



Alcohol Tax Fund: A Collaborative City/County Partnership

2021 Year-End Report

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), supported by United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to recommend allocation of Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statutes.

The Alcohol Tax Fund (ATF) is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, **and must be used for programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers”** KSA §79-41a04 (as amended).

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and nine cities (Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is comprised of individuals with professional and/or personal interest in alcohol and other drug issues and may include representatives from education, law enforcement, health, city, and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction. 2021 DAC members are listed on page 15. UCS provides staff support to the DAC and facilitates quarterly meetings with the ATF funded agencies focusing on collaboration, emerging issues and treatment, and best practices.

In 2021, 22 programs received allocations of \$1,922,200 to support programs and services for local residents, this represents ~6% reduction from 2020 allocations, due to reduced tax collections during the pandemic. As a result of reduced collections, all ATF grantees had reduced funding in 2021. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees’ year-end reports, nearly 49,000 Johnson County residents participated in programs or received services supported, in part, by ATF allocations. The following summary describes how these funds were used. 2021 ATF funding priorities are listed on page 16.

The DAC, the UCS Board of Directors, the funded programs, and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For additional information, contact Julie Brewer, UCS Executive Director, 913.438.4764, julieb@ucsjoco.org.

2021 Funding	
Johnson County Government	\$140,667
9 Cities	1,883,553
Total Dollars	\$2,024,220
UCS Administration	-\$102,000
Grant Awards	\$1,922,220

Alcohol Tax Fund 2021 Year-End Report

Education, Prevention and Intervention

Community-Based Programs

Artists Helping the Homeless (AHH)

Johnson County residents served: **156 adults through 5,421 support services and nights of housing**

Award: \$28,281

Description: AHH assists homeless adults in addressing alcohol and substance use issues by providing supportive services tailored to the needs of the individual. Two levels of support are available: intervention and reintegration. AHH staff meet with individuals referred by hospitals, detox, law enforcement and other agencies to develop a discharge or recovery plan for those who otherwise may return to the street. AHH is unique in filling gaps with transportation, interim housing and help with admission requirements to other agencies. When housing gaps develop, AHH often fills that gap. Bodhi House, AHH's respite residence, is often the first step in AHH's reintegration program. Monitored 24/7, Bodhi residents have access to AHH's full array of services including AA/NA meetings, counseling, legal assistance, job training and educational programs, health care services, as well as community service, social reintegration, and physical fitness activities. As residents gain independence, they may continue to build resources and peer support at AHH's apartment building, Finnegan Place. The goal of this residential program is for residents to recover, reintegrate, and thrive in the community. AHH served 1,445 individuals in and outside of Johnson County in 2021 with 20,658 support services and nights of housing.

Outcomes achieved: AHH's provided housing and other intervention and recovery services to 156 individuals experiencing homelessness who were dealing with alcohol and substance use and identified as Johnson County residents or were homeless in Johnson County. AHH clients had an 84% retention/successful discharge rate for clients who participated in the reintegration program as measured by maintaining sobriety and transitioning out of the program into permanent housing. 91% of clients in residence obtained employment, enrolled in school/job training or entered treatment within 30 days of the initial recovery period. Local governments experienced savings as none of AHH's Johnson County clients required interaction with law enforcement or non-emergent hospital visits.

Boys and Girls Club of Greater Kansas City

160 program sessions provided to 282 Johnson County youth

Award: \$14,141

Description: At its Olathe Club location, Boys and Girls Club implement SMART Moves (Skill Mastery and Resistance Training) during after-school, winter break, and summer programming for youth 5-18 years-old. SMART Moves helps to prevent use of alcohol and drug use, as well as other risky behavior, through education and building of skills and techniques to recognize and resist media and peer pressure. Program sessions last sixty to ninety minutes. In 2021, Boys and Girls Club delivered in-person programming throughout the year to support students in after-school and expanded into a larger space, which will allow additional participants in 2022.

Outcomes achieved: As indicated by pre- and post-tests, 100% of program participants demonstrated an increase in knowledge of the dangers of alcohol and drug use. 100% of participants also increased their knowledge of the use of tools and strategies to resist peer pressure and media influence and 100% demonstrated an increase in knowledge about how to resolve conflict non-violently.

Cornerstones of Care

93 (44 youth and 49 adults) Johnson County residents engaged in 259.25 hours of direct service

Award: \$70,703

Description: Cornerstones of Care provided *Functional Family Therapy* (FFT) to youth, aged 11 to 17 years-old, who identified as having a substance abuse issue as well as their family members. FFT is an evidence-based 12-14-week in-home family intervention. Referrals for FFT were made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents. In 2021 to reduce COVID-19 exposure risks and comply with the Centers for Disease Control’s social distancing guidelines, Cornerstones of Care opted to continue to utilize Zoom, a HIPAA compliant tool, to facilitate telehealth and provide ongoing supports and services. Research is underway now to assess the effectiveness of telehealth for this program, initial results indicate that outcomes are comparable; however, telehealth engagement tends to be shorter than in-person.

Outcomes achieved: In 2021, Cornerstones staff provided over 259 hours of Functional Family Therapy to clients; this does not include time for travel, documentation, consultation, training or supervision. As a result of the therapy, 100% of youth and parents completing a closing assessment reported improved family relationships as evidenced by reduced levels of conflict and improved communication. In addition, approximately 81% of youth who completed Functional Family Therapy during 2021 had no subsequent charges related to drugs and/or alcohol.

