



Alcohol Tax Fund: A Collaborative City/County Partnership

2022 Year-End Report

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), supported by United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to recommend allocation of Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statutes.

ATF is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, **and must be used for programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers”** KSA §79-41a04 (as amended).

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and ten cities (De Soto, Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is comprised of individuals with professional and/or personal interest in alcohol and other drug issues and includes representatives from education, law enforcement, health, city and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction, which provides a powerful geographic basis to ensure the strength of the substance use continuum of care throughout the county. 2022 DAC members are listed on page 15. UCS provides staff support to the DAC and facilitates quarterly meetings with the ATF-funded agencies focusing on collaboration, emerging issues and treatments, and best practices, further supporting the regional substance use continuum of care.

In 2022, 23 programs received allocations of \$1,898,797 to support programs and services for local residents; applicant requests for funding exceeded available funds by more than \$200,000. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees’ year-end reports, over 42,000 Johnson County residents* participated in programs or received services supported, in part, by ATF allocations. The following summary describes how these funds were used and outcomes achieved by supported programs. 2022 ATF funding priorities are listed on page 16.

The DAC, the UCS Board of Directors, the funded programs, and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For more information, contact Christina Ashie Guidry, Director of Resource Allocation, christinag@ucsjoco.org.

| 2022 Funding | |
|---------------------------|--------------------|
| Johnson County Government | \$140,559 |
| 10 Cities | 1,860,238 |
| Total Dollars | \$2,000,797 |
| UCS Administration | -\$102,000 |
| Grant Awards | \$1,898,797 |

*this figure represents unduplicated Johnson County residents for each grantee, combined.



Alcohol Tax Fund 2022 Year-End Report

Education, Prevention, and Intervention Programs

Community-Based Programs

Artists Helping the Homeless (AHH)

Johnson County residents served: **181 adults through 6,215 support services and nights of housing**

Award: \$50,000

Description: AHH assists homeless adults in addressing alcohol and substance use issues by providing supportive services tailored to the needs of the individual. Three levels of support are available: gap services, intervention, and reintegration. AHH is unique in filling gaps with transportation, interim housing, assistance with meeting admission requirements to other agencies. AHH staff meet with individuals referred by hospitals, detox, law enforcement and other agencies to develop a discharge or recovery plan for those who otherwise may return to the street. When housing gaps develop, AHH often fills that gap. New in 2022, AHH opened a respite house in Johnson County. AHH's two respite homes are often the first step in AHH's reintegration program. Monitored 24/7, respite home residents access AHH's full array of services including AA/NA meetings, counseling, legal assistance, job training and educational programs, health care services, as well as community service, social reintegration, and physical fitness activities. As residents gain independence, they may continue to build resources and peer support at AHH's apartment building, Finnegan Place. The goal of this residential program is for residents to recover, reintegrate, and thrive in the community. AHH served 1,770 individuals in and outside of Johnson County in 2022 with 22,827 nights of housing and supportive services.

Outcomes achieved: AHH provided housing and other intervention and recovery services to 181 Johnson County individuals in recovery from substance use disorder while experiencing homelessness. AHH clients had a 93% retention/successful discharge rate for clients who participated in the reintegration program as measured by transitioning out of the program into permanent housing. Clients maintained a sobriety rate of 83%, based on urinalysis. All residential AHH clients eligible for employment obtained employment, enrolled in school or job training, or entered treatment within 30 days of the initial recovery period. Local governments experienced savings as none of AHH's Johnson County clients had new interaction with law enforcement and only three of AHH's 1,770 clients required emergent hospital visits.

Boys and Girls Club of Greater Kansas City

151 program sessions provided to 364 Johnson County youth

Award: \$15,000

Description: At its Olathe Club location, Boys and Girls Club implements SMART Moves (Skill Mastery and Resistance Training) during after-school, winter break, and summer programming for youth 5-18 years-old. SMART Moves helps to prevent use of alcohol and drug use, as well as other risky behavior, through education and building of skills and techniques to recognize and resist media and peer pressure. Program sessions last sixty to ninety minutes. In 2022, Boys and Girls Club delivered in-person programming throughout the year and expanded into a larger space, which allowed expanded program capacity and additional student participants in SMART Moves programming..

Outcomes achieved: As indicated by pre- and post-tests, following the SMART Moves program, 93% of program participants demonstrated an increase in

knowledge of the dangers of alcohol and drug use. 94% of participants also increased their knowledge of the use of tools and strategies to resist peer pressure and media influence and 86% demonstrated an increase in knowledge about how to resolve conflict non-violently.

Cornerstones of Care

68 (38 youth and 30 adults) Johnson County residents engaged in 300.5 service encounters

Award: \$70,703

Description: Cornerstones of Care provided *Functional Family Therapy* (FFT) to youth, aged 11 to 17 years-old, who identified as having a substance abuse issue, as well as their family members. FFT is an evidence-based 12-14-week in-home family intervention. Referrals for FFT were made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents. In 2022, Cornerstones of Care opted to continue to offer clients the option to utilize Zoom, a HIPAA compliant tool, to facilitate telehealth and provide ongoing supports and services in addition to in-person services.

