved in the child welfare or criminal justice system.
2. Programs that address barriers to service including hours of operation, transportation, lack of care for children of parents seeking services, and physical location.
3. If fees are charged for services, there are accommodations for those clients with no ability, or limited ability, to pay the fees (such as a sliding fee scale based upon income).
4. Programs that demonstrate competency in addressing language and cultural barriers, and provide bi-lingual services in high demand languages, such as Spanish.
5. Programs that provide services to meet a current community need (defined through indicator data or *Kansas Communities That Care* survey trends).
6. Programs that demonstrate an awareness of the role of trauma in prevention and treatment of substance use and utilize a trauma informed care approach in delivery of services.
7. Programs that are evidence-based or reflect a best or promising practice, and include measures to ensure fidelity.
8. Programs that utilize measurable outcome data to improve service delivery.
9. Strategies and services that involve families, parents, guardians, and/or other support systems.
10. Programs that demonstrate through service delivery, competency in addressing the interrelationship between substance use/abuse and other risk factors as defined above in priority number one.

Priorities for Education and Prevention Programs include:

1. Strategies that seek to delay onset of first use of substances.
2. Programs that target use of gateway drugs and address new trends in drug use across all age groups.
3. Programs that utilize *Risk and Protective Factors* strategies.

Priorities for Treatment and Intervention Programs include:

1. Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
2. Programs that serve targeted populations with early intervention strategies.
3. Programs that collaborate with other organizations and sectors, and provide linkage to community supports.
4. Programs that incorporate Recovery Oriented Systems of Care (ROSC) which sustain and support recovery, including but not limited to providing peer support, housing, case management, and/or to linkages to recovery communities and activities.