First Call Alcohol/Drug Prevention and Recovery

1,967 (1,268 adults and 699 youth) Johnson County residents received 3,240 hours of support

Award: \$64,105

Description: First Call delivers Family Prevention Services in 12 Johnson County sites as well as to Johnson County residents at First Call. Services include the *How to Cope* program, which was offered virtually in 2021; the *Caring for Kids* program offered at First Call, Shawnee Mission North, and Rushton Elementary; a sobriety group at Blue Valley Academy; *Life Skills Training* at Olathe South High School, Blue Valley Academy and Mill Creek, East Antioch, and Broken Arrow elementary; the *Say It Straight* (SIS) program offered at Olathe Schools Project Choices, and Olathe Youth Court. The *How to Cope* program helps adult family members who are living with someone who has a substance use disorder. Children and adolescents in the *Caring for Kids* program attend psycho-educational groups which teach them about the effects of substance abuse disorder in the family and help them to regain a healthy lifestyle. In 2021, First Call provided both virtual and in-person programming. Individuals served and units of service are under-reported for 2021, as First Call was not always able to identify the residence of clients served through virtual programming or that virtual clients were unduplicated.

Outcomes achieved: The overall goal is that participants lead safe, healthy lives and avoid substance use, misuse, and addiction. Throughout the entire year, 97% of *How to Cope* participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. During this same period, 97% of *Caring for Kids* participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. There were five sites for *Life Skills Training* in Johnson County in 2021 with seven groups. Participating students saw an average increase of 16% over their baseline score in knowledge and positive attitude related to protective life skills and the harmful effects of drugs, alcohol, tobacco and other drugs.

Heartland Regional Alcohol and Drug Assessment Center

Johnson County Residents Served: **106 adults through 266 service encounters**

Award: \$150,583

Description: Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provides intensive case management services (ICM) to Johnson County adults who are homeless and have a substance use disorder and a co-occurring mental and/or physical health issue. Services focus on risk-reduction and stabilization, while also addressing individual goals around substance abuse and recovery, mental health services, and housing.

Outcomes achieved: During 2021, 90% of ICM clients obtained transitional or permanent housing while receiving services with: 15% obtaining transitional housing and 75% obtaining permanent housing. 96% of ICM clients actively worked on recovery issues. 62% of clients accessed substance abuse treatment, 70% attended 12 step and other recovery groups, and 35% engaged in Recovery-Oriented Systems of Care (ROSC) activities with a Recovery Coach. Additionally, 19 individuals are accessing Medication Assisted Treatment (MAT). HRADAC clients also increased engagement with recommended mental health services with an additional 17% engaged in mental health services, for a total of 63% of clients accessing mental health services, since they began ICM.

Johnson County District Attorney's Office:

Juvenile Drug Court, Minor In Possession of Alcohol, and Drug and Alcohol Diversion

Johnson County Residents Served: **450 youth**

Award: \$150,834

Description: The Juvenile Drug Court serves first-time drug offenders seeking diversion who present with serious drug and alcohol issues. Youth are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Drug and Alcohol Diversion includes other juvenile cases with drug/alcohol contacts that do not reach the higher level of drug court, or the lower level of MIP. These cases are an immediate intervention which require participants to participate in drug and alcohol education classes, intervention (counseling), and/or completing random drug screens in addition to the requirements of the standard contract. ATF funds provide for the Drug Court/Drug Diversion Officer and the MIP/Drug Diversion Officer. These officers monitor each participant's outpatient drug and alcohol counseling, participation in Drug and Alcohol classes, completion of random drug screens, completion of community service, and adherence to all Diversion guidelines. The program served 545 individuals in 2021 within and outside of Johnson County; this represents approximately a 17% decrease from 2020 and is the result of decreased court filings eligible for diversion in 2021.

Outcomes achieved: The goal of the Johnson County District Attorney Office's Juvenile Drug Court program is to increase motivation to remain drug free as measured by improvement in school grades, involvement in pro-social activities, drug screens and parental feedback. The average semester GPA of a Drug Court client at the start of Drug Court was 2.9, and at the completion of Drug Court, the average semester GPA was 3.4. 81% of youths' drug screens were negative for all substances.

Johnson County Department of Corrections:

Voucher Assistance

Description: Through vouchers, 43 adult offenders who faced financial barriers obtained substance abuse services (evaluation and/or treatment). Voucher assistance was provided to individuals in the Adult Residential Center and those who were under Intensive Supervision. In 2019 the court-approved provider list

Johnson County Residents Served: **43 adults through 62 vouchers for assessment or treatment.**

Award: \$3,350*

was disbanded across the County and offenders can now seek services from any licensed provider, which provides expanded availability of services for clients. Vouchers reduce barriers to substance use evaluation and/or treatment services for individuals referred to the program. *\$8,450 of 2020 program funds were utilized for this program in 2021.

Outcomes achieved: Sixty-two vouchers were approved (some individuals received assistance more than one time). 95% of clients referred for an evaluation completed their evaluation within 30 days of the voucher request being approved. Of those individuals recommended for substance abuse treatment, 95% commenced treatment within 60 days of the completion of the substance abuse evaluation.