Outcomes achieved: In 2022, Cornerstones staff provided over 300 hours of Functional Family Therapy to clients; this does not include time for travel, documentation, consultation, training, or supervision. As a result of the therapy, youth and parents completing a closing assessment reported an average score of 3.6 (between “3 = some better” and “4= a lot better”) for improved family relationships as evidenced by reduced levels of conflict and improved communication. In addition, approximately 79% of youth who completed Functional Family Therapy during 2022 had no subsequent charges related to drugs and/or alcohol.

First Call Alcohol/Drug Prevention and Recovery

2,068 (1,305 adults and 763 youth) Johnson County residents received 4,661 hours of support

Award: \$68,000

Description: First Call delivers Family Prevention Services on-site at partnering schools as well as to Johnson County residents at First Call. Services include the *How to Cope* program the *Caring for Kids* program offered at First Call, Shawnee Mission North, and Rushton Elementary; a sobriety group at Blue Valley Academy; *Life Skills Training* at Olathe South High School, Blue Valley Academy and Mill Creek, East Antioch, and Broken Arrow elementary; the *Say It Straight* (SIS) program offered at Olathe Schools Project Choices, and Olathe Youth Court. The *How to Cope* program helps adult family members who are living with someone who has a substance use disorder. Children and adolescents in the *Caring for Kids* program attend psycho-educational groups which teach them about the effects of substance abuse disorder in the family and help them to regain a healthy lifestyle. In 2022, First Call provided both virtual and in-person services.

Outcomes achieved: In 2022, First Call served more clients than in 2021 for a total of 2,068 Johnson County clients through 4,661 service encounters. First Call added services for youth in 2022 through an intensive 3-day summer camp, which utilizes the *Caring for Kids* curriculum, and by adding a new Team Lead position for Prevention-based services for youth. First Call also added *Life Skills Training* classes in Shawnee Mission School District and plans to do the same at Blue Valley in 2023. First Call’s overall goal is that participants lead safe, healthy lives and avoid substance use, misuse, and addiction. In 2022, based on pre- and post-assessments, 95% of *How to Cope* participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. During this same period, 89% of *Caring for Kids* participants reported an increase in knowledge regarding the

harmful effects of alcohol, tobacco, and other drugs. There were nine sites for *Life Skills Training* in Johnson County in 2022 with twenty groups. Participating students saw an average increase of 8% over their baseline score in knowledge and positive attitude related to protective life skills and the harmful effects of drugs, alcohol, tobacco, and other drugs.

Heartland Regional Alcohol and Drug Assessment Center

Johnson County Residents Served: **135 adults through 163 service encounters**

Award: \$159,734

Description: Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provides intensive case management services (ICM) to Johnson County adults who are homeless and have a substance use disorder and a co-occurring mental and/or physical health issue. Services focus on risk-reduction and stabilization, while also addressing individual goals around substance abuse and recovery, mental health services, and housing. When clinically appropriate, HRADAC assists clients in accessing care such as Medication Assisted Treatment. Recovery coaching and peer mentorship, provided along with case management and care coordination services, complement the clinical work of ICM and help clients maintain recovery.

Outcomes achieved: During 2022, 83% of ICM clients obtained transitional or permanent housing while receiving services with 9% obtaining transitional housing and 74% obtaining permanent housing. 99% of ICM clients actively worked on recovery issues. 76% of clients accessed substance abuse treatment, 63% attended 12 step and other recovery groups, and 84% engaged in Recovery-Oriented Systems of Care (ROSC) activities with a Recovery Coach. Additionally, 19% accessed Medication Assisted Treatment (MAT). HRADAC clients also increased engagement with recommended mental health services with an additional 29% engaged in mental health services, for a total of 73% of clients accessing mental health services, since they began ICM.

Johnson County District Attorney's Office: Juvenile Drug Court, Minor In Possession of Alcohol, and Drug and Alcohol Diversion

Johnson County Residents Served: **317 youth**

Award: \$88,410

Description: The Juvenile Drug Court serves first-time drug offenders seeking diversion who present with serious drug and alcohol issues. Youth are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Drug and Alcohol Diversion includes other juvenile cases with drug/alcohol contacts that do not reach the higher level of drug court, or the lower level of MIP. These cases are an immediate intervention which require participants to participate in drug and alcohol education classes, intervention (counseling), and/or completing random drug screens in addition to the requirements of the standard contract. ATF funds provide for the Drug Court/Drug Diversion/MIP Officer, who monitors each participant's outpatient drug and alcohol counseling, participation in Drug and Alcohol classes, completion of random drug screens, completion of community service, and adherence to all Diversion guidelines. The program served 357 individuals in 2022 within and outside of Johnson County.

Outcomes achieved: The goal of the Johnson County District Attorney Office's Juvenile Drug Court program is to increase motivation to remain drug free as measured by improvement in school grades, involvement in pro-social activities, drug screens and parental feedback. The average semester GPA of a Drug Court

client at the start of Drug Court was 2.9, and at the completion of Drug Court, the average semester GPA was 3.4. 51% of students participated in a prosocial activity, such as sports. 74% of youths' drug screens were negative for all substances.

