



Alcohol Tax Fund: A Collaborative City/County Partnership

2023 Year-End Report

Since 1980, the Drug & Alcoholism Council of Johnson County (DAC), supported by United Community Services of Johnson County (UCS), has worked in partnership with Johnson County government and cities to recommend the allocation of Alcohol Tax Fund (ATF) dollars in accordance with Kansas state statutes.

ATF is collected from a state tax on liquor by the drink. Part of the revenue generated by the tax is returned to the jurisdiction (city or county) in which it was collected, **and must be used for programs “whose principal purpose is alcoholism and drug abuse prevention and education, alcohol and drug detoxification, intervention in alcohol and drug abuse or treatment of persons who are alcoholics or drug abusers or are in danger of becoming alcoholics or drug abusers”** KSA §79-41a04 (as amended).

The DAC coordinates a review and recommendation process that allows eligible programs to access the ATF from the Board of County Commissioners and ten cities (De Soto, Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, and Shawnee). DAC membership is comprised of individuals with professional and/or personal interest in alcohol and other drug issues and includes representatives from education, law enforcement, health, city and county government, and interested citizens. Participating jurisdictions are invited to appoint one individual for membership to serve as a liaison to that jurisdiction, which provides a powerful geographic basis to ensure the strength of the substance use continuum of care throughout the county. 2023 DAC members are listed on page 14. UCS provides staff support to the DAC and facilitates quarterly meetings with the ATF-funded agencies focusing on collaboration, emerging issues and treatments, and best practices, further supporting the regional substance use continuum of care.

In 2023, 23 programs received allocations of \$2,170,427 to support programs and services for local residents; applicant requests for funding exceeded available funds by over \$320,000. Taken together, these programs and services form a continuum of alcohol and substance abuse services for Johnson County residents. According to grantees’ year-end reports, over 96,000 Johnson County residents* participated in programs or received services supported, in part, by ATF allocations. The following summary describes how these funds were used and outcomes achieved by supported programs. 2023 ATF funding priorities are listed on page 15.

The DAC, the UCS Board of Directors, the funded programs, and program participants thank the Board of County Commissioners, and Mayors and Council Members who make these funds available. For more information, contact Erika García Reyes, Director of Resource Allocation, erikag@ucsjoco.org.

2023 Funding	
Johnson County Government	\$142,527
10 Cities	2,027,900
Total Dollars	\$2,170,427
UCS Administration	-\$104,500
Grant Awards	\$2,065,927

*this figure represents unduplicated Johnson County residents for each grantee, combined.

Alcohol Tax Fund 2023 Year-End Report

Education, Prevention, and Intervention Programs

Community-Based Programs

Artists Helping the Homeless (AHH)

Johnson County residents served: **1,004 (237 adults and 767 youth) through 6,286 support service interactions and nights of housing**

Award: \$75,000

Description: AHH assists homeless adults in addressing alcohol and substance use issues by providing supportive services tailored to the needs of the individual. Three levels of support are available: gap services, intervention, and reintegration. AHH is unique in filling gaps with transportation, interim housing and assistance with meeting admission requirements to other agencies. AHH staff meet with individuals referred by hospitals, detox, law enforcement and other agencies to develop a discharge or recovery plan for those who otherwise may return to the street. When housing gaps develop, AHH often fills that gap. AHH opened a respite house in Johnson County in 2022. AHH's two respite homes are often the first step in AHH's reintegration program. Monitored 24/7, respite home residents access AHH's full array of services including AA/NA meetings, counseling, legal assistance, job training and educational programs, health care services, as well as community service, social reintegration, and physical fitness activities. As residents gain independence, they may continue to build resources and peer support at AHH's apartment building, Finnegan Place. The goal of this residential program is for residents to recover, reintegrate, and thrive in the community. AHH served 2,098 individuals in and outside of Johnson County in 2023 with 21,106 nights of housing and supportive services.

Outcomes achieved: AHH provided housing and other intervention and recovery services to 1,004 Johnson County individuals in recovery from substance use disorder while experiencing homelessness. AHH clients had a 91% retention/successful discharge rate for clients who participated in the reintegration program as measured by transitioning out of the program into permanent housing. Clients maintained a sobriety rate of 97%, based on urinalysis. A total of 93% of residential AHH clients eligible for employment obtained employment after 60 days. None of AHH's Johnson County clients had new interaction with law enforcement. Before enrolling in AHH programs, 50% of participants required emergent hospital visits; this metric dropped to 8% during participation, with only 3% requiring overnight stays.

Boys and Girls Club of Greater Kansas City

Johnson County residents served: **368 youth through 150 program sessions**

Award: \$25,000

Description: At its Olathe Club location, Boys and Girls Club implements SMART Moves (Skill Mastery and Resistance Training) during after-school, winter break, and summer programming for youth 5-18 years-old. SMART Moves helps to prevent alcohol and drug use and other risky behavior through education and building of skills and techniques to recognize and resist media and peer pressure. The program helps participants develop the protective factors necessary to resist influences toward negative behaviors and the confidence and knowledge to make informed, positive decisions. Program sessions last 60 to 90 minutes. Boys and Girls Club has established relationships with corporate partners like Comcast, Sysco, Garmin, and Compass Minerals to support older youth with job experience opportunities. The Olathe School District provides transportation to the Club from Central Elementary, Oregon Trail Middle School, Washington Elementary, and Olathe North High School.

