

## United Community Services of Johnson County

#### 2023 ALCOHOL TAX FUND RECOMMENDATIONS REPORT DRUG and ALCOHOLISM COUNCIL OF JOHNSON COUNTY

Participating jurisdictions: Johnson County, De Soto, Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), supported by United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to recommend allocation of Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statutes.

The recommendations report is a result of DAC grant review and evaluation processes. The purpose of the grant review process conducted by DAC is to direct local Alcohol Tax Funds (ATF) to alcohol and drug prevention, education, intervention, detoxification, treatment, and recovery programs that serve Johnson County residents. The entire community benefits when substance abuse is prevented and/or effectively treated. A continuum of services from education through treatment and recovery is vital to reducing drug and alcohol use and addiction; this continuum of services lowers healthcare costs; reduces crime and child abuse and neglect – lowering associated public costs; and increases productivity in employment.

Alcohol Tax Funds are derived from a state excise tax on liquor sold by the drink. Part of the revenue generated is returned to the jurisdiction (city or county) in which it was collected, with the stipulation that a specified portion be used for programs "whose principal purpose is alcoholism and drug abuse prevention or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers" (KSA 79-41a04).

The DAC's grant review process provides a structured and accountable system that allows organizations, through one annual application, access to funds from multiple jurisdictions. The recommendations are guided by funding priorities which are reviewed and approved by the DAC annually. Every three to five years the priorities are developed through a formal planning and research process that includes input from key stakeholders, a review of current literature, and analysis of indicator data in Johnson County. In 2021-22, UCS conducted this formal planning process and the DAC established funding priorities for the 2023-2028 grant cycles. The Funding Priorities Report is available on UCS' website. It includes a description of the methodology and a summary of the information reviewed.

The Board of County Commissioners and city councils have ultimate authority and responsibility for determining which organizations receive funds from their respective jurisdictions based upon the recommendations in this report. Jurisdictions are asked to accept the recommendations by no later than December 30, 2022. Together, Johnson County Government and ten cities committed **\$2,170,427** for 2023 ATF (see page 20); this is a significant increase from contributions in 2021 and 2022 and is due to increased tax collections as pandemic-related closures have ended.

For the 2023 ATF grant cycle, twenty-three applications plus UCS administration fee total **\$2,388,841** in funding requests. Despite an increase in contributions, due to increased reported need from applicants and strong applications, this is a highly competitive grant year. After reviewing applications, interviewing agencies, and deliberating, the DAC developed the following funding recommendations, which are organized in two sections: Education, Prevention, and Intervention; and Intervention, Treatment and Recovery.

For additional information, contact Christina Ashie Guidry, UCS Director of Resource Allocation, christinag@ucsjoco.org, 913.689.2326.

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2023 Alcohol Tax Fund Requests and Recommendations					
Applicant	2021 Allocation	2022 Allocation	2023 Request	2023 Recommendation	
EDUCATION, PREVENTION and INTERVENTION					
Blue Valley USD 229	\$17,951	\$11,186*	\$70,031*	\$10,031*	
De Soto USD 232	\$15,158	\$20,979*	\$20,979*	\$20,979*	
Olathe USD 233	\$0	\$0*	\$0*	0*	
Shawnee Mission USD 512	\$0*	no request	no request	no request	
Spring Hill USD 230	\$14,141	\$13,560	\$13,560	\$13,560	
Boys & Girls Club	\$14,141	\$15,000	\$25,000	\$25,000	
Cornerstones of Care	\$70,703	\$70,703	\$80,000	\$80,000	
First Call	\$64,105	\$68,000	\$60,000*	\$60,000*	
JoCo Corrections: Changing Lives	\$0*	\$1,000*	\$0*	\$0*	
JoCo District Attorney: Juvenile Drug Court Diversion	\$150,834	\$88,410	\$84,920	\$84,920	
Johnson County Mental Health	\$150,854	\$88,410	Ş64,920	Ş84,920	
(JCMH) Prevention Services	\$168,274	\$168,274	\$213,185	\$170,000	
SAFEHOME	\$23,071	no request	no request	no request	
The Family Conservancy	\$37,709	\$40,000	\$40,000	\$40,000	
Subtotal	\$576,087	\$497,112	\$607,675	\$504,490	
INTERVE	NTION, TREATM	IENT and RECO	VERY		
Artists Helping the Homeless	\$28,281	\$50,000	\$75,000	\$75,000	
Friends of Recovery	\$56,563	\$60,000	\$150,000	\$60,000	
Health Partnership Clinic	no request	no request	\$80,590	\$80,590	
Heartland RADAC	\$150,583	\$159,734	\$236,510	\$225,000	
JoCo Corrections: Vouchers Program	\$3,350*	\$6,500*	\$12,900*	\$12,900*	
JCMH Adolescent Center Treatment	\$238,648	\$242,170	\$242,170	\$242,170	
JCMH Adult Detoxification Unit	\$273,314	\$276,835	\$276,835	\$276,835	
JCMH Dual Diagnosis Outpatient	\$219,523	\$223,044	\$133,044*	\$133,044*	
KidsTLC	\$44,981	\$54,407	\$59,617	\$59,617	
KVC Behavioral HealthCare	\$32,995	\$32,995	\$70,000	\$66,281	
Lorraine's House	\$18,854	\$0	no request	no request	
Mirror Inc.	\$165,918	\$176,000	\$220,000	\$210,000	
Preferred Family Healthcare	\$113,126	\$120,000	\$120,000	\$120,000	
Subtotal	\$1,468,689	\$1,440,095	\$1,676,666	\$1,561,437	
Total	\$1,922,223	\$1,898,797	\$2,388,841	\$2,065,927	
UCS Administration^	\$102,000	\$102,000	\$104,500	\$104,500	
Total Funding Allocated	\$2,024,223	\$ 2,000,797		\$2,170,427	

#### 2023 Alcohol Tax Fund Requests and Recommendations

\*agency has ATF funds to carryover to the next fiscal year

^UCS voluntarily reduced its administrative fee in 2021 and 2022 in recognition of reduced alcohol by-thedrink tax collections

#### **2023 ALCOHOL TAX FUND GRANT RECOMMENDATIONS**

#### **Education, Prevention and Intervention**

Alcohol Tax Funds (ATF) support programs offered by public school districts and programs delivered by community-based organizations, the 10<sup>th</sup> Judicial District Court, and departments of Johnson County government. School-based programs are focused on preventing and reducing substance abuse and addressing risk factors associated with substance abuse, such as disruptive behavior, suicide, and truancy. Community-based programs help lower rates of substance abuse, which result in lower mental and physical healthcare costs and reduced costs for law enforcement and the criminal justice system. Funding recommendations are based upon a review of each proposal (see Appendix A for criteria) and consider program type, outcome data, and accountability. Previously each district requested and received ATF support for AlcoholEdu. As a result of the Mental Health Center's agreement with EverFi, the company which owns AlcoholEdu, the cost of AlcoholEdu is reduced and it is now available to schools county-wide (public and private) and all districts have access to EverFi's online Mental Health Basics. In 2023, each school district will continue to report outcomes for AlcoholEdu, including knowledge gained and number of students served.