**Johnson County
Department of
Corrections:
Voucher Assistance**

Johnson County
Residents Served:
**44 adults through
60 vouchers for
assessment or
treatment.**

Award: \$6,500*

Description: Through vouchers, 44 Johnson County adult offenders who faced financial barriers obtained substance abuse services through evaluation and/or treatment sessions. Voucher assistance was provided to individuals in the Adult Residential Center and those who were under Intensive Supervision. In 2019 the court-approved provider list was disbanded across the County and offenders can now seek services from any licensed provider, which provides expanded availability of services for clients. Vouchers reduce barriers to substance use evaluation and/or treatment services for individuals referred to the program, supporting clients in accessing needed treatment and beginning the journey to recovery and reintegration into society.

*\$4,250 of 2021 program funds were utilized for this program in 2022.

Outcomes achieved: 60 unduplicated individuals, from within and outside of Johnson County, received referrals for 90 total vouchers were approved (some individuals received assistance more than one time). 85% of clients referred for an evaluation completed their evaluation within 30 days of the voucher request being approved. Of those individuals recommended for substance abuse treatment, 94% commenced treatment within 60 days of the completion of the substance abuse evaluation.

**Johnson County
Department of
Corrections:
Changing Lives
Through Literature**

Award: \$1,000*

Description: The *Changing Lives Through Literature* program (CLTL) is an alternative intervention program that uses literature to impact the lives of moderate-risk criminal defendants who frequently have histories of drug and/or alcohol use and are under court-ordered supervision (probation) or contracts of diversion. CLTL defendant participants, judges and probation officers read literature and participate in facilitated discussion which helps to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Prevention of substance abuse is a component of the program as discontinued use of alcohol and drugs often creates idle time and boredom. In addition to gaining insight into their own lives and behavior, which promotes change, the program provides a support structure and a pro-social activity with respected individuals.

*This program requested to utilize \$2,000 in carryover funding to support the same program in 2022.

Outcomes achieved: Typically, this program is held at local libraries and the Therapeutic Community within the Adult Residential Center; this program attempted a virtual format in early 2021, which had limited success, and suspended operations until in-person services could be safely provided. In 2022, the program was not restarted. The program will commence in 2023, offering four sessions. In 2021, 100% of participants had no new known arrests; 67% of participants completed the program; and 100% tested negative for alcohol and drug use.

**Johnson County
Mental Health
Center: Prevention
Services**

Johnson County
Residents Served:
**1,275 (794 adults
and 481 youth)**

**>545,000 social
media impressions**

Award: \$168,274

Description: Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations serving a total of 1,603 individuals from within and outside of Johnson County. Services were provided both virtually and in-person in 2022 and included webinars for the School Prevention Roundtable, the Youth Leadership Summit, planning and facilitation of presentations to youth and adults related to substance use, supporting *Teen Task Force* (dedicated to prevention of underage drinking, tobacco use, and other drug use) members in implementing projects such as the RESIST Take Down Tobacco Day, National Drug and Alcohol Facts Week, and SAMHSA National Prevention Week. The *End the Trend* campaign, which uses social media for public service announcements about vaping, continued through presentations with middle and high school students as well as school district nurses. In 2022, Prevention Services provided their *Strengthening Families* program, an evidence-based family skills training program supporting high-risk and general population families, in Spanish for the first time.

*In 2020, funding for EverFi's AlcoholEdu program, an online prevention program used in all school districts, was consolidated within the grant for Prevention Services, resulting in a substantial savings to school districts and expanded access to EverFi's suite of programs, including mental wellness, AlcoholEdu, vaping prevention, and prescription drug safety. Each district reports its own outcomes and service numbers related to AlcoholEdu, while Prevention Services reports on the district-wide knowledge gains related to AlcoholEdu. **A total of 6,031 Johnson County students utilized AlcoholEdu in 2022; average knowledge gained for students across all districts, according to pre- and post-surveys, was a 15.6% increase.***

Outcomes achieved: 100% of students participating in the School Prevention Roundtable reported an increased level of knowledge and confidence related to substance use prevention and 98% of middle school and high school students participating in the Youth Leadership Summit reported an increase in knowledge and confidence in substance use prevention, according to pre- and post-surveys. Following legislation enacted in July 2022 that limits the administration of surveys to students in schools, Prevention Services provided technical support to school districts in assisting them in determining how to implement the Kansas *Communities that Care* Survey or what alternative mechanisms to use to collect critical baseline data on the risk and protective factors of Johnson County students as related to substance use as well as student engagement in substance use. In addition, Prevention Services provided 143 presentations to schools and the community. The *End the Trend* campaign received 545,869 impressions across social media platforms (Facebook, Instagram, and Snapchat).

**The Family
Conservancy**

Johnson County
Residents Served:
**532 (237 adults and
393 youth) through**

Description: Within its Prevention/Screening and Referral program, The Family Conservancy served 630 adults and youth from within and outside of Johnson County for a total of 6,285.5 hours of service. The program includes two components: 1) substance abuse education and screening for all Johnson County clients served within the agency's counseling programs, and referral to treatment when applicable, and 2) *Conscious Discipline*, an evidence-based self-regulation program which integrates social-emotional learning and discipline, fostering healthy development to prevent future risk of substance abuse. Due to the

6,217 hours of services

pandemic, services were provided virtually and in-person, as appropriate, throughout the year.