Outcomes achieved: Pre- and post-tests showed 95% of program participants demonstrated increased knowledge of the dangers of alcohol and drug use. 94% of participants also increased their knowledge of tools and strategies to resist peer pressure and media influence and 88% demonstrated an increase in knowledge about how to resolve conflict non-violently.

Cornerstones of Care

Johnson County residents served:
81 (43 youth and 38 adults) engaged in 324 service encounters

Award: \$80,000

Description: Cornerstones of Care provided Functional Family Therapy (FFT) to youth, aged 11 to 17 years-old, who identified as having a substance abuse issue, as well as their family members. FFT is an evidence-based 12-14-week in-home family intervention. Referrals for FFT were made by Johnson County Juvenile Intake and Assessment Center case managers, officers from Johnson County Department of Corrections and Court Services, as well as schools and parents. In 2023, Cornerstones of Care opted to continue to offer clients the option to utilize Zoom in cases of illness or inclement weather, but sessions largely returned to an in-home format.

Outcomes achieved: In 2023, Cornerstones staff provided 324 hours of Functional Family Therapy to 81 clients, not including time for travel, documentation, consultation, training, or supervision. As a result of FFT, youth and parents completing a closing assessment reported an average score of 3.6 (between “3 = some better” and “4= a lot better”) for improved family relationships as evidenced by reduced levels of conflict and improved communication. In addition, approximately 91% of youth who completed Functional Family Therapy in 2023 had no subsequent charges related to drugs and/or alcohol.

First Call Alcohol/Drug Prevention and Recovery

Johnson County residents served:
1,968 (1,845 adults and 123 youth) through 1,495 hours of support through direct service and outreach events

Award: \$78,000

Description: First Call provides effective, no-cost prevention programming to children and youth at nine Johnson County school sites, naloxone (generic Narcan for opioid overdose reversal) to schools and other programs requesting it, recovery support (at First Call and virtually), and a 24/7 crisis call line. First Call’s prevention programming includes the How to Cope program for families with a member who has substance abuse disorder; Caring for Kids program (psycho-educational program on effects of substance abuse disorder and establishing protective factors) at local schools; sobriety and life skills groups at local high schools and virtually; Prevention Education Presentations for school-aged youth and the general community; and recovery support, clinical care, and a 24/7 hotline for the community. Within the Shawnee Mission, Olathe, and Blue Valley School Districts, First Call’s programming reduces students’ risk factors and increases their protective factors. In 2023, First Call served 16,234 individuals with 15,832 units of service within and outside of Johnson County.

Outcomes achieved: In 2023, First Call served 1,968 Johnson County clients through 1,495 direct service hours and outreach events. In 2023, based on pre- and post-assessments, 100% of How to Cope participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. During this same period, 88% of Caring for Kids participants reported an increase in knowledge regarding the harmful effects of alcohol, tobacco, and other drugs. There were nine sites for Life Skills Training in Johnson County in 2023 with twenty groups. Participating students saw an average increase of 15% over their baseline score in knowledge and positive attitude related to protective life skills and the harmful effects of drugs, alcohol, and tobacco.

Heartland Regional Alcohol and Drug Assessment Center

Johnson County Residents Served: **132 (130 adults and 2 youth) through 164 service encounters**

Award: \$225,000

Description: Heartland Regional Alcohol and Drug Assessment Center (HRADAC) provides Intensive Case Management services (ICM) to Johnson County adults who are homeless and have a substance use disorder and a co-occurring mental and/or physical health issue. Services focus on risk-reduction and stabilization, while also addressing individual goals around substance abuse and recovery, mental health services, and housing. When clinically appropriate, HRADAC assists clients in accessing care such as Medication Assisted Treatment. Recovery coaching and peer mentorship, provided along with case management and care coordination services, complement the clinical work of ICM and help clients maintain recovery.

Outcomes achieved: During 2023, 90% of ICM clients obtained transitional or permanent housing while receiving services with 24% obtaining transitional housing and 56% obtaining permanent housing. 95% of ICM clients actively worked on recovery issues. 71% of clients accessed substance abuse treatment, 73% attended 12 step and other recovery groups, and 94% engaged in Recovery-Oriented Systems of Care (ROSC) activities with a Recovery Coach. Additionally, 20% accessed Medication Assisted Treatment (MAT). A total of 77% of HRADAC clients accessed mental health services since they began ICM.