#### **School District Programs**

Each school district offers a unique mix of programs to its students and parents, and each district has a mix of funding to support these programs. Consequently, ATF recommended programs and fund allocation differ for each district. *In 2023, districts have planned funding requests for a fully in-person school year.* 

#### **Blue Valley School District**

#### Request: \$70,031\*

#### Recommendation: \$10,031\*

The DAC recommends Blue Valley School District be awarded \$10,031, which combined with \$13,325 in carryover, will result in an ATF budget of **\$23,356**\*, level funding with 2022. In its application, Blue Valley requested an additional \$60,000 in funding for a new counselor for elementary students; the DAC has requested additional information, including identification of the evidence-based program or model to be utilized, methods for data collection, and a sustainability plan prior to recommending funding for that position. In 2023 at Blue Valley, ATF supports drug & alcohol coordinators who utilize Kansas *Communities That Care* (KCTC or CTC) survey results and school-based data to coordinate age-appropriate activities for all students. ATF funding allows for dedicated people in each building to educate and support drug and alcohol programming, review specific KCTC data, and carry out district plans and ATF goals. These coordinators, comprised of counselors, social workers, and psychologists, ensure fidelity and teacher training on district initiatives such as AlcoholEdu, Project Alert, Reconnecting Youth, *Signs of Suicide*, and sobriety support groups.

**Results Projected:** The overall goal is to help students make healthy choices both now and in the future by increasing protective factors while reducing risk factors. ATF funded activities will increase knowledge of substance abuse and available resources for education, prevention, and treatment of substance abuse; and increase students' resistance to social pressures related to substance/alcohol use. Coordinators will use data to plan programming that will reduce favorable attitudes towards substance use/abuse (measured by a continued reduction in use on the KCTC survey next year); add a healthy activities campaign to each middle and high school; and plan community events. There will be an increase in the number of students and families that use substance use evaluation and

treatment vouchers following a drug and/or alcohol infraction. During the 2023 school year, the district anticipates serving approximately 12,000 individuals through ATF supported programs.

**Outcomes Achieved During 2021:** In School Year 2021 (SY 2021) 12,861 Johnson County residents were served through the Blue Valley School District. The district reports growth in protective factors – supporting resistance to peer pressure and reduction in substance use - and reduction in vaping (13.7% to 1.8%) and marijuana use (6.9% to 1.2%) from 2016-21 based on the CTC. The district has also found implementation of mental health wellness programs and the *Signs of Suicide* program very effective; it provided 199 Suicide Risk Assessments in 2021 – with 66 of those completed immediately following *Signs of Suicide* lessons, at the request of students.

#### De Soto School District Request: \$20,979\*

#### Recommendation: \$20,979\*

The DAC recommends the De Soto School District be awarded \$20,979, level funding with 2022, which combined with \$150 in carryover, will result in an ATF budget of **\$21,129.**\* The ATF funds will support substance abuse prevention instruction, specifically through *Too Good for Drugs*, health classes, AlcoholEdu, and *Vaping: Know the Truth*. In addition, the PRIDE Prevention Club (Students Against Destructive Decisions or SADD) will provide activities to engage students in learning strategies to make healthy choices and to avoid drug and alcohol abuse. ATF dollars also support a portion of the salary of social workers who are able to work with students, assess students for risk and provide referrals to outside agencies for additional support. Finally, ATF dollars support alcohol and drug screening for eligible students referred by building administrators.

**Results Projected:** The goal of this school program is education and prevention of substance use, reduction in drug and alcohol related offenses, and reduced cost of intervention. Students who participate in *Too Good for Drugs* will demonstrate increased knowledge about their ability to make good choices. Students participate in AlcoholEdu will demonstrate relevant knowledge gained. Students who use social work services will demonstrate an improved ability to resist using substances to cope and instead use other coping strategies/skills, thus deterring use of substances. The percentage of students who are categorized as "at-risk" will be equal to or less than those within Johnson County, as a whole. During the 2023 school year, the district anticipates serving approximately 12,064 students through ATF supported programs.

**Outcomes Achieved During 2021:** De Soto uses CTC results to identify higher risk areas to address (favorable attitudes toward drugs, peer influence, etc.); the *Too Good for Drugs* curriculum and AlcoholEdu utilize pre and post-assessments with demonstrated knowledge gained among students; approximately 30% of social worker caseloads are related to substance abuse, with 45 students reporting understanding the need to develop coping mechanisms to avoid substance abuse; and CTC results show a trend in reduction of tobacco use and vaping from 2018-2021.

#### **Olathe School District**

#### Request: \$0\*

#### Recommendation: \$0\*

The Olathe School District is not requesting new funds for ATF programming; the DAC recommends the district utilize its **\$19,038**\* in carryover in 2023. In 2023, the district is particularly focusing on reducing the perception of social benefits associated with substance use and increasing access to prosocial afterschool activities to provide students a safe, productive place to spend time and build

positive relationships. The district provides support for transportation to after school programs, such as Boys and Girls Club, and supports *The Spot*, an afterschool program developed in collaboration with the Olathe Police Department, Fire Department and Library. *The Spot* provides homework support, mentoring, videogaming, sports, and mechanical low-rider bicycle building to engage students in increasing protective factors and reducing risk factors for substance use. To further address substance use issues, the district will utilize resources and programming from support agencies, such as First Call, who also receives ATF dollars, to administer student drug assessments and host sobriety groups. Olathe School District also uses several programs to support education, prevention, and intervention, including AlcoholEdu, Project Alert, Second Step, *Guiding Good Choices*, and Botvin Life Skills to increase protective factors, including student social competency and problemsolving skills to prevent and reduce substance use.

**Results Projected:** These initiatives provide evidenced-based substance abuse prevention programs to increase student social competency and problem-solving skills. Students will complete pre and post-assessments for programs and demonstrate an increase in knowledge gained and in protective factors. For students for whom substance use is already at issue, the goal is intervention to increase student and family knowledge and utilization of available resources, and to reduce adolescent substance abuse that leads to addiction. During the 2023 school year the district anticipates serving 2,389 students through ATF supported programs.

**Outcomes Achieved During 2021:** In SY 2021, 2,267 Johnson County residents were served. 1,708 students participated in AlcoholEdu and reflected an average of an 11% knowledge increase across all metrics: "Know Your Influence," "Brain and Body", and "Smart Decisions". Students engaging in *Life Skills* courses showed a 10% increase in knowledge, based on pre and post-tests.

#### Spring Hill School District Request: \$13,560

#### Recommendation: \$13,560

The DAC recommends the Spring Hill School District be awarded **\$13,560**, level funding with 2022, to support *Peer Assistance and Leadership* (PAL), Character Counts, school counselors, and social workers at elementary schools; Project Alert, Students Against Destructive Decisions (SADD), health courses, school counselors, and social workers in middle schools; and AlcoholEdu, SADD, PAL, health courses, school counselors, and social workers in high schools.

**Results Projected:** The goal is prevention of substance use in students at all levels of education. As a result, students will show knowledge gained in three key areas, including: Know Your Influences, Brain & Body, and Smart Decisions. All PAL student leaders will be trained by a licensed PAL trainer and Johnson County Mental Health Center and will be equipped to support their peers in making positive decisions, increasing protective factors, and reducing risk factors throughout the district. The Kansas *Communities that Care* survey will also be utilized to demonstrate the effectiveness of the district's education, prevention, and intervention program. The social worker will continue to provide detailed reports based on the support given to students. Along with this support, the social worker will provide data regarding the number of students that were referred to other organizations for additional substance use assessment, intervention, and/or treatment. During the 2023 school year the district anticipates serving 2,845 students through ATF supported programs.