Johnson County Department of Corrections: **Changing Lives Through Literature**

5 Johnson County residents engaged in 42 hours of class time

Award: \$0*

Description: The Department of Corrections served five individuals from within and outside of Johnson County, with the *Changing Lives Through Literature* program (CLTL) in 2021. This alternative intervention program uses literature to impact the lives of moderate-risk criminal defendants who frequently have histories of drug and/or alcohol use and are under court-ordered supervision (probation) or contracts of diversion. CLTL defendant participants, judges and probation officers read literature and participate in facilitated discussion which helps to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Prevention of substance abuse is a component of the program as discontinued use of alcohol and drugs often creates idle time and boredom. In addition to gaining insight into their own lives and behavior, which promotes change, the program provides a support structure and a pro-social activity with respected individuals.

*This program requested to utilize \$5,753.86 in 2020 funding to support the same program in 2021.

Outcomes achieved: Typically, this program is held at local libraries and the Therapeutic Community within the Adult Residential Center; however, with the closure of libraries, this program utilized a virtual format in 2021. Diversion Program referrals were extremely limited, due to the pandemic and remote work of diversion staff and court in 2021. As a result, Changing Lives through Literature held only one class of five participants in 2021, as compared to three classes per year in typical years. 100% of participants had no new known arrests. 67% of participants completed the program and 100% tested negative for alcohol and drug use in 2021.

Johnson County Mental Health Center: **Prevention Services**

Johnson County Residents Served: **5,408 (1,051 adults and 4,357 youth)**

Description: Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations serving a total of 5,652 individuals from within and outside of Johnson County. Services were provided both virtually and in-person in 2021 due to the pandemic and included webinars for the School Prevention Roundtable, the Youth Leadership Summit, planning and facilitation of presentations to youth and adults related to substance use, supporting *Teen Task Force* (dedicated to prevention of underage drinking, tobacco use, and other drug use) members in implementing projects such as the RESIST Take Down Tobacco Day, National Drug and Alcohol Facts Week, SAMHSA National Prevention Week, and the 2021 Kansas Youth Community Change Conference. The *End the Trend* campaign, which uses social media for public service

>731,000 social media impressions

Award: \$168,274

announcements about vaping, continued through presentations with middle and high school students as well as school district nurses. To support clients during the pandemic, Prevention Services provided their *Strengthening Families* program in-person and virtually in 2021.

In 2020, funding for EverFi's AlcoholEdu, an online prevention program used in all school districts, was consolidated within the grant for Prevention Services, resulting in a substantial savings to school districts and expanded access to EverFi's Mental Health Basics program, including AlcoholEdu, Vaping prevention, and Prescription Drug safety. Each district reports its own outcomes and service numbers related to AlcoholEdu, while Prevention Services reports on the district-wide knowledge gains related to AlcoholEdu. A total of 7,310 Johnson County students utilized AlcoholEdu in 2021; average knowledge gained for students across all districts, according to pre- and post-surveys, was 18%.

Outcomes achieved: 100% of students participating in the School Prevention Roundtable reported an increased level of knowledge and confidence related to substance use prevention and 98% of middle school and 100% of high school students participating in the Youth Leadership Summit reported an increase in knowledge and confidence in substance use prevention, according to pre- and post-surveys. Prevention Services provided technical support to school districts in assisting them in increasing the participation rate of students in the Kansas *Communities that Care* Survey, which provides critical baseline data on the risk and protective factors of Johnson County students as related to substance use as well as student engagement in substance use; as a result, the student participation rate for the Survey was >48%. In addition, Prevention Services provided 171 presentations to schools and the community. The *End the Trend* campaign received 731,000 impressions across social media platforms (Facebook, Instagram, and Snapchat).

Safehome, Inc.

Johnson County Residents Served: **71 adults through 93 hours of services**

Award: \$23,071*

Description: Safehome's *Substance Abuse Assessment and Referral Program* served 129 adults from within and outside of Johnson County. This program for shelter residents includes on-site substance abuse assessment (informal and SASSI-4, if applicable), education, in-depth assessment as needed (provided by Heartland RADAC), clinical therapy sessions that address substance abuse issues, and referrals as needed to intervention or treatment programs, with help making connection to services. To preserve client safety during the pandemic, Safehome eliminated room-sharing between non-household members; this resulted in a drop in shelter bed capacity from 60 to 28.

*Safehome had an additional \$3,142 in funds unspent in 2020, which will be utilized in 2021 for approved programs.

Outcomes achieved: All clients who had a current concern or active substance abuse issue were provided with at least two community resources by the Shelter Therapist. 97% clients who completed the SASSI-4 were referred to a community resource by the Shelter Therapist. 99% of clients agreed or strongly agreed that the Shelter Therapist helped them identify at least 3 healthy coping strategies that they could use instead of unhealthy coping strategies. After three sessions, 91% of clients increased their understanding of the role of addiction in domestic violence and 82% increased their understanding of codependency. 100% of shelter clients who met with the Shelter Therapist indicated that they felt supported.