Johnson County District Attorney's Office: Juvenile Drug Court, Minor In Possession of Alcohol, and Drug and Alcohol Diversion

Johnson County Residents Served: **294 youth**

Award: \$85,195

Description: The Juvenile Drug Court serves first-time drug offenders seeking diversion who present with serious drug and alcohol issues. Youth are closely monitored for compliance with treatment, substance use, attendance at court appearances, completion of community service, and adherence to a curfew. The overarching programmatic goal is to help youth who are prone to relapse to develop tools to overcome substance abuse dependence. The Minor In Possession (MIP) program is a non-court resolution of a police report that involves a juvenile in possession of alcohol. Drug and Alcohol Diversion includes other juvenile cases with drug/alcohol contacts that do not reach the higher level of drug court, or the lower level of MIP. These cases are an immediate intervention which require participants to participate in drug and alcohol education classes, intervention (counseling), and/or completing random drug screens in addition to the requirements of the standard contract. ATF funds provide for the Drug Court/Drug Diversion/MIP Officer, who monitors each participant's outpatient drug and alcohol counseling, participation in Drug and Alcohol classes, completion of random drug screens, completion of community service, and adherence to all Diversion guidelines. The program served 316 individuals in 2023 within and outside of Johnson County.

Outcomes achieved: The goal of the Johnson County District Attorney Office's Juvenile Drug Court program is to increase motivation to remain drug free as measured by improvement in school grades, involvement in pro-social activities, drug screens and parental feedback. The average semester GPA of participants at the start of Drug Court was 2.7, increasing to 3.1 at program completion. A total of 43% of students participated in a prosocial activity, such as sports, and 78% of participants' drug screens were negative for all substances.

**Johnson County
Department of
Corrections:
Voucher Assistance**

Johnson County
Residents Served:
**76 adults through
59 vouchers for
assessment or
treatment.**

Award: \$15,900

Description: The DOC Voucher Assistance Program supports substance use disorder evaluations and treatment for adult offenders who face financial barriers to obtaining those services. Voucher assistance will be provided to adults in the Adult Residential Center (ARC) and adults who are under Intensive Supervised Probation, House Arrest, or Bond Supervision, as well as clients who are graduating from the in-patient Therapeutic Community and require continued outpatient treatment. Evaluation and treatment services will be provided by providers who maintain licensure pursuant to the Kansas Behavioral Sciences Regulatory Board and who have demonstrated success in keeping clients engaged.

Outcomes achieved: 104 total individuals in and outside of Johnson County, received referrals for 81 total vouchers in 2023. 68% of clients referred completed their evaluation within 30 days of voucher approval. 75% of individuals referred began substance abuse treatment within 60 days of initial evaluation.

**Johnson County
Department of
Corrections:
Changing Lives
Through Literature**

Johnson County
Residents Served: **0**

Award: \$0*

Description: The Changing Lives Through Literature program (CLTL) is an alternative intervention program that uses literature to impact the lives of moderate-risk criminal defendants who frequently have histories of drug and/or alcohol use and are under court-ordered supervision (probation) or contracts of diversion. CLTL defendant participants, judges and probation officers read literature and participate in facilitated discussion which helps to promote behavioral change. Reading material often relates to drug and alcohol addiction and abuse. Prevention of substance abuse is a component of the program as discontinued use of alcohol and drugs often creates idle time and boredom. In addition to gaining insight into their own lives and behavior, which promotes change, the program provides a support structure and a pro-social activity with respected individuals.

*This program requested to utilize \$5,630 in carryover funding to support the same program in 2023.

Outcomes achieved: Typically, this program is held at local libraries and the Therapeutic Community within the Adult Residential Center; this program attempted a virtual format in early 2021, which had limited success, and suspended operations until in-person services could be safely provided. In 2022, the program was not restarted. To date, the program struggled with receiving referrals. Without participants to host the sessions, leaders have requested to use the funds to partner with other organizations and co-host Remarkably Resilient Together (RRT), books for the Female Book Club, and GED preparation materials.

In 2021, 100% of participants had no new known arrests; 67% of participants completed the program; and 100% tested negative for alcohol and drug use.

**Johnson County
Mental Health
Center: Prevention
Services**

Description: Prevention Services provided a range of substance abuse prevention services and supports to Johnson County residents and organizations serving a total of 10,619 individuals from within and outside of Johnson County, with a goal of reducing substance use among youth and adults. Since 2020, Prevention Services has provided EverFi's AlcoholEdu programming for all Johnson County school districts and private schools, as well as programs that promote youth mobilization, education

Johnson County
Residents Served:
**10,619 (3,018 adults
and 7,601 youth)
through 10,052
hours of direct
service and
>2 million social
media impressions**

Award: \$213,185

and training, and community engagement. Prevention Services consults with school districts, facilitates the annual Youth Leadership Summit and Prevention Roundtable, and provides training and technical assistance to cohorts of Strengthening Families - an evidence-based prevention program for high-risk families. Prevention Services also coordinates the Johnson County Opioid Prevention and Recovery Coalition.

Outcomes achieved: In 2023, 100% of Youth Leadership Summit participants reported an increased level of knowledge about alcohol, tobacco, and other drug prevention. 100% of Strengthening Families Program participants reported an increased level of knowledge and confidence related to substance use prevention. AlcoholEdu participants reported an 18% increase in relevant knowledge based on pre- and post-surveys. Participants in the School Prevention Roundtable reported a 99% increase in knowledge and confidence across the six roundtable sessions. Prevention Services facilitated 11 regular meetings of the Prevention and Recovery Coalition, as well as monthly leadership team meetings, and a half-day leadership retreat.