**Outcomes Achieved During 2021:** In SY 2021, 205 students engaged in AlcoholEdu; pre and postassessments indicated knowledge gains across all metrics. PALs students received training about how to handle tough situations, including peer pressure to use drugs and alcohol, and when it is appropriate to involve adults in dealing with an issue. These PALs students then met monthly with peers to provide support, working with over 250 other students, including 56 who reported being impacted by substance use. The Mental Health Social Worker provided evaluation, referral, and counseling for mental health and substance use related issues. During SY 2021, the social worker met with 63 students in middle and high school; 41% of whom reported being impacted by substance abuse (themselves, family members or both). When appropriate, students were referred to outside therapy to further reduce their risk of future substance abuse or to counseling or treatment for substance abuse.

Note: Gardner Edgerton School District has not applied for ATF funding since 2015 but has access to AlcoholEdu through Johnson County Mental Health Prevention Services. Shawnee Mission School District did not request funding for 2023 but will continue utilizing AlcoholEdu and participates in quarterly meetings with other ATF funding recipients.

#### **Community-Based Programs**

#### Boys and Girls Club Request: \$25,000

#### Recommendation: \$25,000

The DAC recommends the Boys and Girls Club be awarded **\$25,000** for implementation of *SMART Moves (Skill Mastery and Resistance Training)* at the Boys and Girls Club in Olathe; this represents an increase, which will support delivery of services to additional students. The Boys and Girls Club moved to a new, expanded campus and is able to serve more students. *SMART Moves* teaches Olathe club members (ages 5-18) to recognize and resist media and peer pressure to engage in tobacco/alcohol/drug use, and other risky behavior. SMART Moves has shown great impact in increasing awareness of the dangers of drug and alcohol use, increasing knowledge of how to resist peer pressure and media influences, and increasing self-esteem among participants. Boys and Girls Club has established relationships with corporate partners, such as Comcast, Sysco, Garmin, and Compass Minerals to support older youth with job experience opportunities. The Olathe School District provides transportation to the Club from Central Elementary, Oregon Trail Middle School, Washington Elementary, and Olathe North High School.

**Results Projected:** The objective of SMART Moves is to prevent or delay the onset of alcohol and drug use as well as involvement in other risky behaviors by young people. This is accomplished by providing participants with the protective factors necessary to resist the influences toward negative behaviors and the confidence and knowledge to make informed positive decisions. Participants will demonstrate an increased knowledge of the dangers of alcohol and drug use, tools to resist peer pressure and media influence, and how to resolve conflict non-violently. Participants will self-report abstinence from drug and alcohol use. The organization anticipates serving 370 Olathe youth during 2023.

**Outcomes Achieved During 2021:** During 2021, 340 Johnson County youth were served. As indicated by pre and post-tests, 95% of program participants demonstrated an increase in knowledge of the dangers of alcohol and drug use. 95% of participants also increased their knowledge of the use of

tools and strategies to resist peer pressure and media influence and 95% demonstrated an increase in knowledge about how to resolve conflict non-violently.

#### Cornerstones of Care Request: \$80,000

#### Recommendation: \$80,000

The DAC recommends Cornerstones of Care be awarded **\$80,000** for the implementation of *Functional Family Therapy* (FFT); this represents an increase from prior years and supports increased costs in program administration. The FFT program is a short-term (12-14 sessions), evidence-based, in-home, intensive family-based treatment program for youth ages 11-17, who are at risk for substance use, including those with co-occurring mental health issues and those involved in child welfare or juvenile justice systems. Through FFT, families enhance protective factors and interrupt patterns that contribute to substance use. FFT is provided at no-cost to families; families are referred by Johnson County Juvenile Intake and Assessment Center, Court Services, Corrections, and schools.

**Results Projected**: The goal of this program is to divert youth from residential programs and justiceinvolvement. Following the completion of *Functional Family Therapy*, youth will demonstrate a decrease in delinquent behavior, including no violations of the law or new charges related to substance use and families will demonstrate improved family relationships. During 2023 Cornerstones anticipates serving 95 Johnson County residents whose problems are related to substance abuse.

**Outcomes Achieved During 2021:** During 2021, 93 Johnson County residents were served. All youth and parents completing a closing assessment reported improved family relationships as evidenced by reduced levels of conflict and improved communication. In addition, approximately 81% of youth who completed Functional Family Therapy during 2021 had no subsequent charges related to drugs and/or alcohol.

### First Call Alcohol/Drug Prevention & Recovery Request: \$60,000\*

#### Recommendation: \$60,000\*

The DAC recommends First Call be awarded \$60,000, plus \$18,000 in carryover from 2022 due to a staff position that was unfilled during part of 2022, for a total budget of **\$78,000\***. This total budget represents an increase over 2022 funding and includes \$10,000 toward costs of naloxone, opioid overdose reversal medication. First Call will provide effective, no-cost prevention programming to children and youth at nine Johnson County school sites, naloxone (generic Narcan for opioid overdose reversal) to schools and other programs requesting it, recovery support (at First Call and virtually), and a 24/7 crisis call line. First Call's prevention programming includes the *How to Cope* program for families with a member who has substance abuse disorder; *Caring for Kids* program (psycho-educational program on effects of substance abuse disorder and establishing protective factors) at local schools; sobriety and life skills groups at local high schools, and virtually; Prevention Education Presentations for school-aged youth and the general community; and recovery support, clinical care, and a 24/7 hotline for the community. Within the Shawnee Mission, Olathe, and Blue Valley School Districts, First Call's programming reduces students' risk factors and increases their protective factors.

**Results Projected:** The overall goal is that participants lead safe, healthy lives and avoid substance use, misuse, and addiction. Participants in *How to Cope* and *Caring for Kids* will increase knowledge

of the harmful effects of alcohol, tobacco, and other drugs. Participants in *Life Skills Training* demonstrate positive change in knowledge and attitudes related to alcohol, tobacco, drugs and protective life skills. Participants in sobriety groups will sustain or increase motivation to change. Participants in Prevention Education will increase knowledge of the harmful effects of alcohol, tobacco and other drugs. Participants in recovery support will sustain or increase motivation to change and will show a decrease in severity of substance use disorder and its impact on other domains. First call anticipates serving 1,678 Johnson County residents in 2023.

**Outcomes Achieved During 2021:** During 2021, 1,967 Johnson County residents were served by the programs. Throughout 2021, 97% of *How to Cope* participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs; 97% of *Caring for Kids* participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. 100% of *LifeSkills Training* participants in Johnson County demonstrated an increase in knowledge with an average increase of 13% in knowledge gained about the harmful effects of substance use and positive attitudes related to protective life skills. 87% of clients in recovery support sustained or increased motivation to change based on the Stages of Change Readiness and Treatment Eagerness Scale assessment tool and 61% of clients utilizing recovery support demonstrated a decrease in severity of substance use disorder based on Addiction Severity Index measurements.

#### Johnson County Department of Corrections: Changing Lives Through Literature Request: \$0\* Recommendation: 0\*

The DAC recommends the Department of Corrections utilize carryover of **\$5,630\*** to support the *Changing Lives Through Literature* program (CLTL). CLTL is an alternative intervention program for moderate risk criminal defendants. Participants are under court-ordered supervision or contracts of diversion, and typically have histories of drug and/or alcohol use. For those on diversion, a criminal conviction can be averted with completion of CLTL and meeting other diversion conditions. The program uses literature, the majority of which addresses themes of substance abuse, to impact the lives of clients through reading, group discussion, and personal insight into thought patterns and behaviors. The program is free of charge and offered outside of traditional work hours. CLTL participants, judges, and probation officers read literature and participate in facilitated discussion which promote self-reflection and behavioral change.