Award: \$40,000

Outcomes achieved: Of clients who reported they had a family member with substance misuse problems, 80% increased knowledge or experienced an attitude change that supported the family's health. Of clients who had a substance misuse concern, 82% increased their knowledge of the harmful effects of alcohol, tobacco, and other drugs. 70% of closed cases successfully completed their full counseling treatment plan with 59% of clients confirming their willingness to work on change and 50% demonstrating improved resiliency based on Connor-Davidson Resilience Scale (CD-RISC) assessments. 90% of individuals participating in Conscious Discipline programming showed improvement in at least four of the seven Powers/Beliefs (perception, attention, unity, free will, acceptance, love, and intention), and 82% indicated that they successfully applied five or more of the 10 positive impacts or successful applications of strategies learned through Conscious Discipline.

Education, Prevention, and Intervention Programs

Johnson County Public School Districts

*School Districts report outcomes and the number of individuals served by school year, instead of calendar year. This enables schools to better use their outcome data (compare school year to school year) and respond with program changes when needed. In order to be in sync with the ATF disbursement process, districts' financial reports continue to be on a calendar year basis. Most of the following school district information is for School Year (SY) 2022 (ended in June 2022); although some of the described activities took place during the last six months of 2022 (first semester of SY 2023). **Due to the ongoing nature of school programming, schools do not track units of service.***

In 2020, funding for EverFi's AlcoholEdu, an online prevention program used in all school districts, was consolidated within the grant for Johnson County Mental Health Prevention Services, resulting in a substantial savings to school districts and expanded access to EverFi's suite of programs, including mental wellness, AlcoholEdu, vaping prevention, and prescription drug safety. Prevention Services reports on district-wide knowledge gains related to AlcoholEdu, while each school district reports on number of students utilizing EverFi's programs and report students' knowledge gained as a result of taking AlcoholEdu. AlcoholEdu's pre/post assessment of knowledge gain includes the following topics: knowing the basics, knowing your influences, brain and body, smart decisions, and future ready.

Blue Valley School District

Johnson County Residents Served: **12,548 (173 adults and 12,375 youth)**

Award: \$11,186*

Description: ATF supported funding for 18 drug/alcohol prevention coordinators at six high schools, ten middle schools, one elementary school, and one district coordinator, covering more schools than in prior years; these coordinators meet at least quarterly. Services provided by the coordinators impact students in all middle school and high school buildings. Coordinators worked hard to support students in virtual learning including supporting use of *AlcoholEdu*, *Vaping: Know the Truth*, and *Prescription Drug Safety* in five high schools. The program *Signs of Suicide* or information from *Zero Reasons Why*, a local suicide prevention initiative, is provided once each year to students in 6th-8th, 10th, and 11th grades, with mental health team members prepared to speak with students who request it through post-surveys completed after the presentations. ATF also supported drug and alcohol screenings for students, as appropriate, and sobriety supports through First Call, which is supported separately by the ATF for this purpose, resulting in savings for the school district.

*Blue Valley was able to carryover \$11,820 in ATF into 2022, for a total budget of \$23,006.

Outcomes achieved: Blue Valley’s drug and alcohol prevention coordinators met regularly and subcommittees coordinated: posters to be displayed at facilities and events related to substance use prevention; school programming for consistent lessons, resources, and content to be used throughout the district; community education and engagement, including events for students and parents; and video promotion, which develops short content and videos shown at schools to engage students, families, teachers, and coaches in substance use prevention. In 2022, Blue Valley expanded its use of the suite of virtual programs provided by EverFi, including utilizing *Vaping: Know the Truth* (522 students), *Mental Wellness Basics* (373 students), and *Prescription Drug Safety* (583 students). In 2022, 3,585 students participated in *AlcoholEdu*; pre- and post-assessments indicated that 100% of students felt that AlcoholEdu helped prepare them to resist social pressure to drink alcohol and to establish a plan ahead of time to make responsible decisions about drinking; 97% of students felt prepared to stop a friend from driving drunk. First Call is providing sobriety supports for students at all Blue Valley high schools. Blue Valley provided 103 Suicide Risk Assessments in 2022.

De Soto School District

Johnson County Residents Served: **11,586 (4,317 adults and 7,269 youth)**

Award: \$20,979*

Description: ATF supported De Soto School District’s coordinator for substance abuse programming, partial funding for district social worker who worked with students on issues of substance abuse, parent information events about substance abuse prevention including vaping, and implementation of two evidence-based programs - *Too Good for Drugs* (elementary and middle school students), and *AlcoholEdu* (high school); as well as high school prevention clubs which continued to focus on coping skills and alternative activities. District students participated in age-appropriate drug/alcohol prevention activities such as Red Ribbon/National Drug Awareness Week activities. All students and parents were provided information about substance use prevention and intervention. Methods of communication included emails, flyers, newsletters, information table at parent-teacher conferences, and parent information nights.

*De Soto School District had an additional \$300 in carryover funds that it was able to utilize for approved programming in 2021.

Outcomes achieved: The district achieved its goal of exposing *all* students to prevention messages and of providing parents opportunities to learn more about substance use prevention and resources. Elementary and middle school students engaged in *Too Good For Drugs* program, pre- and post-test assessments indicated an average 21% knowledge gain among elementary and middle school students. In addition, counselors for middle school students provide classroom instruction regarding substance use, prevention, and mental health. In high schools, 528 ninth graders participated in *AlcoholEdu*; pre- and post-assessments indicate student knowledge increased by an average of 16% across all three units of programming: “Know Your Influence”, “Brain and Body”, and “Smart Decisions.”