In addition, the *End the Trend* campaign far exceeded its annual goal by generating over 2 million impressions, interactions, and engagements across social media platforms and online search engine results (Snapchat, YouTube, and Google).

The Family Conservancy

Johnson County
Residents Served:
**588 (161 adults and
427 youth) through
15,563 hours of
services**

Award: \$40,000

Description: Within its Prevention/Screening and Referral program, The Family Conservancy served 630 adults and youth from within and outside of Johnson County for a total of 15,773 hours of service. ATF supports two programs: Substance Use Screening and Education, and implementation of *Conscious Discipline* programming in four Johnson County childcare centers that serve families living at or below the federal poverty level. Those who screen positive for substance misuse receive substance use education as needed and are referred to community resources, when appropriate. *Conscious Discipline* is an evidence-based self-regulation program that integrates social-emotional learning and discipline, fostering healthy development to reduce future risk of substance abuse.

Outcomes achieved: There were challenges in collecting outcome data for the *Conscious Discipline* program; clients self-reported high scores in the pre-test so metrics showing improvement were lower than expected. Post-tests for only 33% of program participants showed improvement in at least four of the seven Powers/Beliefs (perception, attention, unity, free will, acceptance, love, and intention). However, 91% indicated that they successfully applied five or more of the 10 positive impacts or successful applications of strategies learned through *Conscious Discipline*.

Of clients who reported they had a family member with substance misuse problems, 91% received additional information and resources that supported the family's health. A total of 95% of closed cases successfully completed their full counseling treatment plan, and 86% of participants who scored in the Risky, Harmful, or Severe categories on the Global Appraisal of Individual Needs (GAIN) assessment showed a decreased score after completion of services.

Education, Prevention, and Intervention Programs

Johnson County Public School Districts

*School Districts report outcomes and the number of individuals served by school year, instead of calendar year. This enables schools to better use their outcome data (compare school year to school year) and respond with program changes when needed. In order to be in sync with the ATF disbursement process, districts' financial reports continue to be on a calendar year basis. Most of the following school district information is for School Year (SY) 2023 (ended in June 2023); although some of the described activities took place during the last six months of 2023 (first semester of SY 2024). **Due to the ongoing nature of school programming, schools do not track units of service.***

In 2020, funding for EverFi's AlcoholEdu, an online prevention program used in all school districts, was consolidated within the grant for Johnson County Mental Health Prevention Services, resulting in a substantial savings to school districts and expanded access to EverFi's suite of programs, including mental wellness, AlcoholEdu, vaping prevention, and prescription drug safety. Prevention Services reports on district-wide knowledge gains related to AlcoholEdu, while each school district reports on number of students utilizing EverFi's programs and report students' knowledge gained as a result of taking AlcoholEdu. AlcoholEdu's pre/post assessment of knowledge gain includes the following topics: knowing the basics, knowing your influences, brain and body, smart decisions, and future ready.

Blue Valley School District

Johnson County
Residents Served:
**12,120 (120 adults
and 12,000 youth)**

Award: \$10,031*

Description: In 2023 at Blue Valley, ATF supports drug & alcohol coordinators who utilize Kansas Communities That Care (KCTC or CTC) survey results and school-based data to coordinate age appropriate activities for all students. ATF funding allows for dedicated people in each building to educate and support drug and alcohol programming, review specific KCTC data, and carry out district plans and ATF goals. These coordinators, comprised of counselors, social workers, and psychologists, ensure fidelity and teacher training on district initiatives such as AlcoholEdu, Project Alert, Reconnecting Youth, Signs of Suicide, and sobriety support groups.

*Blue Valley was able to carry over \$19,342 in ATF into 2023, for a total budget of \$29,373. Actual 2023 expenses were \$15,211.

Outcomes achieved: 1,478 Students completed the AlcoholEdu course. On the "Know Your Influences" section scores increased by 20%. For Everfi's Prescription Drug Safety, students had an average 27% increase in knowledge, with the "Supporting a Friend" section having the greatest increase from 36% to 80%. The Drug and Alcohol Prevention Task Force (DAPT) met 12 times over the school year. They planned and offered a community presentation in April 2023 on drug and alcohol prevention, with speakers from Johnson County Mental Health, 913 VapeFree, and the JOCO Prevention Coalition. Approximately 120 community members attended. The district added 6 certified Tobacco Treatment Specialists (TTS) to each high school and one middle school. TTS met 7 times over the course of the school year to develop a protocol for responding to students who received a vaping infraction, including prevention and vaping cessation resources for students and families.

De Soto School District

Johnson County
Residents Served:
7,294 youth

Description: The ATF funds support substance abuse prevention instruction, specifically through Too Good for Drugs, health classes, AlcoholEdu, and Vaping: Know the Truth. In addition, the PRIDE Prevention Club (Students Against Destructive Decisions or SADD) will provide activities to engage students in learning strategies to make healthy choices and to avoid drug and alcohol abuse. ATF dollars also support a portion of the salary of social workers who are able to work with students, assess

Award: \$20,979*

students for risk and provide referrals to outside agencies for additional support. Finally, ATF dollars support alcohol and drug screening for eligible students referred by building administrators.