**Results Projected:** The goal of the program is to provide participants with a support structure and a pro-social activity with respected individuals in order to promote behavior change, deter offenders from deeper engagement into criminal justice system, and promote a reduction in supervision violations and offender recidivism as well as substance use. Participation supports the prevention of substance abuse as discontinued use of alcohol and drugs often creates idle time and boredom. Corrections anticipates serving 30 Johnson County participants during 2023.

**Outcomes Achieved During 2021:** During 2021, due to complications related to the pandemic, including the intermittent closure of local libraries, which serves as the location for CLTL sessions, and risks of in-person classes, CLTL was unable to offer any courses. Historically, CLTL has strong results with participants testing negative for alcohol and drug use, successfully completing the program, and remaining compliant with supervision (no new arrests or charges).

#### Johnson County District Attorney's Office: Juvenile Drug Court Diversion and Minor-In-Possession Programs

#### Request: \$84,920

#### Recommendation: \$84,920

The DAC recommends Johnson County District Attorney's Office be awarded **\$84,920** to support Juvenile Drug Court Diversion, the Minor-In-Possession (MIP) program, and other clients who have drug/alcohol contract cases. The DAC commends Johnson County District Attorney's Office for obtaining diversified funding, resulting in a reduced request from ATF in 2022 and beyond. Participation in Juvenile Drug Court is offered to first-time offenders who present with substantial drug and/or alcohol issues. The eight-month program offers a higher level of supervision and closely monitors compliance with treatment. The MIP program is a non-court resolution of a police report indicating a juvenile has been in possession of alcohol. Drug/Alcohol contract cases are Intermediate Intervention for juveniles who have a drug/alcohol problem that require education, intervention, and/or completing random drug screens in addition to standard contacts. Supervision of diversion cases interrupts alcohol and/or drug use that has become problematic personally and legally for participants. The programs support clients in completing treatment and changing behavior.

**Results Projected:** The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. Youth will remain drug free and crime free. Youth will increase involvement in pro-social activities and improve their school grades. Parents will rate their child's compliance as increasing. During 2023, the DA's Office anticipates serving 500 Johnson County youth.

**Outcomes Achieved During 2021:** The programs served 349 Johnson County residents in 2021. Participants experienced increase in motivation to remain drug free as measured by improvement in school grades, involvement in pro-social activities, drug screens and parental feedback. The average semester GPA of a Drug Court client at the start of Drug Court was 2.8, and at the completion of Drug Court, the average semester GPA was 3.3. 74% of youths' drug screens were negative for all substances throughout supervision. 75% of clients in the Drug Court program successfully completed the program, 97% of clients in the Minor-in-Possession program successfully completed, and 88% of clients in the Drug and Alcohol program successfully completed the program.

#### Johnson County Mental Health Center, Prevention Services

#### Request: \$213,185

#### Recommendation: \$170,000

The DAC recommends Prevention Services be awarded **\$170,000** in ATF funds, a slight increase over 2022 funding, to support the cost of AlcoholEdu (\$55,000) for all school districts and schools, public and private, in Johnson County as well as staff (1.5 FTE) who provide prevention services in three areas: youth mobilization, education and training, and community engagement; and, other expenses associated with the Youth Leadership Summit and the *End the Trend* Campaign (use of social media for public service announcements about vaping). During the annual Youth Leadership Summit middle school and high school student leaders are trained on effective prevention strategies and action planning for implementation of those strategies. Action plans created at the Summit focus on adolescent problem behaviors prioritized by each school. Prevention Services consults with school districts, facilitates the Prevention Roundtable, and provides training and technical assistance to cohorts of Strengthening Families, an evidence-based prevention program for high-risk families. Prevention Services also hosts *Café Conversations* with middle school families to provide

alcohol, tobacco and drug prevention education and is coordinating the Johnson County Opioid Prevention and Recovery Coalition.

**Results Projected:** The goal is to reduce substance use among youth and, over time, among adults by addressing the factors in a community that increase the risk of substance use and by promoting the factors that minimize the risk of substance use. Youth Leadership Summit (YLS) participants and Teen Task Force (TTF) members will indicate an increased level of knowledge and confidence in their abilities and will indicate an increased level of knowledge and confidence in their action planning abilities as measured by self-report evaluation. Strengthening Families Program (SFP) parent participants will indicate an increased level of knowledge and confidence. Students using AlcoholEdu will see an average increase in knowledge across the five learning modules. Prevention Services will host at least 6 roundtable discussions sharing best practices in prevention, and participants will indicate an increased level of students taking the KCTC Student Survey. The *End the Trend Campaign* will receive wide reception on social media. During 2023, Prevention Services anticipates serving 3,075 Johnson County residents.

**Outcomes Achieved During 2021:** During 2021, 5,671 Johnson County residents were served by the programs. Students participating in AlcoholEdu across all Johnson County schools demonstrated an average increase of 20% across all learning modules. Participants in the *Youth Leadership Summit* reported an increase level of knowledge and confidence in their abilities to address issues related to alcohol, tobacco, and other drugs – 98% of middle school participants and 100% of high school participants. 100% of Strengthening Families Program participants reported an increase in knowledge, skills, and confidence to help strengthen their families. The *End the Trend* campaign received 731,804 impressions across social media platforms (Facebook, Instagram, and Snapchat).

#### The Family Conservancy

#### Request: \$40,000

# The DAC recommends the Family Conservancy be awarded \$40,000, level funding with 2022. ATF supports two programs: Substance Use Screening and Education and implementation of *Conscious Discipline* programming in four Johnson County childcare centers that serve families living at or below the federal poverty level. Those who screen positive for substance misuse receive substance use education as needed and are referred to community resources, when appropriate. *Conscious Discipline* is an evidence-based self-regulation program that integrates social-emotional learning and discipline, fostering healthy development to reduce future risk of substance abuse.

**Results Projected**: Clients in counseling programs will successfully complete their treatment plan and report increased knowledge of harmful effects of misuse of substances. Clients who report they have a family member with substance misuse problems will report improved knowledge or experience attitude changes to support family health. Parents and teachers completing the *Conscious Discipline* program will maintain or show an increase in four of the seven "Powers/ Beliefs" which Conscious Discipline utilizes to help teach self-regulation (override impulsive and reactive tendencies), and which results in positive child guidance and responsiveness to needs of child. Further, parents and teachers will use multiple applications of the strategies they learn. During 2023, TFC anticipates serving 423 Johnson County residents.

#### Recommendation: \$40,000

**Outcomes Achieved During 2021:** In 2021, Family Conservancy served 587 Johnson County residents. Of clients who reported they had a family member with substance misuse problems, 90% increased knowledge or experienced an attitude change that supported the family's health. In addition, based on the Global Appraisal of Individual Needs (GAIN) bio-psychosocial assessment, 80% reported decreased symptoms. 80% of individuals participating in *Conscious Discipline* programming showed improvement in at least four of the seven Powers/Beliefs (perception, attention, unity, free will, acceptance, love, and intention), and 100% of parents and teachers who participated in family and caregiver classes indicated that they successfully applied strategies learned through *Conscious Discipline*. Upon completion of *Conscious Discipline* programming, 97% of participants demonstrated growth in a positive child guidance mindset – supporting preventive factors and reducing risk factors for substance misuse in the children in the care.

#### **Treatment and Recovery**

Alcohol Tax Funds are recommended to support twelve treatment and recovery programs delivered by community-based organizations and Johnson County Mental Health Center. In general, treatment programs help to reduce substance abuse, lead to positive individual change and productivity, reduce mental and physical healthcare costs, improve public safety, and reduce law enforcement and court costs. Funding recommendations are based upon a review of each proposal and consider type of programming, outcome data, and accountability (see Appendix A for more information).