Olathe School District

Johnson County Residents Served:

Description: Within Olathe School District, ATF supports student substance abuse assessments, parent education and family strengthening through *Guiding Good Choices*, which is made available in both English and Spanish and offered to parents of students ages 9-13, *Life Skills* (delivered in alternative education program for grades 8-12), and *AlcoholEdu* (ninth graders). In 2022, Olathe School District also

2,278 (11 adults and 2,267 youth)

Award: \$0*

opened its own mental health clinic, which provides free assessments and support for students, as appropriate. In addition, Olathe School District offers a weekly after school program, in collaboration with the Olathe Police Department and Fire Department, called *The Spot* to support at-risk students with mentorship, homework assistance, and skill-development.

*Olathe School District had \$11,700 in carryover for approved programs in 2022.

Outcomes achieved: In SY 2022, 1,708 students participated in *AlcoholEdu* and reflected knowledge increases across all metrics: “Know Your Influence,” “Brain and Body”, and “Smart Decisions”. Students demonstrated an average 16% knowledge gain related to “Know Your Influence” – being aware of the influence of social media and peers on their perception of substance use; 6% knowledge gain related to “Brain and Body” – understanding the effects of substance use on both brain and body; and a 12% increase in “Smart Decisions” – which helps students plan and prepare to make smart decisions, like planning for a safe way to and from high school events or refusing to let a friend drink and drive. During SY 2022, 50 alcohol/drug assessments were provided to students. *The Spot* provided 41 after-school and summer sessions for 1,775 (not unduplicated) students, building connections through mentorship, supporting students in skill-development and in achieving graduation.

Shawnee Mission School District

Johnson County Residents Served: **5,442 through the EverFi suite of educational programs**

Award: \$0*

Description: ATF supports the Shawnee Mission School District’s implementation of the full suite of EverFi virtual learning resources, including *AlcoholEdu*, *Vaping: Stop the Trend*, *Mental Wellness Basics*, *Prescription Drug Safety* and other programs sponsored by the ATF through Johnson County Mental Health Prevention Services. These programs are primarily implemented in high school health class (all five high schools and Horizons alternative school) as well as in middle schools.

Outcomes achieved: In SY 2022, Shawnee Mission substantially expanded its use of substance use related education and prevention programming. 1,703 students participated in *AlcoholEdu* across all six district high schools. Average knowledge gains across all units of *AlcoholEdu* for Johnson County students was 18%. 1,139 students completed the training *Vaping: Know the Truth*, with an average knowledge increase of 34% reinforcing that addiction is a primary danger of vaping and providing a framework for quitting. 409 students completed *Mental Wellness Basics*, with an average knowledge gain increase of 19% concerning the impact of stress and environment on the brain; and, 270 students participated in *Prescription Drug Safety* with an average knowledge gain increase of 28% in learning how to refuse unprescribed prescriptions. 294 middle school students completed the *Character Playbook*, which provides a social-emotional learning platform to support students in developing positive relationships and increasing protective factors to support students in avoiding substance use, demonstrating an average increase in knowledge of 18%.

*Shawnee Mission did not request funds beyond those allocated for EverFi’s programming coordinated through Johnson County Mental Health Prevention Services.

Spring Hill School District

Johnson County Residents Served:

Description: In the Spring Hill School District, ATF funding supports three evidence-based programs: *Project Alert* (middle school), *Al’s Pals: Kids Making Health Choices* (all kindergarten classes), and *Peer Assistance and Leadership* (PALs), a peer-helping program with structured curriculum for high school students. ATF helps support the Mental Health Social Worker and *Students Against Destructive Decisions* (SADD), a

2,545 (190 adults and 2,355 youth)

Award: \$13,560

high school program. The district also utilizes *AlcoholEdu*, which is provided through Johnson County Mental Health Center's Prevention Services and supported by ATF funding.

Outcomes achieved: In SY 2022, 275 students engaged in *AlcoholEdu*; pre- and post-assessments indicated an average knowledge gain of 15.2% across all metrics, including awareness of the effects of alcohol on the brain and body, acknowledging the influences on decision-making related to alcohol, and how to make safe choices – as an individual and with others when alcohol could be involved. In addition, 168 students completed *Mental Wellness Basics*, demonstrating an average knowledge gain of 20% with respect to the impacts of stress and the environment on the brain. In the fall of 2022, 36 PALS students received training about how to handle tough situations, including peer pressure to use drugs and alcohol, and when it is appropriate to involve adults in dealing with an issue. PALS students then met monthly with peers to provide support, including to students who reported being impacted by substance abuse. The district also positively impacted students' lives through services provided by the Mental Health Social Worker who provided evaluation, referral, and counseling. During 2022, the social worker met with 53 students in middle and high school, over half of these students reported being impacted by substance abuse (their own substance use, that of a close family member, or both). When appropriate, students were referred to outside therapy to further reduce their risk of future substance abuse or to counseling or treatment for substance abuse.