The Family Conservancy

Johnson County Residents Served: **587 (192 adults and 395 youth) through 6,242.5 hours of services**

Award: \$37,709

Description: Within its Prevention/Screening and Referral program, The Family Conservancy served 841 adults and youth from within and outside of Johnson County for a total of 10,423 hours of service. The program includes two components: 1) substance abuse education and screening for all Johnson County clients served within the agency’s counseling programs, and referral to treatment when applicable, and 2) *Conscious Discipline*, an evidence-based self-regulation program which integrates social-emotional learning and discipline, fostering healthy development to prevent future risk of substance abuse. Due to the pandemic, services were provided virtually and in-person, as appropriate, throughout the year.

Outcomes achieved: Of clients who reported they had a family member with substance misuse problems, 90% increased knowledge or experienced an attitude change that supported the family’s health. Of clients who had a substance misuse concern, 80% increased their knowledge of the harmful effects of alcohol, tobacco, and other drugs. 73% of closed cases successfully completed their full counseling treatment plan. 80% of individuals participating in Conscious Discipline programming showed improvement in at least four of the seven Powers/Beliefs (perception, attention, unity, free will, acceptance, love, and intention), and 100% indicated that they successfully applied five or more of the 10 positive impacts or successful applications of strategies learned through Conscious Discipline.

Education, Prevention and Intervention
Johnson County Public School Districts

School Districts report outcomes and the number of individuals served by school year, instead of calendar year. This enables schools to better use their outcome data (compare school year to school year) and respond with program changes when needed. In order to be in sync with the ATF disbursement process, Districts’ financial reports continue to be on a calendar year basis. Most of the following school district information is for School Year (SY) 2021 (ended in June 2021); although some of the described activities took place during the last six months of 2021 (first semester of SY 2022). Due to the ongoing nature of school programming, schools do not track units of service.

In 2020, funding for EverFi’s AlcoholEdu, an online prevention program used in all school districts, was consolidated within the grant for Prevention Services, resulting in a substantial savings to school districts and expanded access to EverFi’s Mental Health Basics program, including AlcoholEdu, Vaping prevention, and Prescription Drug safety. Prevention Services reports on district-wide knowledge gains related to AlcoholEdu, while each school district reports on number of students utilizing EverFi’s programs and report students’ knowledge gained as a result of taking AlcoholEdu. AlcoholEdu’s pre/post assessment of knowledge gain includes the following topics: “knowing the basics, knowing your influences, brain and body, smart decisions, and future ready.”

Blue Valley School District

Johnson County Residents Served: **12,861 (466 adults and 12,395 youth)**

Description: ATF supported funding for 15 drug/alcohol prevention coordinators at nine middle schools and six high schools, and two district coordinators; these coordinators meet at least quarterly. Services provided by the coordinators impact students in all middle school and high school buildings. Coordinators worked hard to support students in virtual learning including supporting use of *AlcoholEdu*, *Vaping: Know the Truth*, and *Prescription Drug Safety* in five high schools. The program *Signs of Suicide* or information from *Zero Reasons Why*, a local suicide prevention

Award: \$17,951*

initiative, is provided once each year to students in 6th-8th, 10th, and 11th grades, with mental health team members prepared to speak with students who request it through post-surveys completed after the presentations. ATF also supported drug and alcohol screenings for students, as appropriate, and sobriety supports through First Call, which is supported separately by the ATF for this purpose, resulting in savings for the school district.

*Due to limitations on some events and cost-savings recognized through utilizing First Call for sobriety supports, Blue Valley was able to carryover from its 2020 ATF grant \$11,863 into 2021.

Outcomes achieved: In SY 2021 students who participated in *AlcoholEdu* took a pre- and post-assessment. After completing *AlcoholEdu* training, 80% of students reported being more likely to resist peer pressure to drink; 85% reported being more likely to stop a friend from driving drunk and 77% reported being prepared to make a plan in advance to make responsible decisions about drinking.

In 2021, Blue Valley provided a mental wellness course at two high schools and added the EverFi *Vaping: Know the Truth* course at three high schools. First Call is providing sobriety supports for students at all Blue Valley high schools. Blue Valley provided 199 Suicide Risk Assessments in 2021; 66 of those were immediately following *Signs of Suicide* lessons.

De Soto School District

Johnson County Residents Served:
16,569 (9,264 adults and 7,305 youth)

Award: \$15,158*

Description: ATF supported De Soto School District's coordinator for substance abuse programming, partial funding for district social worker who worked with students on issues of substance abuse, parent information events about substance abuse prevention including vaping, and implementation of two evidence-based programs - *Too Good for Drugs* (elementary and middle school students), and *AlcoholEdu* (high school); as well as high school prevention clubs which continued to focus on coping skills and alternative activities. District students participated in age-appropriate drug/alcohol prevention activities such as Red Ribbon/National Drug Awareness Week activities. All students and parents were provided information about substance use prevention and intervention. Methods of communication included emails, flyers, newsletters, information table at parent-teacher conferences, and parent information nights.

*De Soto School District had an additional \$300 in carryover funds that it was able to utilize for approved programming in 2021.

Outcomes achieved: The district achieved its goal of exposing all students to prevention messages and of providing parents opportunities to learn more about substance use prevention and resources. Elementary and middle school students engaged in *Too Good For Drugs* program. In high schools, 504 ninth graders participated in *AlcoholEdu*; pre- and post-assessments indicate student knowledge increased by an average of 10% across all three units of programming: "Know Your Influence", "Brain and Body", and "Smart Decisions." At the high school level, social workers engaged with 41 students regarding understanding the need to develop coping mechanisms and understand family dynamics related to addiction and that information supported choices to avoid substance abuse. 33 students in high school were assessed and referred for substance use evaluations. In 2021, substance use infractions continue to be down, for the fourth year in a row.