*De Soto School District had an additional \$150 in carryover funds used for 2023 programming.

Outcomes achieved: DeSoto School District served a total of 8,537 youth in and outside of Johnson County during SY 2023. 598 students in the AlcoholEdu program demonstrated an increased understanding of healthy behaviors in the "Brain and Body," "Know Your Influences," and "Make Smart Decisions" units. Students demonstrated growth from the Too Good for Drugs pre-test to the post-test. On the pretest, students missed 11% of questions, while they only missed 3.4% of questions on the post-test. Social work staff continue to address substance abuse prevention, and results show a decrease in suicide risk assessments compared to the previous school year. Social workers use Adverse Childhood Experiences (ACE), discipline, and chronic absenteeism data to be more proactive in prioritizing resources and time.

Olathe School District

Johnson County
Residents Served:
2,361 (15 adults and 2,346 youth)

Award: \$0*

Description: In 2023, Olathe School District used carryover funding to focus on reducing the perception of social benefits associated with substance use and increasing access to pro-social afterschool activities to provide students a safe, productive place to spend time and build positive relationships. The district provided support for transportation to after school programs, such as Boys and Girls Club, and supported *The Spot*, an afterschool program developed in collaboration with the Olathe Police Department, Fire Department and Library. *The Spot* provides homework support, mentoring, videogaming, sports, and mechanical low-rider bicycle building to engage students in increasing protective factors and reducing risk factors for substance use. To further address substance use issues, the district utilized resources and programming from support agencies, such as First Call, who also received ATF dollars, to administer student drug assessments and host sobriety groups. Olathe School District also uses several programs to support education, prevention, and intervention, including AlcoholEdu, Project Alert, Second Step, *Guiding Good Choices*, and Botvin Life Skills to increase protective factors, including student social competency and problem-solving skills to prevent and reduce substance use.

*Olathe School District carried over \$19,038 for 2023 programming.

Outcomes achieved: During the 2023 school year, 1,177 students participated in AlcoholEdu. Knowledge gained for "Know Your Influence" section increased from 72% to 91%; "Brain and Body" section increased from 76% to 85%; "Smart Decisions" section increased from 74% to 89%. Overall, final program data showed 25% increase in knowledge, from 62% to 87%. Olathe will continue to work with EverFi to encourage parent involvement in the parent online component. Life Skills Classes resulted in an average increase in knowledge of 2% between pre- and post-test, from 64% to 66%. Approximately 93 student drug assessments were completed during the 2023 school year.

Spring Hill School District

Description: In the Spring Hill School District, ATF funding supports three evidence-based programs: Project Alert (middle school), AI's Pals: Kids Making Health Choices (all kindergarten classes), and Peer Assistance and Leadership (PALs), a peer-helping program with structured curriculum for high school students. ATF helps support the

Johnson County
Residents Served:
842 youth

Award: \$13,500

Mental Health Social Worker and Students Against Destructive Decisions (SADD), a high school program. The district also utilizes AlcoholEdu, which is provided through Johnson County Mental Health Center's Prevention Services and supported by ATF funding.

Outcomes achieved: Approximately 23 students received social work services throughout the 22-23 school year. After counseling 8 students could verbalize their increased risk for addiction due to genetic or social learning. Five students reported decreased usage by at least 50%. Two students reported abstinence. Nine students receiving services reported suicidal ideation, and all were able to avoid further self-harm. Five students were referred to inpatient or outpatient psychiatric services.

Approximately 40 students were trained in the PALS program to be peer leaders. From training, peer leaders gained self-knowledge and knowledge of issues where support was needed at school; understanding of the need for communication and listening skills; understanding what to do when another student needs help; and understanding of what to do when the issues presented are beyond the scope of the individual student's ability. The PALS peer leaders met regularly during the school year for check-ins and follow up training with their sponsors.

During the 2023 school year, 507 ninth grade students completed AlcoholEdu. Students increased knowledge by 10% on average in all areas of AlcoholEdu according to pre and post test scores, averaging 90% on post test scores. The greatest increase was in "Know Your Influences" section, from 74% to 90%.

**Shawnee Mission
School District**

Johnson County
Residents Served:
1,475 youth

Award: \$0*

Description: ATF supports the Shawnee Mission School District's implementation of the full suite of EverFi virtual learning resources, including AlcoholEdu, Vaping: Stop the Trend, Mental Wellness Basics, Prescription Drug Safety and other programs sponsored by the ATF through Johnson County Mental Health Prevention Services. These programs are primarily implemented in high school health class (all five high schools and Horizons alternative school) as well as in middle schools.

Outcomes achieved: 1,475 students participated in AlcoholEdu across four district high schools, spending 1,230 hours of learning. Average knowledge gains across all units of AlcoholEdu for Johnson County students was 22%. AlcoholEdu section "Know Your Influences" had the greatest increase from 64 to 91.