Intervention, Treatment, and Recovery Programs

Friends of Recovery Association

Johnson County Residents Served: **1,279 (993 adults and 286 youth) through 4,369 hours of case management and services**

Award: \$60,000

Description: Friends of Recovery Association's (FORA) Oxford Houses are autonomous, democratically run, transitional homes for individuals maintaining sobriety. FORA provides reintegration programming and case management for individuals living in Oxford Houses, and trains Oxford House alumni and residents as recovery coaches who work with new recovering residents. Houses in Johnson County are available for men only, women only, and families with children. FORA also serves individuals recently released from incarceration by providing short term housing and supportive recovery coaches as those individuals seek employment and apply for standard admission to Oxford House. In 2022, FORA expanded its supports for residents, including additional case management and other services, and served 4,729 adults from within and outside of Johnson County.

Outcomes achieved: There are 45 Oxford Houses in Johnson County, including two new houses which opened in 2022; those 45 houses provide a total of 375 beds for individuals in recovery. No Oxford Houses in Johnson County have closed during the pandemic; demand for sober living continues to exceed availability. FORA provided many training and engagement sessions virtually this year, including education related to the coronavirus and financial education classes, resulting in larger class sizes and strong client engagement. Over 92% of residents remained employed during their stay in Oxford Houses; this is approximately 9% higher than the national average for all Oxford Houses. The relapse rate for Johnson County residences is 5.5%, markedly below the national Oxford House average of 22.9%, and is attributed in large part to peer support in recovery. Approximately 65% of residents successfully transitioned out of Oxford House in 2022.

**Johnson County
Mental Health
Center: Adolescent
Center for
Treatment (ACT)**

Johnson County
Residents Served:
**17 youth through
356 bed days with
supporting services**

Award: \$242,170

Description: The Adolescent Center for Treatment (ACT) is an adolescent residential substance use treatment program for youth 12-18 years old. The average length of stay in 2022 was 21 days. ACT served 105 youth from within and outside of Johnson County for a total of 2,029 bed days with support from ATF (for Johnson County youth); government fees, contracts, and grants; program service fees and third-party payments. Youth receive a bio-psychosocial assessment at the time of admission and participate weekly in over 50 hours of therapeutic activities (individual and/or group counseling, addiction education, nicotine cessation, recovery skills, relapse prevention, anger management, and more). Families are encouraged to participate in bi-weekly education or counseling groups and weekend parent education groups. In 2022, ACT served fewer clients than anticipated and had a lower successful retention rate due to a sharp increase in youth with a primary diagnosis of opioid/fentanyl use disorder. Due to the intensity of withdrawal symptoms, there is a need for higher staff support for each opioid/fentanyl use disorder client – often a 1:1 care ratio as compared to the state standards of 1:7.

Outcomes achieved: In 2022, 67% of first-time admits remained in treatment for at least 21 days. 68% of re-admits remained in treatment for at least 14 days. 67% of all clients at ACT remained in treatment for the prescribed length of time for 2022 with 69% of all clients receiving a successful discharge. The average client satisfaction score was 4.3 out of 5.

**Johnson County
Mental Health
Center: Adult
Detoxification Unit
(ADU)**

Johnson County
Residents Served:
**250 adults through
832 bed days with
supporting services**

Award: \$276,835

Description: The Adult Detoxification Unit (ADU) is a non-medical, social detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions primarily come through hospitals, law enforcement, and Rainbow Services, Inc. (RSI). RSI provides a sobering unit, which is a three to six-hour stay. Close collaboration and referral efforts continue with RSI and meetings are held between RSI and ADU to support successful client transition and review outcomes of shared clients. The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment is completed on each client and clients are closely monitored throughout their stay (average of three days), including monitoring for potential medical complications. ADU served 524 adults from within and outside of Johnson County for a total of 1,675 bed days. Staff worked with clients to develop a discharge/recovery plan and made arrangements for ongoing support and treatment. ADU had limited bed capacity in 2022 due to COVID-19 related occupancy restrictions in the first quarter of the year.

Outcomes achieved: In 2022, 73.6% of clients remained in the facility until staff recommended discharge; average length of stay was 3 days. 94.6% of clients leaving ADU left with a recovery plan upon discharge; those leaving without a recovery plan were given standard discharge instructions. Discharged clients completed a satisfaction survey with six areas of program quality and staff performance; the average rating of ADU was 4.6 on a 5-point scale.

**Johnson County
Mental Health
Center: Dual
Diagnosis
Outpatient Program**

Description: The Dual Diagnosis Outpatient Program (DDOP) provided integrated treatment services to 358 adults and youth within and outside of Johnson County with co-occurring substance abuse and mental health disorders. Like many other agencies providing mental health services, DDOP experienced staff turnover; as a result, overall numbers of service are lower than projected for 2022. The DDOP

Johnson County
Residents Served:
346 (259 adults, 87 youth) through 5,896 clinical hours of service

Award: \$223,044

provides one to eight hours of weekly group or individual counseling for both adults and youth. Counseling sessions focused on alcohol/drug education, recovery, and relapse-prevention skills, as well as helping clients understand and manage mental health issues that complicate recovery. The Adolescent Outpatient Addiction Services program partners the Johnson County Juvenile Drug Court, which enables case managers to attend bi-weekly drug court meetings and accept new referrals.

Outcomes achieved: 73.5% of adults and 49.5% of youth* remained alcohol/drug free while participating in the program (*an increase from 21% in 2020). 79% of all adult clients received at least 8 hours of treatment and 71% of youth received at least 6 hours of treatment. 92% of clients did not incur new legal charges in 2022.