Olathe School District

Description: Within Olathe School District, ATF supports sobriety support groups (high school), student substance abuse assessments, parent education through *Guiding Good Choices*, which is made available in both English and Spanish and

Johnson County
Residents Served:
2,329 youth

offered to parents of students ages 9-13, *Life Skills* (delivered in alternative education program for grades 8-12), and *AlcoholEdu* (ninth graders).
*Due to school closures in 2020, Olathe was approved to utilize \$12,497 in carryover for approved programs in 2021.

Award: \$0*

Outcomes achieved: In SY 2021, 1,294 students participated in *AlcoholEdu* and reflected knowledge increases across all metrics: “Know Your Influence,” “Brain and Body”, and “Smart Decisions”. Students demonstrated an average 15% knowledge gain related to “Know Your Influence” – being aware of the influence of social media and peers on their perception of substance use; 6% knowledge gain related to “Brain and Body” – understanding the effects of substance use on both brain and body; and a 9% increase in “Smart Decisions” – which helps students plan and prepare to make smart decisions, like planning for a safe way to and from high school events or refusing to let a friend drink and drive. Students engaging in *Life Skills* courses showed a 10% increase in knowledge, based on pre- and post-tests. During SY 2021, 12 alcohol/drug assessments were provided to students; this number is substantially down from SY 2020 due to the combination of virtual and hybrid learning utilized by the district.

Shawnee Mission School District

Johnson County
Residents Served:
1,153 youth through the EverFi suite of educational programs

Description: ATF supports the Shawnee Mission School District’s implementation of *AlcoholEdu* and other programs sponsored by the ATF through Johnson County Mental Health Prevention Services. These programs are implemented in high school health class (all five high schools and Horizons alternative school) as well as in middle schools.

Outcomes achieved: In SY 2021, 931 students participated in *AlcoholEdu* across all six district high schools. Average knowledge gains across all units of *AlcoholEdu* for Johnson County students was 18%. 108 students participated in *Prescription Drug Safety* programming, 519 students completed the training *Vaping: Know the Truth*. 222 middle school students completed the *Character Playbook*, which provides a social-emotional learning platform to support students in developing positive relationships and increasing protective factors to support students in avoiding substance use.

Award: \$0*

*Shawnee Mission did not request funds beyond those allocated for EverFi’s *AlcoholEdu* programming through Johnson County Mental Health Prevention Program.

Spring Hill School District

Johnson County
Residents Served:
2,798 (213 adults and 2,585 youth)

Description: In the Spring Hill School District, ATF funding supports three evidence-based programs - *Project Alert* (middle school), *Al’s Pals: Kids Making Health Choices* (all kindergarten classes), and *Peer Assistance and Leadership* (PAL- high school), a peer-helping program with structured curriculum. ATF helps support the Mental Health Social Worker and *Students Against Destructive Decisions* (SADD – high school). The district also utilizes *AlcoholEdu*, which is provided through Johnson County Mental Health Center’s Prevention Program and supported by ATF funding.

Award: \$14,141

Outcomes achieved: In SY 2021, 205 students engaged in *AlcoholEdu*; pre- and post-assessments indicated knowledge gains across all metrics. In the fall of 2021, 30 PALS students received training about how to handle tough situations, including peer pressure to use drugs and alcohol, and when it is appropriate to involve adults in dealing with an issue. PALS students then met monthly with peers to provide support, working with over 250 students, including 56 who reported being impacted

by substance abuse. The district also positively impacted students' lives through services provided by the Mental Health Social Worker who provided evaluation, referral, and counseling. During 2021, the social worker met with 63 students in middle and high school, approximately 41% reported being impacted by substance abuse (themselves, family members or both). When appropriate, students were referred to outside therapy to further reduce their risk of future substance abuse or to counseling or treatment for substance abuse.

Treatment and Recovery

Friends of Recovery Association

Johnson County
Residents Served:
880 (787 adults and 93 youth) through 4,872 hours of case management and services

Award: \$56,563

Description: Friends of Recovery Association's (FORA) Oxford Houses are autonomous, democratically run, transitional homes for individuals maintaining sobriety. FORA provides reintegration programming and case management for individuals living in Oxford Houses, and trains Oxford House alumni and residents as recovery coaches who work with new recovering residents. Houses in Johnson County are available for men only, women only, and families. FORA also serves individuals recently released from incarceration by providing short term housing and help from recovery coaches as those individuals seek employment and apply for standard admission to Oxford House. In 2021, FORA expanded its supports for residents, including additional case management and other services, and served 2,729 individuals from within and outside of Johnson County.

Outcomes achieved: There are over 40 Oxford Houses in Johnson County, with one new house opening in 2021 and one house moving to a larger facility. No Oxford Houses in Johnson County have closed during the pandemic; demand for sober living continues to exceed availability. FORA provided many training and engagement sessions virtually this year, including education related to the coronavirus and financial education classes, resulting in larger class size and strong client engagement. In 2021, clients remained longer in Oxford Houses on average. Over 93% of residents remained employed during their stay in Oxford Houses. 174 Oxford House members left in good standing in 2021; 139 relapsed and were asked to leave their Oxford House. Approximately 55% of residents successfully transitioned out of Oxford House in 2021.