#### Artists Helping the Homeless Request: \$75,000

#### Recommendation: \$75,000

The DAC recommends Artists Helping the Homeless (AHH) be awarded **\$75,000** for the 2023 ATF grant cycle; this represents an increase from 2022 to support expanded services in Johnson County. In 2022, AHH opened its first residential sober living facility in Johnson County. ATF supports the continued implementation of *Be The Change*, the organization's primary program which helps individuals experiencing homelessness to access services and address underlying conditions. ATF dollars support services for those who are dealing with substance abuse issues and identify as Johnson County residents or are experiencing homelessness in the county and are referred by Johnson County sources. AHH staff assess individual needs and advocate, transport, and provide follow-up as clients progress from agency to agency. ATF funds support services, direct assistance, and housing to facilitate recovery and reintegration as part of the continuum of treatment. Sober living, in addition to the new facility in Johnson County, is available through Bodhi House and Finnegan Place. Referrals to AHH come from hospitals, homelessness and recovery agencies, law enforcement, Johnson County Mental Health Center, and state mental health and aging services. The program uses "Housing First," Recovery Oriented Systems of Care (ROSC), and Strengths-Based Approach.

**Results Projected**: The goal of the program is for participants to maintain sobriety, reintegrate and lead fulfilled lives as contributing members of society, and to reduce the need and cost of substance use treatment and homelessness. AHH will assess, place and/or assist 190 unduplicated Johnson County residents and referrals from Johnson County sources who are or at risk of becoming alcoholics or drug abusers. The program will also provide Residential Recovery Services to 40 unduplicated Johnson County residents and referrals from Johnson County sources who are or are at risk of becoming alcoholics or drug abusers. 85% of graduating residents will go to independent living,

treatment, transitional facilities or another facility consistent with their recovery plan; at least 90% of residents will maintain sobriety throughout the program; and at least 80% of residents will gain and maintain employment or attain educational goals during the program.

**Outcomes Achieved During 2021:** AHH's provided housing and other intervention and recovery services to 166 individuals who were dealing with alcohol and substance use, and who were homeless and identified as Johnson County residents or were homeless in Johnson County. AHH clients had a 90% retention/successful discharge rate – reflecting sobriety of clients and successful discharge into secure housing for clients who participated in the reintegration program. All residential recovery clients were able to obtain basic medical and dental care through AHH, avoiding ambulance and emergency department room visits. No AHH clients had new law enforcement interactions; this significant reduction in recidivism results in significant cost-savings for local jurisdictions.

#### Friends of Recovery Association

#### Request: \$150,000

#### Recommendation: \$60,000

The DAC recommends that Friends of Recovery (FORA) be awarded **\$60,000**, level funding with 2022. FORA requested a significant increase in funding to partially support a Recovery Center in Johnson County, where it would provide expanded case management, relapse prevention and support, and other services; the DAC has requested additional information, including a business plan, other partners, and sustainability plan prior to recommending funding for that project. Currently, FORA provides support to participants at the Oxford Houses of Johnson County to live productive, meaningful lives in recovery from substance abuse. Oxford Houses are self-sustaining, democratically run, transitional homes. Participants include adults who are experiencing homelessness or in danger of homelessness, individuals with mental health challenges, and adults recently released from incarceration. FORA's program includes case management, which is intended to reduce effects of trauma, including PTSD, among substance using individuals. FORA utilizes a peer mentorship model (alumni or current residents) to help newly-recovering residents. In 2021 and 2022, FORA provided extensive support for residents seeking rental assistance through the Kansas Emergency Rental Assistance program and hiring additional outreach coordinators.

**Results Projected:** The goal of the program is to increase awareness, positive activities, self-efficacy, and skill building with a Recovery Center model to allow those in recovery to remain alcohol and drug free. Participants will see improved recovery outcomes in the form of reduced relapse rate (6% in 2021 as compared to Oxford House national average of 21.9% and general population relapse rate of 40-60% as documented by the 2018 study by the National Institute on Drug Abuse), 90% will obtain and maintain employment, and clients will have successful reintegration through case management and additional training. FORA will open 2 new houses in Johnson County in 2023. During 2023, FORA anticipates serving approximately 960 Johnson County participants.

**Outcomes Achieved During 2021:** There are 42 Oxford Houses in Johnson County, with two new houses opened in 2021. 98% of clients maintained 12-step meeting attendance, with an average relapse rate of 6% across Johnson County houses – substantially below the general population relapse rate of 40-60%. 93.4% of residents obtained and maintained employment. FORA served 787 Johnson County residents in 2021.

#### Health Partnership Clinic (HPC) Request: \$80,590

#### Recommendation: \$80,590

The DAC recommends that Health Partnership Clinic (HPC), be awarded **\$80,590**; HPC is a new applicant to the ATF. ATF will support HPC's Substance Use Disorder Services, including partial funding for a psychiatric nurse practitioner providing Medication Assisted Treatment (MAT), a psychiatrist, and a substance use counselor. HPC is a Patient-Centered Medical Home and the only Federally Qualified Healthcare Center (FQHC) in the region and provides care for low-income and uninsured populations through primary care, dental care, and mental health and substance use related care. As a "medical home" HPC is uniquely equipped to address a full range of substance use and health concerns for its clients; individuals with a substance use disorder are more likely to have a serious medical or mental health issue and may be more susceptible to serious infections. HPC's approach to whole patient care results in cost-savings in treatment and comprehensive support for clients.

The Substance Use Disorder program provides early intervention and outpatient treatment for adults and adolescents, including up to 6 hours of programming per week for adolescents and 8 hours per week for adults. Treatment includes behavioral intervention, relapse prevention, social support and education in individual, group, and family therapy settings. The cost of treatment is provided on a sliding scale to accommodate financial need of clients. HPC utilizes the SAMHSA-endorsed Screening, Brief Intervention, and Referral to Treatment (SBIRT) tool during primary care visits and Hazelton's Living in Balance treatment (endorsed by National Institute on Drug Abuse) including cognitivebehavioral and experimental therapeutic methods for substance use disorder treatment. In substance use disorder treatment, HPC utilizes evidence-based Motivational Interviewing and MAT to support recovery of clients.

**Results Projected:** In 2023, HPC projects serving 80 clients through 530 patient visits; patients will indicate that they are satisfied with the services they receive through post-treatment surveys. Patients without housing will be connected to housing resources. MAT services will be provided to patients who demonstrate a need with at least 70% of clients remaining in compliance with MAT medications. Patients successfully complete recommended treatment and remain sober.

#### Heartland Regional Alcohol & Drug Assessment Center (RADAC)

#### Request: \$236,510

#### Recommendation: \$225,000

The DAC recommends that Heartland RADAC be awarded **\$225,000**; this represents an increase over 2022 funding. The increased funding will support an additional recovery coach, direct client assistance, and increased costs of operations, resulting in a projected 25% increase in clients served. ATF supports personnel providing intensive case management (ICM) for Johnson County individuals with co-occurring substance abuse and mental health issues, who are experiencing homelessness or housing insecurity, and who need treatment or treatment-related services. The program also purchases services and items needed to secure safe housing, access treatment, promote recovery and eliminate barriers to success. When clinically appropriate, HRADAC assists clients in accessing care such as Medication Assisted Treatment (MAT). Recovery coaching, provided with case management and care coordination services, complements the clinical work of the ICM and helps clients engage in the recovery community.