KidsTLC

Johnson County
Residents Served:
16 youth through 72.75 clinical and education hours

Award: \$54,407

Description: Substance abuse screening and assessment, evaluation, prevention education and clinical treatment are provided to youth aged 12-18 years old in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). Clinical treatment is available to youth who are dually diagnosed with a substance use disorder and mental health issues. KidsTLC utilizes *Seeking Safety*, an evidence-based treatment program, in individual and group therapy. KidsTLC also utilizes eye movement desensitization and reprocessing (EMDR) therapy, Dialectical Behavior Therapy for clients who struggle with emotional dysregulation and Cognitive Behavior Therapy for clients who utilize marijuana only. *Positive Action Prevention and Education* curriculum is used with all youth. KidsTLC served 43 youth from within and outside of Johnson County in 2022 for a total of 265.75 hours of clinical services with a substance abuse therapist and education hours with a therapeutic staff member. As a result of staff turnover and COVID-related safety precautions, KidsTLC had to restrict admissions to its programs, resulting in fewer clients served in 2022 than projected.

Outcomes achieved: Youth remained abstinent from drugs and alcohol; 87% of youth receiving *Seeking Safety* services remained abstinent as determined by clean urinalysis after returning from a pass outside with parent/guardian. At discharge, youth reported overall improvement due to services received in KidsTLC; specifically, 100% of youth were somewhat or very confident that things will improve in their life regarding substance abuse and 98% demonstrated an improved outlook at time of discharge (measured by self-assessment of change between admission and discharge). Upon discharge, youth receiving substance use treatment were given the Ohio Scales assessment and 73% increased hopefulness and 67% reported increased level of functioning due to treatment received at KidsTLC.

KVC Behavioral HealthCare

Johnson County
Residents Served:
95 (51 adults and 44 youth) received 327 hours of assessment and treatment

Description: KVC's Family Substance Abuse Recovery Services began as a pilot program in 2018, serving Johnson County families who had children removed from their home (e.g. children were in foster care) and assessed by KVC case managers, or referred by Kansas Department of Children and Families (DCF). Since 2018, KVC has obtained the state-wide contract with DCF to continue this work both in-home and in-office based assessment and treatment in a wider catchment area. During the family assessment, if there is indication of substance abuse, a referral is made for the KS Client Placement Criteria (KCPC) to be administered. If treatment is indicated by the KCPC, families are referred to KVC. Working with a focus on the social determinants of health, KVC reduces barriers to treatment by providing treatment for substance use as well as co-occurring mental health disorders in-home and via telehealth. Other options included referring families to local support groups, and in-

Award: \$32,995

patient therapy. In 2020, KVC added the Alcohol Smoking Substance Screening Test assessment to help monitor treatment goals and quality of life improvements. KVC also engages in eco-mapping with clients to support them in identifying sources of strength and resources throughout their community and build their sense of connectivity.

Outcomes Achieved: All families coming into the program were contacted and 85% had completed an intake/assessment within 10 days of the referral. During treatment, 87% of clients reported an increase in family stability through lifestyle changes as measured by at least a doubling of each family's connections with community, peer support, and treatment. After their last appointment, clients engaged in KVC's substance use disorder treatment program were asked to respond to a survey/assessment at 30, 60, 90, and 180 days that included the AWARE assessment as well as eco-mapping, which provides a visual representation of the client's resource and support connections. The AWARE is an evidence-based tool which asks respondents questions related to risk factors connected to relapse and measures probability of relapse. 89% of KVC clients who took the assessment fell in the 11% average range, indicating the lowest likelihood of relapse – which is attributed, in large part, to being aware of and utilizing supportive connections as well as overall higher levels of stability and quality of life among clients. According to National Institute on Drug Abuse (2018), relapse rates for substance-use disorders is approximately 40-60%.

Mirror

Johnson County
Residents Served:
**166 adults through
4,537 days of
service**

Award: \$176,000

Description: Mirror's residential substance abuse treatment program is located in Shawnee. ATF support of this program addresses the needs of Johnson County clients who fall below 200% of poverty and cannot access services in a timely manner due to limited state block grant funding. The dual focus of substance abuse counseling and integration of substance abuse issues and mental health needs is accomplished through individualized treatment plans and establishing and coordinating mental health services. Support is provided to address legal, housing, health, and employment issues that are a barrier to recovery. In 2022, Mirror served 486 patients from inside and outside of Johnson County through 12,650 days of residential treatment.

Outcomes achieved: The cumulative average of days that Johnson County clients entering the co-occurring disorder (COD) program spent on a waiting list was 8.06 days, compared to an average wait list time of 54.4 days for clients funded by the state block grant or other funding streams. Mirror's experience is that the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening is available. 65.4% of Mirror's co-occurring clients were successfully discharged. Clients also reported an average of an 55% improved confidence level in handling high risk situations that could lead to substance use.