Johnson County Mental Health Center: Adolescent Center for Treatment (ACT)

Johnson County
Residents Served:
22 youth through 519 bed days with supporting services

Award: \$238,648

Description: The Adolescent Center for Treatment (ACT) is an adolescent residential substance use treatment program for youth 12-18 years old. The average length of stay in 2021 was 22 days. ACT served 105 youth from within and outside of Johnson County for a total of 2,367 bed days with support from ATF (for Johnson County youth); government fees, contracts, and grants; program service fees and third-party payments. Youth receive a bio-psychosocial assessment at the time of admission and participate weekly in over 50 hours of therapeutic activities (individual and/or group counseling, addiction education, nicotine cessation, recovery skills, relapse prevention, anger management, and more). Families are encouraged to participate in bi-weekly education or counseling groups and weekend parent education groups. ACT moved to a location with fewer beds in August of 2020, which has led to reduced capacity. Additionally, ACT continued to admit patients throughout the pandemic, but instituted safety protocols related to the pandemic, such as single room occupancy. A new dual diagnosis outpatient treatment program for adolescents began at the end of 2020, providing support to this population.

Outcomes achieved: In 2021, 70% of first time admits remained in treatment for at least 21 days. 72% of re-admits remained in treatment for at least 14 days. 70% of all clients at ACT remained in treatment for the prescribed length of time for 2021 with 81% of all clients receiving a successful discharge. The average client satisfactions score was 4.3 out of 5.

**Johnson County
Mental Health
Center: Adult
Detoxification Unit
(ADU)**

Johnson County
Residents Served:
**240 adults through
777 bed days with
supporting services**

Award: \$273,314

Description: The Adult Detoxification Unit is a non-medical, social detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions primarily come through hospitals, law enforcement and Rainbow Services, Inc. (RSI). RSI provides a sobering unit, which is a three to six-hour stay. Close collaboration and referral efforts continue with RSI and meetings are held between RSI and ADU to support successful client transition and review outcomes of shared clients. The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment is completed on each client and clients are closely monitored throughout their stay (average of three days), including monitoring for potential medical complications. ADU served 491 adults from within and outside of Johnson County for a total of 1,581 bed days. Staff worked with clients to develop a discharge/recovery plan and made arrangements for ongoing support and treatment. ADU had limited bed capacity in 2021 due to ongoing COVID-19 related occupancy restrictions.

Outcomes achieved: In 2021, 80% of clients remained in the facility until staff recommended discharge. 98% of clients leaving ADU left with a recovery plan upon discharge; those leaving without a recovery plan were given standard discharge instructions. 92% of discharged clients completed a satisfaction survey. On satisfaction surveys of six areas of program quality and staff performance, the average rating was 4.7 on a 5-point scale.

**Johnson County
Mental Health
Center: Dual
Diagnosis
Outpatient Program**

Johnson County
Residents Served:
**436 (350 adults, 86
youth) through
4,890 clinical hours
of service**

Award: \$219,523

Description: The Dual Diagnosis Outpatient Program (DDOP) provided integrated treatment services to 454 adults and youth within and outside of Johnson County with co-occurring substance abuse and mental health disorders. Due to staff turnover in 2021, overall numbers of service are lower than originally anticipated. The DDOP includes one to eight hours of weekly group or individual counseling for both adults and youth. Counseling sessions focused on alcohol/drug education, recovery and relapse-prevention skills, as well as helping clients understand and manage mental health issues that complicate recovery. After being placed on hold due to coronavirus safety measures in 2020, counseling groups were re-launched in July of 2021. The Adolescent Outpatient Addiction Services program partners the Johnson County Juvenile Drug Court, which enables case managers to attend bi-weekly drug court meetings and accept new referrals.

Outcomes achieved: 69% of adults and 44% of youth* remained alcohol/drug free while participating in the program (*an increase from 21% in 2020). 54% of all adult clients received at least 8 hours of treatment and 75% of youth received at least 6 hours of treatment. 85% of clients did not incur new legal charges in 2021.

KidsTLC

Johnson County
Residents Served:
20 youth through

Description: Substance abuse screening and assessment, evaluation, prevention education and clinical treatment are provided to youth aged 12-18 years old in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). Clinical treatment is available to youth who are dually diagnosed with a substance use disorder and mental health issues. KidsTLC utilizes *Seeking Safety*, an evidence-based treatment

166.75 clinical and education hours

Award: \$44,981

program, in individual and group therapy. KidsTLC also utilizes eye movement desensitization and reprocessing (EMDR) therapy, Dialectical Behavior Therapy for clients who struggle with emotional dysregulation and Cognitive Behavior Therapy for clients who utilize marijuana only. *Positive Action Prevention and Education* curriculum is used with all youth. KidsTLC served 46 youth from within and outside of Johnson County in 2021 for a total of 424.5 hours of clinical services with a substance abuse therapist and education hours with a therapeutic staff member. As a result of staff turnover and COVID-related safety precautions, KidsTLC had to restrict admissions to its programs, resulting in fewer clients served in 2021 than anticipated.