*Shawnee Mission did not request funds beyond those allocated for EverFi's programming coordinated through Johnson County Mental Health Prevention.

Intervention, Treatment, and Recovery Programs

**Friends of Recovery
Association**

Johnson County
Residents Served:
**1,224 (1,115 adults
and 109 youth)**

Description: Friends of Recovery Association's (FORA) Oxford Houses are autonomous, democratically run, transitional homes for individuals maintaining sobriety. FORA provides reintegration programming and case management for individuals living in Oxford Houses, and trains Oxford House alumni and residents as recovery coaches who work with new recovering residents. Houses in Johnson County are available for men only, women only, and families with children. FORA also serves individuals recently released from incarceration by providing short term housing and supportive

**through 4,384
hours of services
and case
management**

Award: \$60,000

recovery coaches as those individuals seek employment and apply for standard admission to Oxford House. FORA served 4,115 individuals with 15,738 units of service within and outside of Johnson County in 2023.

Outcomes achieved: FORA assisted with opening three Johnson County Oxford Houses in 2023. Over 88% of residents remained employed during their stay in Oxford Houses, and the relapse rate for Johnson County residences was 4% by year-end. Approximately 71% of residents successfully transitioned out of Oxford House and reintegrated back into the community in 2023.

**Johnson County
Mental Health
Center: Adolescent
Center for
Treatment (ACT)**

Johnson County
Residents Served:
**15 youth through
312 bed days with
supporting services**

Award: \$242,170

Description: The Adolescent Center for Treatment (ACT) is an adolescent residential substance use treatment program for youth 12-18 years old. The average length of stay in 2023 was 21 days. ACT served 94 youth from within and outside of Johnson County for a total of 2,260 bed days with support from ATF (for Johnson County youth); government fees, contracts, and grants; program service fees and third-party payments. Youth receive a bio-psychosocial assessment at the time of admission and participate weekly in over 50 hours of therapeutic activities (individual and/or group counseling, addiction education, nicotine cessation, recovery skills, relapse prevention, anger management, and more). Families are encouraged to participate in bi-weekly education or counseling groups and weekend parent education groups.

Outcomes achieved: In 2023, 68% of first-time admits remained in treatment for at least 21 days. 77% of re-admits remained in treatment for at least 14 days. 69% of all clients at ACT remained in treatment for the prescribed length of time for 2023 with 68% of all clients receiving a successful discharge. The average client satisfaction score was 4.2 out of 5.

**Johnson County
Mental Health
Center: Adult
Detoxification Unit
(ADU)**

Johnson County
Residents Served:
**262 adults through
995 bed days with
supporting services**

Award: \$276,835

Description: The Adult Detoxification Unit (ADU) is a non-medical, social detoxification center delivered at no cost to Kansas residents 24 hours a day, seven days a week. Admissions primarily come through hospitals, law enforcement, and Rainbow Services, Inc. (RSI). RSI provides a sobering unit, which is a three to six-hour stay. Close collaboration and referral efforts continue with RSI. Meetings are held between RSI and ADU to support successful client transition and review outcomes of shared clients. The ADU is a cost-effective alternative to hospital emergency rooms or incarceration. A thorough assessment is completed on each client and clients are closely monitored throughout their stay (average of three days), including monitoring for potential medical complications. ADU served 569 adults from within and outside of Johnson County for a total of 2,071 bed days. Staff worked with clients to develop a discharge/recovery plan and made arrangements for ongoing support and treatment.

Outcomes achieved: In 2023, 84% of clients remained in the facility until staff recommended discharge; average length of stay was 3 days. 96% of clients leaving ADU left with a recovery plan upon discharge. Discharged clients completed a satisfaction survey with six areas of program quality and staff performance; the average rating of ADU was 4.65 on a 5-point scale.

**Johnson County
Mental Health
Center: Dual**

Description: The Dual Diagnosis Outpatient Program (DDOP) provided integrated treatment services to 207 adults and youth within and outside of Johnson County with co-occurring substance abuse and mental health disorders. DDOP clients receive 1 to