**Preferred Family
Healthcare, Inc.**

**276 (219 adults and
57 youth) Johnson
County residents
engaged in 5,327**

Description: Preferred Family Healthcare provides outpatient substance abuse treatment and treatment for co-occurring substance use and mental health disorders to Johnson County residents with limited or no resources to pay for services (e.g. uninsured, indigent, and low-income residents). All of Preferred Family Healthcare's clients in 2022 qualified for sliding scale cost of treatment based on income. Treatment services includes outpatient individual, group, and family counseling. Preferred Family Healthcare continues to provide some services via telehealth as

hours of treatment services

Award: \$120,000

well as offering in-person and group adolescent treatment. Like other providers, Preferred Family Healthcare struggled with staff turnover and finding qualified staff in 2022. Despite these challenges, Preferred Family Healthcare provided outpatient treatment services to 342 adults and youth from within and outside of Johnson County for a total of 5,817 hours of service while maintaining a fee policy that ensures no client is turned away due to inability to pay.

Outcomes achieved: During 2022, all clients who were not funded through Senate Bill 6 (DUI offenses) or Medicaid, paid a reduced fee for services. Of those, 46% paid less than \$50 per session and 35% paid less than \$35 per session. Random urinalysis testing continued to be limited in 2022, due to COVID 19 and the increase in telehealth support; of clients tested, 100% were negative for substances. Upon admission, 42% of clients were employed or involved in educational activities; upon discharge, that figure had increased to 54% of clients maintain employment. 63% of clients successfully completed treatment.

2022 Drug and Alcoholism Council of Johnson County

Jaime Murphy, Chair, Overland Park Municipal Court, City of Overland Park Representative, Grant Review Committee Chair

Afam Akamelu, Vice Chair, Community Volunteer

Charlene Whitney, Secretary, Community Volunteer

Judge Jenifer Ashford, 10th Judicial District Court ♦

Jason Bohn, Renew Counseling Center

Captain Chris Brokaw, Merriam Police Department, City of Merriam Representative

Mike Brouwer, Criminal Justice Coordinator, Johnson County Government ♦

Chan Brown, Kansas Health Foundation

Michelle Decker, City of Olathe Prosecutor's Office, City of Olathe Representative, Grant Review Committee Chair

Jen Jordan-Spence, Chair, City of Gardner, City of Gardner Representative

Martha LaPietra, M.D., IPC-The Hospitalist Company

Sharon Morris, Olathe School District ♦

Bethany Butler Myers, City of Leawood Representative

Undersheriff Daryl Reece, Johnson County Sheriff's Office

Piper Reimer, City of Prairie Village Councilperson, City of Prairie Village Representative

Liana Riesinger, City of Mission Representative

Mickey Sandifer, City of Shawnee Representative

Catherine Triplett, Triplett Law Firm

Chris Winn, Community Life Church, Johnson County Board of County Commissioners Representative

♦ Denotes Non-Voting Member

Staff Support: Christina Ashie Guidry, UCS Director of Resource Allocation

2022 ATF Funding Priorities

By legislative mandate (KSA §79-41a04-as amended), ATF dollars must be used to fund services or programs whose principal purpose is substance abuse education, prevention, detoxification, intervention and/or treatment. For the purpose of this application, education, prevention, intervention, and treatment programs are generally defined as:

- Education and Prevention programs are designed to promote awareness and self-efficacy, and provide information, activities, and skill building to prevent problems with, or addiction to, alcohol and/or drugs.
- Intervention programs are designed to interrupt alcohol and/or drug use, and may include activities applied during early stages of drug use which encompass preventing the transition from drug use to abuse.
- Substance Use Disorder Treatment programs are licensed by the State of Kansas to provide substance use disorder treatment services, and are designed to assist clients with stopping use of alcohol and drugs and avoiding relapse.

*Overall priority is given to:

1. Programs that target populations who are at-risk for substance use or abuse such as individuals who have mental health issues, individuals who are homeless and/or have other co-occurring issues, and individuals involved in the child welfare or criminal justice system.
2. Programs that address barriers to service including hours of operation, transportation, lack of care for children of parents seeking services, and physical location.
3. If fees are charged for services, there are accommodations for those clients with no ability, or limited ability, to pay the fees (such as a sliding fee scale based upon income).
4. Programs that demonstrate competency in addressing language and cultural barriers, and provide bi-lingual services in high demand languages, such as Spanish.
5. Programs that provide services to meet a current community need (defined through indicator data or *Kansas Communities That Care* survey trends).
6. Programs that demonstrate an awareness of the role of trauma in prevention and treatment of substance use and utilize a trauma informed care approach in delivery of services.
7. Programs that are evidence-based or reflect a best or promising practice and include measures to ensure fidelity.
8. Programs that utilize measurable outcome data to improve service delivery.
9. Strategies and services that involve families, parents, guardians, and/or other support systems.
10. Programs that demonstrate through service delivery, competency in addressing the interrelationship between substance use/abuse and other risk factors as defined above in priority number one.

*Priorities for Education and Prevention Programs include:

1. Strategies that seek to delay onset of first use of substances.
2. Programs that target use of gateway drugs and address new trends in drug use across all age groups.
3. Programs that utilize *Risk and Protective Factors* strategies.

*Priorities for Treatment and Intervention Programs include:

1. Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
2. Programs that serve targeted populations with early intervention strategies.
3. Programs that collaborate with other organizations and sectors and provide linkage to community supports.
4. Programs that incorporate Recovery Oriented Systems of Care (ROSC) which sustain and support recovery, including but not limited to providing peer support, housing, case management, and/or to linkages to recovery communities and activities.

** Numbering of priorities does not indicate one is more important than another.*