**Results Projected**: The goal of HRADAC's program is to intervene with individuals who have substance use disorder and other co-occurring issues, stabilize them in their home community, and engage in recovery activities. When clients begin ICM typically they are experiencing homelessness and untreated mental health and substance abuse issues. Therefore, results focus on accessing services and maintaining conditions in three areas of improvement – *housing, substance use,* and *mental health* services. *Housing* includes accessing safe transitional or permanent housing. *Substance use* includes engaging in treatment, recovery groups, and Recovery Oriented Systems of Care with a Recovery Coach. *Mental health* services focus is on accessing behavioral and mental healthcare services. During 2023, Heartland RADAC anticipates serving 125 Johnson County clients.

**Outcomes Achieved During 2021:** RADAC served 106 Johnson County residents in 2021. During 2021, 90% of ICM clients obtained transitional or permanent housing while receiving services with: 15% obtaining transitional, and 75% obtaining permanent housing. 96% of ICM clients actively worked on recovery issues. 62% accessed substance abuse treatment, 70% attended 12 step and other recovery groups, and 35% engaged in Recovery-Oriented Systems of Care activities with a Recovery Coach. Additionally, 19 individuals utilized MAT. RADAC clients also increased engagement with recommended mental health services to further support long-term recovery with an additional 26% engaged in mental health services after beginning treatment with RADAC, for a total of 71% of clients accessing mental health services since they began ICM.

#### Johnson County Department of Corrections: Voucher Assistance

#### Request: \$12,900\*

#### Recommendation: \$12,900\*

The DAC recommends the Department of Corrections be awarded \$12,900, which in addition to the \$3,000\* in ATF funds carried over from 2022, provides a total of **\$15,900**\* for the Voucher Assistance program. This program supports substance use disorder evaluations and treatment for adult offenders who face financial barriers to obtaining those services. Voucher assistance will be provided to adults in the Adult Residential Center (ARC) and adults who are under Intensive Supervised Probation, House Arrest, or Bond Supervision, as well as clients who are graduating from the inpatient Therapeutic Community and require continued outpatient treatment. Evaluation and treatment services will be provided by providers who maintain licensure pursuant to the Kansas Behavioral Sciences Regulatory Board and who have demonstrated success in keeping clients engaged.

**Results Projected:** The goal of the Voucher Assistance Program is for clients to reduce or eliminate the financial barriers associated with accessing alcohol/drug evaluations and treatment in a timely manner. Adults who receive vouchers will obtain an evaluation within 30 days, initiate recommended treatment within 60 days post evaluation, and successfully complete treatment. Corrections anticipates serving 39 Johnson County clients during 2023.

**Outcomes Achieved During 2021:** During 2021, 22 individuals were served through 62 vouchers for services. 95% of offenders referred for an evaluation completed their initial substance use evaluation within 30 days of the voucher request being approved. 90% of those referred for treatment following an initial evaluation commenced treatment within 60 days of the completion of the substance abuse evaluation. Corrections notes that its recidivism data from 2017-2021 demonstrates a reduction in new arrests for drug-related offenses of 43%, which is attributed, in part, to addressing substance use disorders through intervention and treatment, including the voucher assistance program.

#### Johnson County Mental Health Center, Adolescent Center for Treatment (ACT)

#### Recommendation: \$242,170

The DAC recommends **\$242,170** in funding for Johnson County Mental Health Center's Adolescent Center for Treatment (ACT); this represents level funding with 2022. ACT is a 10 bed, residential substance use disorder treatment facility for adolescents ages 12-18. Each client receives a thorough bio-psychosocial assessment and receives an individualized treatment plan. Youth participate in over 50 hours of structured activities per week including at least 10 hours of clinical therapy hours. Activities include addiction and health education, anger management, 12-step meetings and recreation. Youth also attend academic programming during the school year. ACT is the only residential, community-based treatment center for adolescents in Kansas; the cost of residential treatment is significantly less than hospital, psychiatric residential, or detention facility stays.

**Results Projected:** The goal of ACT is that youth with substance use disorder begin their recovery in a safe and sober environment. Clients remain in treatment for a minimum therapeutic length of stay and receive a "successful completion" upon discharge. On discharge surveys, clients will rate the program favorably in areas of program quality and staff performance. During 2023, ACT anticipates serving 25 Johnson County youth in the residential program. ACT works with the Dual Diagnosis Outpatient Program (DDOP) to connect youth with outpatient services upon completion of inpatient treatment at ACT.

**Outcomes Achieved During 2021:** During 2021, 22 Johnson County youth were served. 70% of first time admits remained in treatment for at least 21 days. 72% of re-admits remained in treatment for at least 14 days. 81% of all clients at ACT received a successful discharge, based upon completing individual program goals. The average client satisfactions score was 4.4 out of 5. ACT notes that it has seen a sharp increase in the number of adolescent clients with an opioid addiction with 25% of 2021 adolescent clients being admitted for an opioid disorder as primary diagnosis as compared to 7% in 2020. Physical symptoms of opioid withdrawal are severe and youth are more likely to leave the program, without permission, in order to seek out illegal substances than they have been in prior years when opioid disorder was less common among clients.

#### Johnson County Mental Health Center, Adult Detoxification Unit (ADU) Request: \$276,835 Recom

#### Recommendation: \$276,835

The DAC recommends the Johnson County Mental Health Center Adult Detoxification Unit (ADU) be awarded **\$276,835**; this represents level funding with 2022. ADU is an 8-10 bed unit which is staffed 24 hours a day, 7 days a week to admit and monitor individuals who may present a danger to the public or themselves due to alcohol/drug intoxication or withdrawal. ADU serves as a safety net service for individuals with serious substance use disorders. Licensed addiction counselors conduct a thorough substance use disorder assessment for each client and identify a recovery plan. The average length of stay is about 3 days, although some clients stay up to 5 days depending on the extent of their withdrawal or other factors. ADU is the only social detoxification program that admits uninsured individuals in the metropolitan area. ADU operates within the division of Addiction and Residential Services at JCMHC and shares a residential unit with the Crisis Recovery Center (CRC) and behavioral health staff are trained in the services provided for ADU and CRC's clients. As such, clients benefit

Request: \$242,170

from the expertise of both programs when applicable. Clients may transition from ADU to CRC when more mental health supports are needed or when waiting on a bed elsewhere. Johnson County residents of ADU are offered an intake at the office adjacent to the program when mental health needs are indicated.

**Results Projected:** The goal of ADU is to provide social detoxification that protects individuals from the dangers associated with withdrawal and protects the public from the risks associated with having intoxicated individuals on their streets. ADU clients will remain in social detox until ADU staff recommend discharge, have a written discharge plan documenting a referral for ongoing primary health, and rate ADU well for program quality and staff performance. ADU anticipates serving 293 Johnson County residents in 2023.

**Outcomes Achieved During 2021:** During 2021, 253 Johnson County adults were served. 80% of clients remained in the facility until staff recommended discharge. 98% of clients leaving ADU left with a recovery plan and follow-up appointments upon discharge; those leaving without a recovery plan were given standard discharge instructions. Following discharge, clients completed a satisfaction survey. On satisfaction surveys of six areas of program quality and staff performance, the average rating was 4.7 on a 5-point scale.

#### Johnson County Mental Health Center, Dual Diagnosis Outpatient Program (DDOP) Request: \$133,044 Recommendation: \$133,044

The DAC recommends \$133,044 in funding to support the Dual Diagnosis Outpatient Program (DDOP) at Johnson County Mental Health Center; combined with carryover of \$45,000\* in 2022 funding for Medication Assisted Treatment (MAT), DDOP will have an overall budget of **\$178,044\*** in 2023. Funds will support salaries and medication assisted treatment. DDOP uses a sliding fee scale to assure access of all clients. DDOP clients receive 1 to 8 hours of weekly counseling group or individual sessions per week. All counseling focuses on providing clients with basic alcohol/drug education, recovery, and relapse prevention skills, as well as helping clients understand and manage mental health issues that complicate recovery. DDOP provides Medication Assisted Treatment (MAT) on a limited basis for clients who are appropriate for this treatment but have no means to pay for it.