Diagnosis Outpatient Program Johnson County Residents Served: 200 (106 adults, 94 youth) through 3,035 clinical hours of service Award: \$133,044*	<p>8 hours of weekly counseling group or individual sessions per week. All counseling focuses on providing clients with basic alcohol/drug education, recovery, relapse prevention skills, and helping clients understand and manage mental health issues that complicate recovery. DDOP provides Medication Assisted Treatment (MAT) on a limited basis for clients who are appropriate for this treatment but have no means to pay for it.</p> <p>*DDOP had a \$45,000 carryover funding from 2022, for a total 2023 budget of \$178,044.</p> <p>Outcomes achieved: In 2023, 75% of adults remained alcohol/drug free while participating in the program, and 58% of youth demonstrated a reduction in substance use during the previous 30 days of treatment. 97% of all adult clients received at least 8 hours of treatment and 83% of youth received at least 6 hours of treatment, significant increases from 2022. 98% of clients did not incur new legal charges in 2022.</p>
KidsTLC Johnson County Residents Served: 27 youth through 165 clinical and education hours Award: \$59,617	<p>Description: Substance abuse screening and assessment, evaluation, prevention education and clinical treatment are provided to youth aged 12-18 years old in KidsTLC's Psychiatric Residential Treatment Facility (PRTF). Clinical treatment is available to youth who are dually diagnosed with a substance use disorder and mental health issues. KidsTLC utilizes <i>Seeking Safety</i>, an evidence-based treatment program, in individual and group therapy. KidsTLC also utilizes eye movement desensitization and reprocessing (EMDR) therapy, Dialectical Behavior Therapy for clients who struggle with emotional dysregulation, and Cognitive Behavior Therapy for clients who utilize marijuana only. <i>Positive Action Prevention and Education</i> curriculum is used with all youth. KidsTLC served 69 youth from within and outside of Johnson County in 2023 for a total of 425 hours of clinical services with a substance abuse therapist and education hours with a therapeutic staff member.</p> <p>Outcomes achieved: 100% of participants demonstrated improved outlook after treatment. 71% self-reported maintenance or a decrease in problem severity between admission and discharge, measured by the Ohio Scales problem severity domain. 100% responded with a rating of 4 or 5 on the substance use program satisfaction survey that they "had good access to the Substance Use Program" and "my counselor was willing to help me access services that I need." 100% of substance use/PRTF participants had at least one community follow-up appointment scheduled at discharge.</p> <p>67% of youth discharged from treatment reported an increase in hopefulness and increase in functioning (Ohio Scales). 87% of youth receiving <i>Seeking Safety</i> services remained abstinent, measured by clean urinalysis after returning from outside pass with parent/guardian.</p>
KVC Behavioral HealthCare Johnson County Residents Served: 68 (46 adults and 22 youth) received 735	<p>Description: KVC's Family Substance Abuse Recovery Services assists caregivers and youth in identifying lasting supports and walks alongside families toward recovery from substance abuse. This program serves Johnson County families who have had children removed to foster care and have been assessed by a KVC case manager or therapist, or who have been referred by Kansas Department of Children and Families (DCF). If there is evidence of substance abuse, a Licensed Addiction Counselor (LAC) administers the KS Client Placement Criteria (KCPC) and works with case workers,</p>

**hours of
assessment and
treatment**

Award: \$66,281

therapists, and behavioral/mental healthcare and medical staff to find the best level of care and wraparound services. KVC utilizes Eco mapping to help clients identify sources of support – community resources, government services, friends, family, treatment options, etc. – for positive family outcomes. Outpatient in-home therapy, the focus of this program, is determined using the KCPC and the family's willingness to participate. Other options include referral to local support groups, and inpatient therapy.

Outcomes Achieved: In 2023, 94% of program services were provided in home, exceeding KVC's annual goal of 80%. Based on AWARE assessment and Ecomaps, 36 of 46 clients remained in the lowest probability group for relapse after intake. The remaining 10 clients remained in the second to highest relapse probability group for 30- and 60-day measurements and dropped to the lowest probability at the 90-day assessment. Ecomaps data showed average community connections per client at admission was three, and all clients at least doubled (and 16 tripled) their connections by the time of discharge.

Mirror

Johnson County
Residents Served:
**129 adults through
3,274 days of
service**

Award: \$210,000

Description: Mirror's residential substance abuse treatment program is located in Shawnee. ATF support of this program addresses the needs of Johnson County clients who fall below 200% of poverty and cannot access services in a timely manner due to limited state block grant funding. The dual focus of substance abuse counseling and integration of substance abuse issues and mental health needs is accomplished through individualized treatment plans and establishing and coordinating mental health services. Support is provided to address legal, housing, health, and employment issues that are a barrier to recovery. In 2023, Mirror served 399 patients from inside and outside of Johnson County through 10,908 days of residential treatment.

Outcomes achieved: In 2023, 64% of Mirror's co-occurring clients were successfully discharged. Clients leaving the program also reported an average 78% confidence level in handling high risk situations that could lead to substance use, compared to 46% at admission. 100% of clients who successfully completed the program received \$200 in Oxford House deposit assistance if they applied.

**Preferred Family
Healthcare, Inc.**

Johnson County
Residents Served:
**262 (203 adults and
59 youth) engaged
in 4,683 hours of
treatment services**

Award: \$120,000

Description: Preferred Family Healthcare provides outpatient substance abuse treatment and treatment for co-occurring substance use and mental health disorders to Johnson County residents with limited or no resources to pay for services (e.g. uninsured, indigent, and low-income residents). PFH operates multiple facilities in multiple states, including a Level I Outpatient Treatment and Level II Intensive Outpatient Treatment center in Olathe providing assessment, individual and group counseling, and drug testing. Treatment interventions include Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavioral Therapy, Motivational Interviewing, and Motivational Enhancement Therapy. PFH offers services on an income-based sliding fee scale.

In 2023, Preferred Family Healthcare provided 5,253 hours of outpatient treatment services to 296 adults and youth from within and outside of Johnson County, while maintaining a fee policy that ensures no client is turned away due to inability to pay.