Outcomes achieved: Youth remained abstinent from drugs and alcohol; 86% of youth receiving *Seeking Safety* services remained abstinent as determined by clean urinalysis after returning from a pass outside with parent/guardian. In 2021, KidsTLC reported greater acuity in clients admitted, as a result, clients spent longer in residential treatment, an average of 168 days, as compared to 2020, which had an average clients stay of 149 days. At discharge, youth reported overall improvement due to services received in KidsTLC; specifically, 78% of youth were somewhat or very confident that things will improve in their life regarding substance abuse and 81% demonstrated an improved outlook at time of discharge (measured by self-assessment of change between admission and discharge). 78% of youth assessed at the Relapse Prevention and the Seek Safety substance abuse level, self-reported maintenance, or a decrease in problem severity between admission and discharge.

KVC Behavioral HealthCare

Johnson County Residents Served: **78 (64 adults and 14 youth) received 212.5 hours of assessment and treatment**

Award: \$32,995

Description: KVC's Family Substance Abuse Recovery Services began as a pilot program in 2018, serving Johnson County families who had children removed from their home (e.g. children were in foster care) and assessed by KVC case managers, or referred by Kansas Department of Children and Families (DCF). Since 2018, KVC has obtained the state-wide contract with DCF to continue this work both in-home and in-office based assessment and treatment in a wider catchment area. During the family assessment, if there is indication of substance abuse, a referral is made for the KS Client Placement Criteria (KCPC) to be administered. If treatment is indicated by the KCPC, families are referred to KVC. Working with a focus on the social determinants of health, KVC reduces barriers to treatment by providing treatment for substance use as well as co-occurring mental health disorders in-home and via telehealth. Other options included referring families to local support groups, and in-patient therapy. In 2020, KVC added the Alcohol Smoking Substance Screening Test assessment to help monitor treatment goals and quality of life improvements. KVC also engages in eco-mapping with clients to support them in identifying sources of strength and resources throughout their community and build their sense of connectivity.

Outcomes Achieved: All families coming into the program were contacted and 96% had completed an intake/assessment within 10 days of the referral. After their last appointment, clients engaged in KVC's substance use disorder treatment program were asked to respond to a survey/assessment at 30, 60, 90, and 180 days that included the AWARE assessment as well as eco-mapping, which provides a visual representation of the client's resource and support connections. The AWARE is an evidence-based tool which asks respondents questions related to risk factors connected to relapse and measures probability of relapse. All KVC clients who took the assessment fell in the 11% average range, indicating the lowest likelihood of

relapse – which is attributed, in large part, to being aware of and utilizing supportive connections as well as overall higher levels of stability and quality of life among clients. According to National Institute on Drug Abuse (2018), relapse rates for substance-use disorders is approximately 40-60%.

Lorraine’s House

Johnson County
Residents Served:
**62 adults through
7,670 nights of
shelter**

Award: \$18,854

Description: Founded in 2016, Lorraine’s House is a structured transitional living program for women recovering from addiction. Lorraine’s House provides sober living homes in Johnson County. Upon arrival, most residents are unemployed and homeless, transitioning from residential treatment, incarceration, unhealthy living environments or detox. Residents are expected to follow house rules, pay rent, be employed (or actively seeking employment or on disability), remain abstinent, and participate in recovery-oriented groups. During 2021, the average length of stay was longer than in 2020 – an average of 134 days.

Outcomes Achieved: Stable housing, employment, and participation in a recovery community are important factors in support of recovery. 84% percent of residents complied with Lorraine’s House requirement to attend a minimum of three recovery-oriented meetings weekly; meetings were offered virtually due to the pandemic. 82% of residents were employed within one month of entering sober living. 61% of residents successfully completed the program as reflected by their sobriety and maintaining employment and ability to support themselves upon leaving the house.

Mirror

Johnson County
Residents Served:
**131 adults through
3,286 days of
service**

Award: \$165,918

Description: Mirror’s residential substance abuse treatment program is located in Shawnee. ATF support of this program addresses the needs of Johnson County clients who fall below 200% of poverty and cannot access services in a timely manner due to limited state block grant funding. The dual focus of substance abuse counseling and integration of substance abuse issues and mental health needs is accomplished through individualized treatment plans and establishing and coordinating mental health services. Support is provided to address legal, housing, health, and employment issues that are a barrier to recovery. As a residential facility, Mirror had to temporarily freeze admissions four times in 2021 due to the pandemic; it also had staffing shortages throughout the year. As a result, Mirror had periods during 2021 in which it could not operate at full capacity. In 2021, Mirror served 253 patients from inside and outside of Johnson County through 7,472 days of residential treatment.

Outcomes achieved: Average wait time for admission to residential services doubled in 2021 as compared to 2020, due to staffing shortages and safety protocols related to COVID-19. However, the cumulative average of days that Johnson County clients entering the co-occurring disorder (COD) program spent on a waiting list was 25.65 days, compared to an average wait list time of 66.63 days for clients funded by the state block grant or other funding streams. Mirror’s experience is that the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening is available.

74% of Mirror’s co-occurring clients were successfully discharged; this is a significant increase from 2020. Clients also reported improved confidence level in handling high risk situations that could lead to substance use from 63% at admission to 76% at discharge; an 82% increase in client confidence.