**Results Projected**: The goal of the program is to provide integrated outpatient services for individuals aged 12 and over with mental health and substance use disorders. For adults, discharged clients will complete at least 8 hours of integrated treatment, will remain alcohol/drug-free and not commit any criminal activity while participating in the program. For adolescents, patients will complete at least 6 treatment sessions and will remain alcohol/drug free. The DDOP anticipates serving 534 Johnson County residents in 2023.

**Outcomes Achieved During 2021:** During 2021, 436 Johnson County adults and youth were served. 69% of adults and 44% of youth\* remained alcohol/drug free while participating in the program (\*an increase from 21% in 2020). 54% of all adult clients received at least 8 hours of integrated treatment and 75% of youth remained in treatment for at least 6 sessions. 85% of clients did not incur new legal charges in 2021 while under DDOP treatment.

#### KidsTLC Request: \$59,617

#### Recommendation: \$59,617

The DAC recommends KidsTLC be awarded **\$59,617** to provide substance abuse screening/ assessment, evaluation, prevention/education, and clinical treatment for youth ages 13-18 who reside within the agency's Psychiatric Residential Treatment Facility (PRTF). This is an increase over the 2022 funding recommendation and will support KidsTLC in fully staffing up to reach full capacity in treatment. Clinical treatment is provided to youth with a dual diagnosis of substance use disorder and mental health issues. The evidence-based *Seeking Safety* curriculum is utilized in treatment as well as Eye Motion Desensitization Reprocessing (EMDR). Relapse prevention and prevention education, utilizing the *Positive Action* evidence-based program, are provided to all youth in the PRTF.

**Results Projected:** KidsTLC provides substance use prevention groups and intervention/therapy services for youth. Youth will remain abstinent from drugs and alcohol during their treatment, as evidenced by urinalysis testing, and will feel they have sufficient access to substance abuse services and supports. At discharge, youth will report overall improvement due to services received, and an increase in hopefulness and ability function. The program will help sustain the youth's recovery and provide linkages to community support. During 2023, KidsTLC anticipates serving 20 Johnson County youth.

**Outcomes Achieved During 2021:** During 2021, 16 Johnson County youth were served. Youth remained abstinent from drugs and alcohol with 86% of youth presenting a clean urinalysis after returning from a pass outside with parent/guardian. At discharge, 100% of youth had at least one follow-up appointment scheduled; 78% reported they were somewhat or very confident that things will improve in their life regarding substance abuse and 81% demonstrated an improved outlook at time of discharge (measured by self-assessment of change between admission and discharge). 78% of youth participating in relapse prevention and *Seeking Safety* programming reported maintenance or a decrease in problem severity between admission and discharge.

#### KVC Behavioral HealthCare

#### Request: \$70,000

The DAC recommends KVC Behavioral HealthCare be awarded **\$66,281** for Family Substance Abuse Recovery Services; this represents an increase over prior years to hire an additional .5 FTE Licensed Addiction Counselor (LAC). The Family Substance Abuse Recovery Services assists caregivers and youth in identifying lasting supports and walks alongside families toward recovery from substance abuse. This program serves Johnson County families who have had children removed to foster care and have been assessed by a KVC case manager or therapist, or are referred by Kansas Department of Children and Families (DCF). If there is an indication of substance abuse, an LAC administers the KS Client Placement Criteria (KCPC) and works with case workers, therapists, and behavioral/mental healthcare and medical staff to find the best level of care and wraparound services. KVC utilizes ecomapping to help clients identify sources of support – community resources, government services, friends, family, treatment options, etc. – for positive family outcomes. Outpatient in-home therapy, the focus of this program, is determined using the KCPC and the family's willingness to participate. Other options include referral to local support groups, and in-patient therapy.

**Results Projected:** The goal of the program is to reduce trauma and adverse childhood experiences (ACEs) and improve family outcomes related to substance use recovery, which results in significant

#### Recommendation: \$66,281

cost savings in the medical system, law enforcement, and emergency response system. Outpatient services will be provided in-home, and families will report an increase in striving to improve family stability through lifestyle changes. Clients will maintain sobriety, housing stability, avoid criminal activities, and connect to resources and services that can help them maintain their program goals. KVC anticipates serving 79 Johnson County residents in 2023.

**Outcomes Achieved During 2021**: During 2021, 64 adults and 14 youth were served. All families coming into the program were contacted and 96% had completed an intake/assessment within 10 days of the referral. Upon completion of treatment, clients completed the AWARE relapse assessment and all clients fell in the 11% average range, indicating a low probability of relapse, which reflects increased family and support connections and overall higher levels of stability and quality of life. This likelihood of relapse is markedly lower than the national average, which according to National Institute on Drug Abuse (2018) is approximately 40-60%.

#### Mirror, Inc.

#### Request: \$220,000

#### Recommendation: \$210,000

The DAC recommends Mirror be awarded **\$210,000**, an increase over prior years, to provide residential substance abuse treatment services to individuals in Johnson County who have been diagnosed with co-occurring mental health and substance use disorders. The increase in funding reflects increased use by Johnson County residents, direct assistance to homeless and housing insecure clients, and other cost increases. Clients served fall below 200% of the federal poverty level and cannot access services in a timely manner due to limited state Block Grant funding. ATF support reduces the wait-time for Johnson County residents with co-occurring disorders in the most critical need, with an average wait time of 18 days for Johnson County residents as compared to 40 days for a Block Grant funded client. Clients of Mirror receive substance abuse and mental health services through individualized treatment plans and coordinated services. Support is also provided to address barriers to recovery such as legal, housing, health and employment issues.

**Results Projected:** The goal of the program is to provide quicker access to treatment services for Johnson County residents who have no resources to pay for treatment and to aid them in accessing support services and stable housing after treatment completion and discharge. Results include reduced time on Mirror's wait list for Johnson County clients as compared to the average wait time for Block Grant funded clients; retention in the treatment program; and compliance with all discharge recommendations, including continued mental health care, substance abuse aftercare, stable housing and use of support systems. During 2023, Mirror anticipates serving 150 Johnson County residents with its ATF grant.

**Outcomes Achieved During 2021:** During 2021, 131 Johnson County adults were served. 65.7% of clients who completed the program followed through with recommendations for continued mental health care, substance abuse aftercare, stable housing and use of support systems. 65.7% of cooccurring disorder clients were successfully discharged; this is an increase over 2020 when some clients left treatment due to concerns about the pandemic. Clients reported improved an average 62% increase in confidence level in handling high risk situations that could lead to substance abuse. Johnson County clients spent an average of 18 days on the wait list as compared to an average wait time of 40 days for clients funded by the state block grant or other funding streams. Mirror's experience is that the longer a person waits for treatment, the more likely they are to not follow through with the treatment when an opening is available.

#### Preferred Family Healthcare, Inc. Request: \$120,000

#### Recommendation: \$120,000

The DAC recommends Preferred Family Healthcare (PFH) be awarded **\$120,000**, level funding with 2022, to support the delivery of outpatient substance abuse treatment and treatment for cooccurring disorders of substance abuse and mental health disorders to Johnson County residents with limited or no resources to pay for services (e.g. uninsured, indigent and low-income residents). PFH operates multiple facilities in multiple states, including a Level I Outpatient Treatment and Level II Intensive Outpatient Treatment center in Olathe providing assessment, individual and group counseling, and drug testing. Treatment interventions include Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavioral Therapy, Motivational Interviewing, and Motivational Enhancement Therapy. PFH offers services on an income-based sliding fee scale.