Outcomes achieved: All but one client tested in 2023 had a negative result for substances. 62% of clients obtained or maintained employment/educational activities

at the time of discharge; and 61% of discharged clients successfully completed treatment. This is short of the PFH Olathe 70% goal.

2023 Drug and Alcoholism Council of Johnson County

Charlene Whitney, Chair, Community Volunteer

Catherine Triplett, Vice Chair, Triplett Law Firm

Sharon Morris, Secretary, Olathe School District ◆

Judge Jenifer Ashford, 10th Judicial District Court ◆

Jason Bohn, Renew Counseling Center

Captain Chris Brokaw, Merriam Police Department, City of Merriam Representative

Mike Brouwer, Criminal Justice Coordinator, Johnson County Government ◆

Chan Brown, Kansas Health Foundation

Jenny Cappelatti, Recreation Specialist, City of Gardner

Michelle Decker, City of Olathe Prosecutor's Office, City of Olathe Representative

Sarah Gilliland, DNP, Olathe School District ◆

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Mickey Sandifer, City of Shawnee Representative

Joy Springfield, Director of Pro Bono Services, Community Volunteer

Rev. Chris Winn, Community Life Church, Johnson County Board of County Commissioners Representative

Steven Shrout, Lenexa Assistant City Attorney

Michelle Van Doren, City of Mission Representative

◆ Denotes Non-Voting Member

Staff Support:

Erika García Reyes, UCS Director of Resource Allocation

2023 ATF Funding Priorities

By legislative mandate (KSA §79-41a04-as amended), ATF dollars must be used to fund services or programs whose principal purpose is substance abuse education, prevention, detoxification, intervention and/or treatment. Programs funded through the ATF grant process create a substance use continuum of services. Programs are defined as follows:

- Education and Prevention programs are designed to promote awareness and self-efficacy, and provide information, activities, and skill building to prevent problems with, or addiction to, alcohol and/or drugs.
- Intervention programs are designed to interrupt alcohol and/or drug use, and may include activities applied during early stages of drug use which encompass preventing the transition from drug use to abuse.
- Substance Use Disorder Treatment programs are licensed by the State of Kansas to provide substance use disorder treatment services, and are designed to assist clients with stopping use of alcohol and drugs and avoiding relapse.

Overall priority is given to:

- Programs that target populations who are at-risk for substance use or abuse such as individuals who have mental health issues, individuals who are homeless and/or have other co-occurring issues, and individuals involved in the child welfare or criminal justice system.
- Programs that address barriers to service including hours of operation, transportation, lack of care for children of parents seeking services, and physical location.
- If fees are charged for services, there are accommodations for those clients with no ability, or limited ability, to pay the fees (such as a sliding fee scale based upon income).
- Programs that demonstrate competency in addressing language and cultural barriers, and provide bi-lingual services in high demand languages, such as Spanish.
- Programs that provide services to meet a current community need defined through indicator data or *Kansas Communities That Care* survey trends.
- Programs that demonstrate an awareness of the negative impact of trauma in the prevention and treatment of substance use and utilize a trauma-informed care approach in the delivery of services.
- Programs that are evidence-based or reflect a best or promising practice and include measures to ensure fidelity.
- Programs that utilize measurable outcome data to improve service delivery.
- Strategies and services that involve families, parents, guardians, and/or other support systems.
- Programs that demonstrate coordination and collaboration with other agencies that support the substance abuse continuum of services in Johnson County and provide connection to community supports.
- Programs that demonstrate through service delivery, competency in addressing the interrelationship between substance use/abuse and other risk factors as defined above in priority number one.

Priorities for Education and Prevention Programs include:

- Strategies that seek to delay onset of first use of substances.
- Programs that target use of gateway drugs and address new trends in drug use across all age groups.
- Programs that utilize *Risk and Protective Factors* strategies across all age groups.

Priorities for Treatment and Intervention Programs include:

- Programs that provide effective treatment strategies for individuals with co-occurring substance use and mental health disorders.
- Programs that serve targeted populations and introduce early intervention strategies.
- Programs that incorporate Recovery Oriented Systems of Care (ROSC) which sustain and support recovery, including but not limited to providing peer support, housing, case management, and/or to linkages to recovery communities and activities.

Additional Considerations:

There are additional areas that the DAC will remain cognizant of over the next five years, including:

- Increased tolerance of marijuana due to legalization of medical and recreational use in the United States.
- The connection between substance use and suicide overdoses within the general population and for youth.
- The impact of the pandemic on substance use, including: effects for those with co-occurring disorders, as well as social isolation and reported increased anxiety and depression. Populations to watch include school-aged youth for whom education, prevention, and early intervention were limited in 2020 and 2021 due to the pandemic, as well as adults, as data indicates adult alcohol use increased during the pandemic.
- The impact of vaping as a gateway to nicotine and drug addiction, including marijuana use.
- Indicators of opioid addiction in Johnson County, including seniors prescribed opioids during recovery from surgeries.
- The impact of increased indicators of methamphetamine and fentanyl abuse in Johnson County, and
- The habitual use of electronics as a form of addiction and its potential connection to alcohol and drug addiction.

*Approved by Drug and Alcoholism Council
November 18, 2021*