Preferred Family Healthcare, Inc.

277 (237 adults and 40 youth) Johnson County residents engaged in 4,657 hours of treatment services

Award: \$113,126

Description: Treatment services includes outpatient individual, group, and family counseling. Due to the pandemic, Preferred Family Healthcare provided some services via telehealth and was not able to offer group adolescent treatment until August of 2021. Referrals were down in 2021, as referral sources, such as school districts and court systems, were impacted by COVID-19. Preferred Family Healthcare also had staffing shortages, reducing their capacity to provide services. Preferred Family Healthcare also experienced a significant number of clients cancelling appointments due to COVID – clients had COVID, had been exposed to COVID, or had to cover for co-workers who had COVID and could not make their appointments. Despite these challenges, Preferred Family Healthcare provided outpatient treatment services to 332 adults and youth from within and outside of Johnson County while maintaining a fee policy that ensures no client is turned away due to inability to pay.

Outcomes achieved: During 2021, all clients who were not funded through Senate Bill 6 (DUI offenses) or Medicaid, paid a reduced fee for services. Of those, 46% paid less than \$50 per session and 35% paid less than \$35 per session. Random urinalysis testing occurred throughout the first half of 2021 but was discontinued in the second half due to COVID; in the first half of 2021, 100% of clients, who were randomly tested, tested negative for substance use. 67% of clients who were not disabled or retired reported they were employed or involved in educational activities; this is a decrease from prior years and a result of increased unemployment among clients in the second half of 2021. 65% of clients successfully completed treatment.

2021 Drug and Alcoholism Council of Johnson County

Jen Jordan-Spence, Chair, City of Gardner, City of Gardner Representative

Jaime Murphy, Vice Chair, Overland Park Municipal Court, City of Overland Park Representative, Grant Review Committee Chair

Afam Akamelu, Secretary, Community Volunteer

Judge Jenifer Ashford, 10th Judicial District Court ◆

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David Brown, TeamMobile, City of Lenexa Representative

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Allison Dickinson, Johnson County Government ◆

Captain Troy Duvanel, Merriam Police Department, City of Merriam Representative

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Piper Reimer, City of Prairie Village Councilperson, City of Prairie Village Representative

Liana Riesinger, Francis Family Foundation, City of Mission Representative

Mickey Sandifer, City of Shawnee Representative

Pastor Kevin Schutte, Pathway Community Church, Johnson County Board of County Commissioners Representative

Catherine Triplett, Triplett Law Firm

Charlene Whitney, Community Volunteer

◆ Denotes Non-Voting Member

Staff Support: Christina Ashie Guidry, UCS Director of Resource Allocation

2021 Alcohol Tax Fund Funding Priorities

Numbering of priorities does not indicate one is more important than another.

By state statute, an identified portion of Alcohol Tax Fund (ATF) dollars must be used to fund programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers.” KSA §79-41a04 (as amended).

For the purpose of this application, these programs are generally defined as follows:

- Education and Prevention programs are designed to promote awareness and self-efficacy, and provide information, activities, and skill building to prevent problems with, or addiction to, alcohol and/or drugs.
- Intervention programs are designed to interrupt alcohol and/or drug use, and may include activities applied during early stages of drug use which encompass preventing the transition from drug use to abuse.
- Substance Abuse Treatment programs are licensed by the State of Kansas to provide substance abuse treatment services and are designed to assist clients with stopping use of alcohol and drugs and avoiding relapse.

Overall priority is given to:

1. Programs that target populations who are at-risk for substance use or abuse such as individuals who have mental health issues, individuals who are homeless and/or have other co-occurring issues, and individuals involved in the child welfare or criminal justice system.
2. Programs that address barriers to service including hours of operation, transportation, lack of care for children of parents seeking services, and physical location.
3. If fees are charged for services, there are accommodations for those clients with no ability, or limited ability, to pay the fees (such as a sliding fee scale based upon income).
4. Programs that demonstrate competency in addressing language and cultural barriers, and provide bi-lingual services in high demand languages, such as Spanish.
5. Programs that provide services to meet a current community need (defined through indicator data or *Kansas Communities That Care* survey trends).
6. Programs that demonstrate an awareness of the role of trauma in prevention and treatment of substance use and utilize a trauma informed care approach in delivery of services.
7. Programs that are evidence-based or reflect a best or promising practice, and include measures to ensure fidelity.
8. Programs that utilize measurable outcome data to improve service delivery.
9. Strategies and services that involve families, parents, guardians, and/or other support systems.
10. Programs that demonstrate through service delivery, competency in addressing the interrelationship between substance use/abuse and other risk factors as defined above in priority number one.

Priorities for Education and Prevention Programs include:

1. Strategies that seek to delay onset of first use of substances.
2. Programs that target use of gateway drugs and address new trends in drug use across all age groups.
3. Programs that utilize *Risk and Protective Factors* strategies.

Priorities for Treatment and Intervention Programs include:

1. Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
2. Programs that serve targeted populations with early intervention strategies.
3. Programs that collaborate with other organizations and sectors, and provide linkage to community supports.
4. Programs that incorporate Recovery Oriented Systems of Care (ROSC) which sustain and support recovery, including but not limited to providing peer support, housing, case management, and/or to linkages to recovery communities and activities.