**Results Projected**: The goal of the programs is to support Johnson County residents struggling with substance use disorder as they move toward recovery. Clients will demonstrate abstinence from substance use, obtain and/or maintain employment or educational activities, have no new arrests, successfully complete treatment, and obtain or maintain housing. Preferred Family Healthcare anticipates serving 390 individuals, including 290 Johnson County residents in 2023.

**Outcomes Achieved During 2021:** During 2021, 277 individuals from Johnson County were served. Drug testing was limited during 2021 due to limitations related to the pandemic, of the clients who did test, 100% tested negative for substance use. 67% of clients who were not disabled or retired reported they were employed or involved in educational activities and 65% of clients successfully completed treatment; these figures are down from 2020 and the change is attributed to additional stressors related to the pandemic, including additional stressors for clients as well as staff turnover.

2023 Alcohol Tax Fund				
<b>Participating Jurisdictions</b>				

Jurisdiction	Amount	
Johnson County Government	\$142,527	
City of De Soto	\$16,000	
City of Gardner	\$30,000	
City of Leawood	\$300,000	
City of Lenexa	\$135,000	
City of Merriam	\$20,000	
City of Mission	\$60,000	
City of Olathe	\$215,000	
City of Overland Park	\$1,118,000	
City of Prairie Village	\$44,000	
City of Shawnee	\$89,900	
Total Alcohol Tax Fund	\$2,170,427	

The recommended grant awards represent the maximum ATF award for the calendar year and are based upon an estimate from local jurisdictions of local liquor tax revenue. Awards will only be made if jurisdictions receive adequate revenue. Actual dollars disbursed are dependent upon local liquor tax revenue received by participating jurisdictions. Neither United Community Services (UCS) nor the Drug and Alcoholism Council is responsible for a reduction in ATF fund awards payable by participating jurisdictions.

#### APPENDIX A

#### DRUG & ALCOHOLISM COUNCIL of JOHNSON COUNTY FUNDING PRIORITIES

#### 2023 Alcohol Tax Fund Funding Priorities

By legislative mandate (KSA §79-41a04 as amended), ATF dollars must be used to fund services or programs whose principal purpose is substance abuse education, prevention, detoxification, intervention and/or treatment. Programs funded through the ATF grant process create a substance use continuum of services. Programs are defined as follows:

- <u>Education and Prevention</u> programs are designed to promote awareness and selfefficacy, and provide information, activities, and skill building to prevent problems with, or addiction to, alcohol and/or drugs.
- <u>Intervention</u> programs are designed to interrupt alcohol and/or drug use and may include involvement in activities applied during early stages of substance use which may prevent the transition from drug use to abuse.
- <u>Substance Abuse Treatment</u> programs are licensed by the State of Kansas to provide substance use disorder treatment services, including detoxification, and are designed to assist clients with discontinuing the use of alcohol and drugs and recovery programs supporting a reduction in relapse.

#### **Overall priority is given to:**

- Programs that target populations who are at-risk for substance use or abuse including individuals who have mental health issues, people who are homeless and/or have other co-occurring issues, and those involved in the child welfare or criminal justice system.
- Programs that address barriers to service including hours of operation, transportation, lack of care for children of parents seeking services, and physical location.
- If fees are charged for services, there are accommodations for clients with no ability, or limited ability, to pay the fees including a sliding fee scale based upon income.
- Programs that demonstrate competency in addressing language and cultural barriers and provide bi-lingual services in multiple languages, such as Spanish.
- Programs that provide services to meet a current community need defined through indicator data or *Communities That Care* survey trends.
- Programs that demonstrate an awareness of the negative impact of trauma in the prevention and treatment of substance use and utilize a trauma-informed care approach in the delivery of services.
- Programs that are evidence-based or reflect a best or promising practice and include measures to ensure fidelity.
- Programs that utilize measurable outcome data to improve service delivery.
- Strategies and services that involve families, parents, guardians, and/or other support systems.
- Programs that demonstrate coordination and collaboration with other agencies that support the substance abuse continuum of services in Johnson County and provide connection to community supports.
- Programs that demonstrate through service delivery, competency in addressing the interrelationship between substance use/abuse and other risk factors as defined above.

#### Priorities for Education and Prevention Programs include:

- Strategies that seek to delay the onset of the initial use of substances.
- Programs that target use of gateway drugs and address new trends in drug use across all age groups.
- Programs that utilize *Risk and Protective Factors* strategies across all age groups.

#### Priorities for Treatment and Intervention Programs include:

- Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
- Programs that serve targeted populations and introduce early intervention strategies.
- Programs that incorporate Recovery Oriented Systems of Care (ROSC) which sustain and support recovery. These include providing peer support, housing, case management, and/or to linkages to recovery communities and activities.

#### Additional Considerations:

There are additional areas that the DAC will remain cognizant of over the next five years, including:

- Increased tolerance of marijuana due to legalization of medial and recreational use in the United States.
- The connection between substance use and, suicide overdoses within the general population and for youth.
- The impact of the pandemic on substance use, including: effects for those with cooccurring disorders, as well as social isolation and reported increased anxiety and depression. Populations to watch include school-aged youth for whom education, prevention, and early intervention were limited in 2020 and 2021 due to the pandemic, as well as adults, as data indicates adult alcohol use increased during the pandemic.
- The impact of vaping as a gateway to nicotine and drug addiction, including marijuana use.
- Indicators of opioid addiction in Johnson County, including seniors prescribed opioids during recovery from surgeries.
- The impact of increased indicators of methamphetamine and fentanyl abuse in Johnson County, and
- The habitual use of electronics as a form of addiction and its potential connection to alcohol and drug addiction.

Approved by Drug and Alcoholism Council November 18, 2021

#### APPENDIX B

#### 2022 DRUG and ALCOHOLISM COUNCIL of JOHNSON COUNTY 2023 ATF GRANT REVIEW COMMITTEE MEMBERS

Jaime Murphy, Chair, Overland Park Municipal Court, City of Overland Park Representative Afam Akamelu, Vice Chair, Community Volunteer *Charlene Whitney, Secretary*, Community Volunteer Judge Jenifer Ashford, 10<sup>th</sup> Judicial District Court • Jason Bohn, LPC, Renew Counseling Center Major Chris Brokaw, Merriam Police Department, City of Merriam Representative Mike Brouwer, Johnson County Government Chan Brown, Kansas Health Foundation Michelle Decker, City of Olathe Prosecutor's Office, City of Olathe Representative Jen Jordan-Spence, City of Gardner, City of Gardner Representative Martha LaPietra, M.D., IPC-The Hospitalist Company, Community Volunteer Sharon Morris, Olathe School District, School District Representative Bethany Butler Myers, LSCSW, LCSW, City of Leawood Representative Undersheriff Daryl Reece, Johnson County Sheriff's Office Piper Reimer, City of Prairie Village Councilperson, City of Prairie Village Representative Liana Riesinger, Francis Family Foundation, City of Mission Representative Mickey Sandifer, City of Shawnee Representative Catherine Triplett, Triplett Law Firm Pastor Chris Winn, Community Life Church, Johnson County Board of County Commissioners Representative

Denotes Non-Voting Member

Staff Support: Christina Ashie Guidry, UCS Director of Resource Allocation